

Index

Page numbers in *italics* refer to figures, and those in **bold** to tables and boxes.

- ABC of resuscitation 490–2
abdomen, quadrants 31
abdominal distension, enterally-fed patients 296
abdominal examination 30–3
 procedure guideline 32–3
 rationale 32
 techniques 31–2
abdominal paracentesis 396–401
 complications 401
 equipment 398, 400
 indications 397
 preparatory investigations 397
 problem solving **401**
 procedure guideline 399–400
abducens nerve (VI) **656**
ABO blood groups 302
 haematopoietic stem cell transplantation 303
 incompatibilities 302, 322
Abstral 371
accessory muscles of respiration 619–20
 use of 227, **227**, 625
accessory nerve (XI) **656**
accommodation, suitability for discharge 42
Accuhaler 708, 709
aciclovir 714
acid/base homeostasis **286**
acidosis **286**
actinomycin D, extravasation 771, 775
Action for Blind People 128
Action on Hearing Loss 128
Actiq 371
activated charcoal dressings **939**
active transport **255**
activities of daily living, assessment **14**
activity, assessment **13–14**
acupuncture 373–6, 374, 375
 complications 376
 equipment 375
 indications 374
 mechanisms of effects 373–4
 procedure guideline 376
 record keeping 375, 375
 safety aspects 374
acute kidney injury 266
acute lung injury, transfusion-related (TRALI) 321
acute normovolaemic haemodilution (ANH) 306
acute pain 361, 362
 assessment 363
 epidural analgesia 380, **380**
 management 367, 368
 need for effective control 362–3
 opioid-dependent patients 363, **363**
 see also post-operative pain
Adapt ring convex inserts **193**
ADH *see* antidiuretic hormone
adherence, medicines 687
adhesive, tissue **955**
adhesive island dressings **939**
adhesive skin closure strips **955**
administration of medicines *see* medicines
 administration
administration sets 750, 750–2, 751
 blood *see* blood administration sets
 enteral feeding 279–80
 extension sets 751, 751
 gravity flow 752
 needleless connectors/injection caps 751, 751–2
 parenteral nutrition 300, 748, 750
 peripheral arterial 925
 reducing risk of infection 748
 solution 750
adrenaline (epinephrine) 114
 blood pressure regulation 612
 CPR 497
advance care planning (ACP) 403
advance decisions to refuse treatment (ADRT) 404
advanced life support (ALS) 488, 491, 492
 algorithm 496
adventitious breath sounds 24
adverse drug reactions (ADRs) 676, 686
 allergic reactions 684, **684**, **685**
 predisposing factors 686
 treatment of acute **685**
 types A and B 686
 Yellow Card Scheme 680, 686
Advisory Committee on the Safety of Blood, Tissue and Organs (SaBTO) 310
aerosol containers, storage 682
aerosol humidifiers 442
aerosols, methods of production 708
aesthetic evidence 2
Age Concern 323
ageing
 eye 342
 skin 333
age-related macular degeneration **343**
aggression 118–21
 management 119–21, **120–1**
 underlying causes 118–19, 119
 verbal 118
agitation, at end of life **409**
airborne precautions **51**
airborne transmission 57
air embolism 908–9
 prevention 904, **909**
air-in-line detectors 753, **766**
air leaks, chest drainage systems **464**, 466
airway
 anatomy 21, 21, 228, 229
 assessment 624
 basic life support 490
 mucociliary escalator 228–30
 obstruction, post-operative **830–1**
 pre-operative assessment 794
 secretions *see* respiratory secretions
 stretch receptors 621
 suctioning, CPR 495
airway management 629
 CPAP **450**
 CPR 491, 491, 494–5, 499
 oxygen therapy **439**
 post-anaesthetic recovery 827, 828, 829–30
airways, artificial
 laryngeal mask airway (LMA) 495, 495
 moving and positioning patients with 222–5
 problem solving **224–5**
 procedure guidelines 222–3, 224
 obstruction **225**
 oropharyngeal or Guedel 494, 494–5
 see also tracheostomy; ventilated patients
Alaris GH syringe pump 754
Alaris PCA pump 755
alarm systems, community pendant 42
albumin
 plasma 268, **535**, **795**, **811**
 solutions, human (HAS) **308**
alcohol-based handrubs 59, 78
 dispensers 59
 procedure guideline 63, 63
alcohol consumption 791
alcohol solutions/swabs 741, 864
aldosterone 255, 613, 641
alginate wound dressings **939**
Allen test 920, 921
 modified 527, 528, 529
allergic reactions/allergies
 blood transfusions 321–2
 classification **684**
 drugs 684, **684**, **685**
 intravenous drug administration 779
 pre-operative assessment 791
 surgical wound site **853**
allodynia 361, 369
allopurinol **685**
alteplase 873
alternating pressure (AP) mattresses 952
alveolar pressure 619, 619, 620
Alzheimer's disease 123
ambulatory infusion devices 755–6, 756
American Society of Anesthesiologists (ASA)
 physical status classification 791, **791**
Ametop (topical amethocaine) 879
amikacin 540
amino acids 299
aminoglycoside antibiotics 540
amiodarone 497
amoebic dysentery 572
amphetamines **691**
ampoules 719–20, 720
 powder preparation, *procedure guideline* 723–4
 solution preparation, *procedure guideline* 722–3, 723
amputation 246–9
 complications 248–9
 levels 246, 246
 positioning and management 246–9
 equipment 247, 247
 principles 246–7

- amputation (*continued*)
 problem solving **248**
 procedure guideline 247–8
- anabolic steroids **691, 692**
- anaemia 304, 624
- anaerobic threshold (AT) 795
- anaesthesia 813–16
 care after *see* post-anaesthesia care unit
 equipment 820, 822
 fasting before 804–5, **805**
 history of development 814
 infusion pumps 755
 monitoring 820, 822
 pain management interventions 371
 pharmacological agents 814
 procedure guideline 816
see also local anaesthesia; topical anaesthesia
- anaesthetic history 791
- anaesthetic machine 815, 820, 822
- anaesthetic room 813–14
 procedure guideline 816
 Surgical Safety Checklist 814, 815
- anaesthetist
 handover in PACU 827
 latex allergy and 808
 patient monitoring 820, 822
 pre-operative assessment 794, 797
 pre-operative fasting 805
- anal canal 581
- analgesia
 during anaesthesia 814
 breakthrough 370, 371
 buccal or sublingual 368
 at end of life **409**
 epidural *see* epidural analgesia
 inhalation *see* Entonox
 intramuscular 368
 intrathecal *see* intrathecal analgesia
 intravenous 368
 multimodal or balanced 366
 oral 367–8
 patient-controlled 368, **368**
 sputum collection 574
 subcutaneous 368
 transdermal 368
see also pain management
- analgesic ladder 366–7, 367
- analgesics 368–71
 adjuvant (co-analgesics) **367**, 371
 mechanisms of action 361, 361
 methods of delivery 367–8
 non-opioid 367, 368–9
 opioid *see* opioid analgesics
- anaphylactic reactions, blood transfusions 323
- anger 118–21
 management 119–21, **120–1**
 underlying causes 118–19, 119
 warning signs **119**
- angiotensin II 613
- Anglicans, care after death **410**
- ankle foot orthosis (AFO) 233, 234
- ankle movements, active 210, 210
- anorexia, management **274**
- antecubital fossa
 venous access 514, 514
 vesicant drug administration 769
- anthracyclines, extravasation 771, 773, 775
- antibacterial eye preparations 714
- antibiotic(s)
 appropriate use 539
 -associated diarrhoea 174, 571
 blood cultures prior to 536
 coated urinary catheters 149
 diarrhoea treatment 174
 end-of-life care 407
 eye preparations 714
 intrathecal administration 728
 pain management **367**
 sensitivity testing 511
 specimen collection prior to 513
 therapeutic monitoring 540–1
see also antimicrobial agents
- anticholinergic agents **136**
- anticoagulants
 arterial blood sampling and 528
 chest drainage and 455, 457
 epidural/intrathecal analgesia and 379, 387
 PICC-related thrombosis 902
 thromboprophylaxis 800, 854–5
see also heparin; warfarin
- anticonvulsants, pain management **367**
- antidepressants 117, **117**
- panic disorder/acute anxiety 115
- antidiuretic hormone (ADH) 254, 613, 641
- antiembolic stockings 800–4, 801
 contraindications **801**
 measuring for 803, 804
 patients with artificial airway 222
 post-operative use 855
 procedure guideline 802–4, 804
 spinal cord lesions 246
- antiemetic drugs 135, **136**
 at end of life **409**
 surgical patients 814
 timing of administration 275
- antifungal agents 357, 714
- antihistamines, antiemetic **136**
- anti-inflammatory drugs, ophthalmic 714
- antimicrobial agents
 assays, blood sampling for 540–1
 in hand washing preparations 59
see also antibiotic(s)
- antimicrobial wound dressings **939**
- antimotility drugs 174
- antipsychotic drugs 120, **136**
- antipyretics 640
- antiseptics
 handrubs 59
 VAD site cleaning 864, 880
see also chlorhexidine
- antisiphonage valves, infusion pumps 753, 754
- antispasmodics **367**
- antiviral eye preparations 714
- anxiety 114–15
 acute (panic attacks) 115, **115, 116**
 at end of life 408
 management **114–15**
 peripheral cannulation 881, **885**
 venepuncture 517–18, **522**
- aortic valve 487
- aperients 177
- aphasia 124, 125, **125–6**
- apheresis, donor 306
- apical heart rate, assessment 602, 603
- apical impulse, inspection 27, 29
- apneustic breathing **658**
- apnoea 626
 epidural analgesia **384**
- Appeel adhesive remover **193**
- aprons, disposable 60, 79
 procedure guideline 66, 66
 source isolation 85
- aqueous humour 341
- arachis oil enema **178**, 181
- arachnoiditis 547
- arachnoid mater 376, 377, 542
- arginine 280
- argyria 149
- arm *see* upper limb
- arnica 890
- arousal 653–5
 assessment 655, 661
- arrhythmias 600–1
 cardiac arrest 487
 complicating CVC insertion **908**
 complicating tracheal suctioning 479
- pulse assessment **604**
 pulse oximetry and 626
 sinus 600
- arterial blood gases (ABG) 531, 626, 629
 blood sampling for 527–33
 arterial cannula 528, 529, 532–3, 533, 919
 arterial puncture 528–31, 529
 complications 533
 contraindications 527–8
 equipment 529
 indications 527
 patient preparation 528–9
 post-procedure care 533
 procedure guidelines 530–3, 533
 risk management 529
 CPR 500
 oxygen-treated patients 437
- arterial blood sampling 527–33
 complications 533
 contraindications 527–8
 equipment 529
 indications 527
 patient preparation 528–9
 post-procedure care 533
 procedure guidelines 530–3, 533
 risk management 529
- arterial cannulas 918–25
 blood pressure measurement 613
 blood sampling from 528, 529, 919
 procedure guideline 532–3, 533
 choice of artery 920
 complications **924**, 924–5
 indications 919
 insertion
 arterial assessment prior to 920, 921
 procedure guideline 921–2, 922
 ongoing care 923
 problem solving **924**
 removal, procedure guideline 923–4
 safety issues 920, **920**
- arterial pressure
 monitoring 613, 919–20
 waveforms 919, 919
- arterial puncture 528–31, 529
 competencies 529
 inadvertent 524, 890, **908**
 post-procedure care 531, 533
 procedure guideline 530–1
 vs arterial cannulation 528, 919
- arterial spasm **924**
 arterial blood gas sampling 532
 arterial puncture 528, 531
 intra-arterial drug administration 728
- arteries
 anatomy 527, 863, 919
 distinction from veins 515
 pulse points 597–8, 599
 selection for access 527, 920
- arteriovenous fistulas, blood pressure measurement 613
- arthropods 55
- artificial eye *see* eye(s), artificial
- art therapy 372
- ascites 396–401
 abdominal paracentesis 396, 398
 assessment 398
 causes and pathogenesis 397
 management 398–401
 symptoms 397
- ascorbic acid (vitamin C) **644**, 937
- asepsis, surgical 816–17, 819–20
- aseptic non-touch technique (ANTT) 78, 78
 changing wound dressings 851
- aseptic technique 78–80
 examples **78**
 procedure guideline 78–80
- aspiration
 complicating enteral tube feeding 295

- during eating 277, 278
 general anaesthesia-related risks 804–5, **805**
 patients on CPAP **451**
- aspirin 367, **644, 810**
- assessment, nursing 10–34
 communication ability/needs **13**, 106
 comprehensive **12**
 definition 10
 documentation 18, **18–19**
 at end of life 408
 focused **12**
 interviews 11
 methods 11, **19**
 mini **12**
 observation 19
 ongoing **12**, 18
 physical examination 19–34
 pre-operative *see* pre-operative assessment
 principles 10, **10, 18**
 process 13, **13–16**
 psychological well-being 106, 106
 self- 13
 structure 10–11, **19**
 tools 12–13
 types **12**
- Association of Anaesthetists of Great Britain
 and Ireland 797
- asthma, peak expiratory flow 630–1, 633–4
- asystole 487, 490, 497
- ataxic breathing **658**
- atelectasis 440, 447
- athletes, heart rate 600
- athlete's foot 334
- atmospheric pressure 432
- atrial fibrillation 601, **611**
 blood pressure measurement 613
- atrial natriuretic peptide (ANP) 612
- atrioventricular (AV) block, first degree **611**
- atrioventricular (AV) bundle (bundle of His)
 487, **601**, 604
- atrioventricular (AV) node 487, **601**, 604
- atrioventricular (AV) valves 487
- atropine 497
- attitude, towards patients 103
- auditory ossicles 99, 350
- augmentive or alternative communication
 (AAC) 125, **126**
- auscultation 20
 abdomen 31, **31**, 33
 blood pressure measurement 614
 cardiovascular examination 28, **28**, 29
 respiratory examination 24, 26, 29
- auscultatory gap 614, **614, 617**
- autologous blood transfusion 306
- autolytic wound debridement 939
- automated external defibrillators (AEDs) 490,
 492–3
- autonomic dysfunction 245
- autonomic dysreflexia 187, **244**, 245
- autonomic nervous system (ANS) 231
- AVPU scale 662
- awareness 655
 assessment 655, 661
- axillary block **389**
- axillary temperature 637
- axillary vein 863, **864**
- Aylesbury spatula 551
- azotaemia, parenteral nutrition 302
- Babinski's response 658, 664
- back pain/backache
 positioning during surgery and 819
 post lumbar puncture **384**, 547
- bacteraemia 52, 535–6
- bacteria 52–4
 antibiotic sensitivity 511
 cell walls 52, **53**, 54
 commensal 52
 identification 510
 medically significant **54**
 shapes and arrangements **53**
 specimen handling **514**
 wound colonization 941
- bacterial(-viral) filters
 CPAP 448, **448**
 Entonox equipment 393
 epidural/intrathecal 381
- bacterial infections 52
 serology 511
 transfusion-transmitted 320, 321
- bacteriuria 566, 641
 catheterized patients 566
 significant 641
- bag and mask ventilation 491, **491**, 493–4, **494**,
 499
- Baha'i faith **410**, 421
- Bair Hugger blankets **832**
- balance 350
- balloon catheters *see* Foley catheters
- barbiturates **691, 692**
- bar codes 312
- baroreceptors 613, 620, **621**
- barrel chest 23
- barrier nursing **51**
 reverse **51**
see also protective isolation; source isolation
- basic life support (BLS) 488, 490–2
 algorithm **490**
 method (ABC) 490–2, **491**, **492**
- basilic vein
 midline catheter insertion 890
 peripheral cannulation 863, **863**, 876
 PICC insertion 893–4, **894**
 venepuncture 514, 515
- basins, hand wash 59
- bathing
 patients in isolation 82
 pre-operative 812
see also bedbathing
- bathrooms, cleaning 82, 83
- battery-operated infusion devices 756
- beard care 334
- bed
 elevation of head of 223
 linen *see* linen/laundry
 moving and positioning in 213–17
 lying down to sitting up 216–17, **217**
 side-lying 215–16, **216**
 sitting 214–15, **215**
 supine 213–14
 washing patient's hair in 334
[procedure guideline](#) 339–40
- bedbathing 336–9
[procedure guideline](#) 337–9
- bedpans 141, **141**
 fluid output monitoring 262, 263–4
 patients in isolation 80
[procedure guideline](#) 142–3
- bedrest 209–10, 855
see also rest
- behaviour, towards patients 103
- beliefs, assessing patient's **16**
- benzodiazepines
 aggressive patients 120
 antiemetic effect **136**
 drug interactions **686**
 legal controls **691, 692**
 pain management **367**
 panic disorder 115
- bereavement support 421
- Better Blood Transfusion initiatives 310
- bicarbonate ions (HCO₃⁻) 622
- bilirubin
 serum **535, 811**
 urine 643
- binary fission 52–3
- biochemistry, blood 534, **535**
 nutritional status 268
 pre-operative **794–5, 811**
- bio-electrical impedance analysis (BIA) 268
- biofeedback 179
- biofilms 149, 353, 869
- biohazard labels 513, 516
- biopsy, liver 583–5
- Biot's breathing 626
- bisacodyl **178**, 178–9, 184
- bisphosphonates **367**
- black and minority ethnic (BME) groups 104
see also cultural beliefs/issues
- bladder
 anatomy and physiology 139
 cancer 170
 neuropathic/neurogenic 170, 853
 perforation, complicating paracentesis 401
 post-operative distension **831**
- bladder irrigation 160–5
 equipment 160–2, **162**
 fluid 162
 indications 160
 problem solving **164**
[procedure guidelines](#) 162–3, 164
 recording chart 165, **165**
- bleeding/haemorrhage
 abdominal paracentesis 401
 arterial blood sampling-related 533
 arterial cannulation-related 925
 colonoscopy 582
 CVAD-related 909, 910
 fluid homeostasis 255
 gastroscopy 581
 laparoscopic surgery 817
 liver biopsy 585
 lumbar puncture-related 547
 post-operative 834–5
 regional nerve blocks 389, **392**
 removal of skin-tunnelled catheters 914, **914**
 surgical drains **849–50**
 venepuncture site 523
see also blood loss
- blindness 127, 342
- blink reflex 658, 664
- blocking behaviours **107, 108**
- blogs, internet 112
- Blom-Singer speaking valve 473
- blood
 accidental spillages **523**
 flow problems, venepuncture **523**
 group and save 534, **794**
 leucodepletion 321
 spurting, venepuncture **523**
- blood administration sets 311, 750–1, **751**
 changing 311, 748
- bloodborne infections
 blood cultures 535–6
 care after death 415
 inoculation injuries 88
 testing donated blood 304–6
 transfusion-related 320–1
- blood collection tubes 517, **517**, 534
- blood components/products **307–9**
 administration, [procedure guideline](#) 316–17
 appropriate use 306
 collection and delivery, [procedure guideline](#)
 314
 donation and testing 304–6
 irradiation 319–20
 labelling 315
 leucodepletion 321
 non-medical written authorization 310
 pre-transfusion checks 312, 314
 request 311
[procedure guideline](#) 312–13
 traceability 310
 warming 311–12

- blood cultures 535–9
 - collection bottles **517**, 517, 536
 - competencies 536
 - CVAD-related infection 537
 - equipment 536
 - indications 536
 - methods of specimen collection 536
 - post-procedure care 539
 - [procedure guidelines](#) 537–9
 - risk management 536
 - skin preparation 537
 - volume of blood required 536–7
- blood donation 304–6
- blood glucose *see* glucose, blood
- blood glucose monitors 649
- blood groups 302
 - haematopoietic stem cell transplantation 303
 - incompatibility 302
 - testing 311, 534
- blood loss
 - cardiopulmonary arrest 487–8
 - cell salvage for transfusion 306
 - massive, management 311
 - see also* bleeding/haemorrhage; hypovolaemia
- blood pack labelling 315
- blood pressure (BP) 610–18
 - across cardiovascular system 612
 - control 612–13
 - diastolic 610–11, 612
 - dying patients 402
 - factors affecting 612
 - fluid imbalances **257**
 - measurement 613–18
 - both arms 615
 - cautions 613
 - direct 613
 - documentation 618
 - equipment 614–15
 - indications 613
 - indirect 613–14
 - intra-arterial monitoring 613, 919–20
 - methods 613–14
 - neurological patients 659, 663
 - orthostatic BP 614
 - patient positioning 613, 615, 615
 - post-operative 834
 - problem solving **617–18**
 - [procedure guideline](#) 616–17
 - pulse oximetry and 626
 - at thigh 614
 - see also* sphygmomanometers
 - normal 611
 - systolic 610, 612
 - transfusion reactions **319**
 - see also* hypertension; hypotension
- blood products *see* blood components/products
- blood return, vascular access devices **770**, 771, 866–7, 867
 - see also* flashback
- Blood Safety and Quality Regulations 2005 306–10, 321
- blood sampling 514–41
 - antimicrobial drug assay 540–1
 - arterial 527–33
 - blood collection tubes 517, **517**
 - blood cultures 535–9
 - blood tests 534–5
 - central venous catheter 524–7
 - order of draw 517, 520
 - peripheral vein 514–24
 - pre-transfusion 313–14
- blood tests 534–5
 - pre-operative **794–5**, **810–11**
- blood transfusion 302–23
 - appropriate use 306
 - autologous 306
 - blood products used *see* blood components/products
 - blood sampling prior to, [procedure guideline](#) 313–14
 - blood typing 534
 - competencies 310
 - complications 319–23
 - consent 310
 - equipment 311–12
 - errors and their prevention 303, 303, 312
 - hospital policy 303
 - incompatible 302, 322
 - indications 304, **305**
 - infusion devices **759**
 - massive 311
 - non-medical written authorization 310
 - observations during/after 317, 319, 602, 613
 - patient preparation 312
 - pre-transfusion/bedside checks 303, 312, 322
 - problem solving **317–18**
 - [procedure guidelines](#) 312–17
 - rationale 303–4
 - reactions *see* transfusion reactions
 - refusal 310–11
 - safety and quality regulations in UK 306–10
- blood urea nitrogen **795**
- blood-warming devices 311–12
- BLS *see* basic life support
- body, care after death *see* death, care after
- body bag 415, 418
- body composition 254, 267
- body fluids
 - high risk 88
 - patients in isolation 80–2
- body image
 - assessment **16**
 - effect of CVADs 870
 - stoma patients 198
- body mass index (BMI) 267–8
 - from mid upper arm circumference (MUAC) 269, 270
- body temperature *see* temperature (body)
- bodyweight 267–8
 - fluid status assessment **257**
 - loss, percentage 267–8
 - measurement 268, 272
 - adults 269
 - equipment 269
 - problem solving **272**
 - [procedure guideline](#) 269–70, 271
 - sick children 268
 - nutritional assessment 267–8
- Bonanno catheter **836**
- bone conduction test **351**
- bones 208
- bougies 495, 496
- bovine spongiform encephalopathy (BSE) 55
- bowel
 - anatomy and physiology 139, 139–41
 - measuring fluid output 263–4
 - perforation, iatrogenic 401, 582
- bowel function/habit 177
 - assessment **14**, 177
 - factors affecting 177
 - moving/positioning patients and **220**
 - post-operative 853–4
 - see also* constipation; diarrhoea
- bowel obstruction 175–6, 407
- bowel preparation
 - colonoscopy 581, 582
 - stoma surgery 192
- bowel sounds 31, 33
- Boyle's Law 619
- BP *see* blood pressure
- brachial artery 527
 - blood pressure measurement 613, 615, 616–17
 - cannulation 920
 - pulse point 599
- brachial plexus 655
- brachial plexus block **389**
- brachial veins 894, 894
- brachiocephalic vein 863, 863
- bradycardia 600, **832**
- bradypnoea 625
- brain 652, 653
- brain herniation, lumbar puncture **546**, 547
- brainstem 653
- brain tumours 125
- breakthrough analgesia 370, 371
- breath, smell of 32
- breathing
 - abnormal patterns 658, **658**
 - agonal 489, 491
 - assessment 25, 624–6
 - basic life support 490–1
 - dying patients 402
 - ineffective post-operative 835
 - mechanism of 619, 619, 620
 - positioning to minimize work of 227–8, **228**, 229
 - see also* respiration
- breathing exercises
 - chest drain removal 463, 464
 - deep (DBE), post-operative patients 835
- breathlessness
 - at end of life 407, **409**
 - patient positioning 227–8, **228**, 229
 - see also* dyspnoea; respiratory compromise
- breath sounds 24
- Brief Pain Inventory (BPI) 364
- Bristol Stool Chart 140, 173, 177, 571
- British Committee for Standards in Haematology (BCSH) 303, 306, 311
- British Infertility Counselling Association 587
- British Oxygen Company (BOC) 393
- British Society for Allergy and Clinical Immunology (BSACI) 684
- British Thoracic Society (BTS)
 - chest drain guidelines 455, 466
 - oxygen saturation guidelines 597, 626
- bronchial breath sounds 24
- bronchial tree 228, 229
- bronchoalveolar lavage (BAL) 573–4
- bronchoscopy, flexible fibreoptic 574
- Broviac catheters *see* skin-tunnelled catheters
- bruising, after venepuncture 518, 523
- bruits
 - abdominal 31, 31, 33
 - carotid 28, 29
- buccal analgesia 368
- buccal tablets **697**, 698
- Buddhism, care after death **410**
- Buddhist Hospice Trust **410**, 421
- bundle branches 601, 604
- bundle of His (AV bundle) 487, 601, 604
- bupivacaine 379–80, 389
- buprenorphine 368, 370
- burial
 - within 24 hours 414
 - cultural and religious practices **410–12**
- Burial Society of the United Synagogue **412**
- burns, diathermy 822, 823
- Butrans 370
- butterfly devices *see* winged infusion devices
- caecum 581
- calcium, plasma **535**, **811**
- calcium chloride 497
- calculus, dental 353
- cancer *see* malignant disease
- cancer pain 361, 362
 - epidural/intrathecal analgesia 379, 381
 - intrathecal drug delivery 378
 - management 366–7, 371
 - see also* chronic pain
- Cancer Research UK 587

- Candida albicans* 511
 candidiasis, oral 357, 712
 cannabinoids **136**
 cannabis 371, **692**
 capacity, mental *see* mental capacity
 capillaries, movement of water and solutes 254
 capillary blood glucose monitoring 647, 648–52
 see also glucose, blood, monitoring
 capillary refill 25, 29, **257**
 capillary wound dressings **940**
 capsules 698, 698
 opening 698
 storage 682
 captopril **244**
 carbohydrates 273, 299
 carbon dioxide (CO₂)
 control of respiration 620–1
 exchange 432–3, 433, 622
 excretion 434
 insufflation, laparoscopic surgery 817, 817
 narcosis 441
 transport 432, 618, 622, 625
 see also hypercapnia
 carbon dioxide partial pressure (PCO₂) 432, 433
 in blood (PaCO₂) 433
 changes during respiration 624
 control of respiration 620–1, 621
 carbon monoxide (CO) poisoning 626
 cardiac arrest 487–8
 arrhythmias causing 487
 early recognition/warning systems 492, 498
 in-hospital 488, 491
 management *see* cardiopulmonary resuscitation
 outside hospital 488
 post-resuscitation care 500–1, 502
 potentially reversible causes 487–8
 prevention 502
 cardiac arrest team 492
 cardiac arrhythmias *see* arrhythmias
 cardiac compressions *see* chest compressions
 cardiac dysfunction, in fluid overload 265
 cardiac massage *see* chest compressions
 cardiac output (CO) 599, 611
 factors increasing 600
 physical assessment 27, 29
 cardiac surgery, pleural effusion after **454**
 cardiac tamponade 488
 cardiopulmonary arrest *see* cardiac arrest
 cardiopulmonary exercise testing (CPET)
 795–6, 796
 cardiopulmonary resuscitation (CPR) 484–502
 advanced life support (ALS) 488, 491, 492, 496
 assessment 489–90, 490
 basic life support (BLS) 488, 490–2, 491, 492
 complications 502
 contraindications 489
 cross-infection risks 491, 492, 502
 defibrillation 490
 documentation 496, 502
 do not attempt (DNACPR) 489
 drugs 496–8, 497
 education 498, 502
 equipment 492–5, 498
 guidelines 488–9, 492
 indications 489
 in-hospital algorithm 493
 post-procedure care 500–1, 502
 problem solving **501**
 procedure guideline 498–501
 standards and training 492
 see also cardiac arrest
 cardiovascular assessment **14**, 790
 cardiovascular examination 26–30
 procedure guideline 28–30
 rationale 28
 techniques 26–8
 cardiovascular function
 pulse monitoring 602
 unconscious patients 221, **224**
 cardiovascular instability, moving patients
 with 211, **220**
 care
 after death *see* death, care after
 evaluating 18, **19**
 implementing 17–18, **19**
 planning 17–18, **18**, **19**
 process of 10–18
Care, Compassion, Competence, Communication, Courage and Commitment (the 6Cs) (2013) 2
 care home
 assessment **41**
 discharge to 40
 Care Quality Commission (CQC)
 infection prevention and control 58, 60
 protected mealtimes 275
 carers, informal 38
 see also family
 Carers (Equal Opportunities) Act 2004 38
 caries, dental 353
 carotid bruits 28, 29
 carotid pulse, checking 491, 492
 case–control studies 3
 cataracts **342**
 cathartics 177
 catheter-associated urinary tract infections (CAUTI) 160, 566
 catheter materials and 149
 catheter-related bloodstream infections (CRBSIs) 925
 catheter specimen of urine (CSU) 568–9
 cauda equina 542, 542
 cauda equina syndrome (signs) 236, 546
 CAUTI *see* catheter-associated urinary tract infections
 Cavilon barrier film **193**
 CDs *see* controlled drugs
 cell salvage, for transfusion 306
 cellulitis **81**, **849**
 cell wall, bacterial 52, 53, 54
 CE mark 60
 central nervous system (CNS) 231, 652–3
 assessment *see* neurological assessment/ observations
 pre-operative review 791
 central neurogenic hyperventilation **658**
 central venous access device (CVAD)-related infections 902
 blood culture samples 537, 538–9
 PICCs vs CVCs 895
 central venous access devices (CVADs) **862**, 893–915
 absent blood return **770**, 771, 866–7, 867
 accidental disconnection 865
 blood sampling 524–7
 for antimicrobial drug assay 540, 541
 for blood cultures 537, 538–9
 discard method 524, 525
 problem solving **527**
 procedure guidelines 525–6, 538–9
 push–pull (mixing) method 524
 reinfusion method 524
 syringe 526
 vacuum systems 525
 catheter tip positioning 867–8, 868
 blood sampling problems **527**
 choice of vein 863, 864
 complications 875, 908–9
 consent to insertion 869
 damage and repair 865
 decision-making tool 772–3
 discharge home with *in situ* 874–5, **875**, **875**
 dressings 865, 869
 changing, *procedure guideline* 870–1
 extravasation **769**
 flushing/maintaining patency 866, 869
 after discharge home 874–5
 kit **875**
 prior to blood sampling 525, 526
 procedure guideline 872
 implanted *see* implanted ports
 occlusion 866–7
 difficult blood sampling **527**
 intravenous drug administration 766
 unblocking, *procedure guideline* 872–4, 874
 urokinase instillation 873, **874**
 parenteral nutrition 300
 patient education 870, 875, 875
 central venous catheters (CVCs)
 blood sampling 524–7
 dressing change, *procedure guideline* 870–1
 maintaining patency 866–7
 occlusion, management 866–7, 867
 peripherally inserted *see* peripherally inserted central catheters
 skin-tunnelled *see* skin-tunnelled catheters
 tip, microbiological examination 910
 see also central venous access devices
 central venous catheters (CVCs), short-term percutaneous (non-tunnelled) **862**, 904–10
 choice of vein 904
 complications 907–8
 design 905, 905
 indications 904
 insertion 904–8
 assistance with 905
 problem solving **908**
 procedure guideline 906–7
 insertion site care 908
 removal 908–10
 procedure guideline 909–10
 securing 908, 908
 central venous pressure (CVP) **257**
 cephalic vein
 cannulation 863, 863, 876, 894, 894
 venepuncture 514, 515
 cerebellum 653, 654
 cerebral embolism **924**
 cerebrospinal fluid (CSF) 542
 abnormal appearances 543
 cytology 543
 diagnostic tests 543
 leakage, lumbar puncture 547
 pressure 543, 545
 protein 543
 sample collection 541–7
 cerebrum 652, 654
 cerumen *see* ear wax
 cervical broom 551
 cervical collar 237, 237, **245**
 cervical nerves 655
 cervical paravertebral block **389**
 cervical plexus 655
 cervical screening programme 551, 552
 cervical spinal instability
 early mobilization in bed 243
 hard collar 237, 237
 log rolling 237–8
 moving and turning methods 236
 pelvic twist to right 240, 241
 cervical uterine smear 550–7
 cervical broom 551
 endocervical brush 551–2, 555–6
 equipment 551, 551–2
 liquid-based cytology (LBC) 551, 554–5
 problem solving **556**
procedure guidelines 552–6
 wooden spatula 551, 552–4
 cervix, uterine 550, 550
 chain of infection 56, **56**, 56

- chair
 lower limb amputees 248
 patient positioning in 217–18
 standing up from 218, 218–19
- challenging behaviour 118–21, 119
- chaperone 551
- chaplain, hospital 405
- charities, disease-specific national 112
- charrière (ch) 148
- chemoreceptors 613, 620, 621
- chemoreceptor trigger zone (CTZ) 134
- chemotherapy drugs *see* cytotoxic drugs
- chest
 auscultation 24, 26
 bony structures 22
 deformities 22, 23
 expansion, assessment 22, 23, 25, 26, 626
 inspection 22, 25
 palpation 22–4, 25–6, 27, 29
 percussion 24, 24, 26
 shape, assessment 626
- chest compressions, CPR 491–2, 492, 499
- chest drainage systems 456, 456–7, 457
 maintenance 466
 problem solving **464–5**
- chest drains 452, 452–67
 ambulatory bag 455, 460
 priming, [procedure guideline](#) 461
- clamping 465–6, 466–7
- complications 467
- contraindications 455
- documentation 457, 467
- equipment 456–7, 456–7
- indications 455
- insertion 455–7
 competencies 456
 consent 456
 patient preparation 457
[procedure guideline](#) 458–9
 triangle of safety 457, 457
- insertion site
 dressings 466
 leakage around **465**
 monitoring 465–6
 pain control 457, 458
 patient education 467
 problem solving **464–5**
 rationale 455
 removal 467
[procedure guideline](#) 463–4
 securing 455, 455, 459, **465**, 466
 stripping/milking 466
 suction 460, 466
[procedure guideline](#) 461
 tube size 456, 456
 underwater seal bottle 455, 456, 456–7, 457
 changing, [procedure guideline](#) 462, 462
 monitoring 457, 459, 465
 problem solving **464**
- chest pain, pleural effusions **453**
- chest X-rays (CXR)
 after CPR 500
 chest drainage 457
 CVAD catheter tip position 868, 868
 CVC tip position 907
 nasogastric tube position 283, 284, 286
 PICC tip position 899, 901
 pre-operative 795
- Cheyne–Stokes breathing 626, **658**
- children
 deceased relatives 415
 as informal carers 38
 visiting patients in protective isolation 88
see also paediatric patients
- chin lift manoeuvre 490, 490, 499
- Chiron barrier cream **193**
- chlamydia, eye swabs 559
- chlorhexidine (gluconate)
 denture care 354
 -impregnated dressings 865, 869
 oral care 356, **360**
 skin preparation 537
 for surgical scrub 59, 70
 VAD site cleaning 864
- Christians, care after death **410**
- Christian Scientists, care after death **411**
- chronic obstructive pulmonary disease (COPD) 597, 623
- chronic pain 361, 362
 acute pain superimposed on 363, **363**
 assessment 363
 defined 362
 epidural/intrathecal analgesia 379, 381, 387
 intrathecal drug delivery (ITDD) 378
 management 366–7, 369
see also cancer pain
- Church of England
 care after death **410**
 marriages at end of life 405
- Church of Jesus Christ of the Latter Day Saints, care after death **410**
- chylothorax 454–5
- circulation, CPR 491–2
- circulatory overload *see* fluid overload
- cirrhosis of liver 397
- citalopram 117
- civil partnerships, at end of life 405
- CJD *see* Creutzfeldt–Jakob disease
- clarifying 101–2
- cleaning
 isolation rooms 83, 87
 meatal, catheterized male patients 160
 skin *see* skin cleaning/preparation
 VAD equipment 864
 wounds 941, 956
- clients *see* patient(s)
- clinical experience and guidelines (E) 3
- clinical governance
 cervical smear tests 551
 endoscopy 580
 medicines administration 687
 oxygen therapy 435
- clinical supervision 102, **108**, 114
- clippers, pre-operative hair removal **806**
- clips, skin **955**
 removal 960
[procedure guideline](#) 961
- clonidine, epidural/intrathecal 380
- Clostridium difficile*
 faecal specimens 571
 prevention and control 52, 60
 spores 53–4, 83
- clot formation
 VAD occlusion 865, 865, 866–7
 wound healing 936, 937
- clothing 336
 protective *see* personal protective equipment
 surgical patients 806
 surgical team 817
- cloths, prepackaged 336
- cluster breathing **658**
- coagulation tests **534**, **794**, **810**
- coagulopathies
 arterial puncture and 528, 533
 chest drainage and 455, 457
 epidural/intrathecal analgesia 379
 lumbar puncture and 543
 regional analgesia 389
- co-analgesics **367**, 371
- cocaine **692**
- coccygeal nerves 655
- co-codamol 369
- co-danthramer **178**
- Code, NMC 2,
- codeine phosphate
- diarrhoea 174
 pain management 369
 paracetamol combinations 368, 369
- cognitive ability, assessment **13**
- cognitive impairment
 moving and positioning 211–12
 pain assessment 365
- cohorting **51**, 80
- cohort studies 3
- cold packs, for extravasation 771, 774, 775
- cold storage, medicines 681
- cold therapies, pain management 373
- cold water bubble humidifiers 442, 442
- collagen
 dressings **940**
 in wound healing 937, 937
- collagen vascular diseases, pleural effusions **454**
- Colledge silver laryngectomy tube 473, 474
- colloid fluids 259
- collosion 113–14
- colon 141, 581
- colonic conduit 171, 190
- colonization **50**, 941
- colonoscope 581
- colonoscopy 581–2
 indications 581
 patient preparation 582
- colostomy 189–90
 dietary management 198
 end (permanent) 189, 189, 190
 loop (temporary; defunctioning) 189–90, 190
 plugs 191, 197
 post-operative function 197
 pouches 191, 192, **197**
see also stoma(s)
- Colostomy Association 199
- comatose patients *see* unconscious patients
- Combitube 495
- comfort, patient 331–421
 at end of life 408
 intravenous drug administration 749
 measures alleviating pain 373
see also end-of-life care; pain management;
 personal hygiene
- commensal organisms 52, 54
- Commission on Human Medicines (CHM) 680, 686
- commode 141, 141
[procedure guideline](#) 143–4
- common carotid artery, pulse point 599
- communication 97–128
 acquired disorders 124–8
 aids 101, 125, **126**
 anatomy and physiology 98–9
 angry/aggressive patients 118–21
 assessment of ability/needs **13**, 106
 augmentive or alternative (AAC) 125, **126**
 barriers to effective 102
 competencies 105, **105**
 during CPAP **451**
 definitions 98, 103, 108
 delirious patients **123**
 with diagnostic laboratory 513
 discharge planning and 34–45
 dying patients 405–6
 effective 100–2
 environmental aspects **105**, 105–6
 facilitative 111
 informing patients 110–13
 language and cultural issues 104
 legal and professional issues 102–5
 non-verbal 100–1
 during nursing assessment 11
 during oxygen therapy **440**
 patients with specific psychological needs 113–24
 principles 106, **107–8**

- professional responsibility for effective 103
 skills 101–2
 speech-impaired patients 101, 125–7
 supportive *see* psychological support
 theories of interpersonal 99–100
 time issues 105, **107**
 unconscious patients 221
 verbal 101–2
 websites and useful addresses 128
 worried/distressed patients 108–9, **109–10**
- community care
 discharge planning 38
 at end of life 42–5
 personalized 38
 voluntary sector 39
- Community Care (Delayed Discharges) Act 2003 38
- community nurses
 discharge planning 34, **35**
 end-of-life care 42–5
- compartment syndrome 819
- compassion 103
- Compassion in Practice* (2012) 103
- competence/competencies 2
 abdominal paracentesis 398
 arterial puncture 529
 blood cultures 536
 blood transfusion 310
 chest drain insertion 456
 communication 105, **105**
 CPAP 448
 CPR 492
 CVC insertion 904–5
 epidural analgesia **380**
 infection prevention and control 58
 infiltration/extravasation prevention 769–70
 lumbar puncture 544
 obtaining consent 799
 oxygen therapy 435
 patient education 798
 peripheral cannulation 878
 regional analgesia 390
 respiratory secretion sampling 574
 specimen collection 511, 558
 suturing 954
 tracheostomy care 468
 urinary catheterization 147
 VAD insertion/care 868, **868**
 venepuncture 516
- complementary therapies 134–5, 685, **793**
- compliance aids 688, 700, 700
- complications of treatment, assessment **16**
- compression stockings, graduated elastic *see* antiembolic stockings
- computed tomography (CT) 587, 901
- concertina-type drainage system **836**, 837
- confidentiality, respect for 103
- conformable catheters 149
- confusion 661
- conjunctivitis 81
- consciousness 653–7
 assessment 655–7
 AVPU scale 662
 cardiopulmonary arrest 489, 490
 Glasgow Coma Scale 659–62, 660, **661**
 NEWS system 597
 post-CPR 500
 procedure guideline 663
- basis of 653–5
 decreased
 dying patients 402
 epidural analgesia **384**
 see also unconscious patients
 defined 221
- consent 103–4
 acupuncture 375
 assessing capacity to give 103, 104–5, 799
- blood transfusion 310–11
 capacity to give 799
 chest drain insertion 456
 epidural/intrathecal analgesia 381
 implied 104
 moving and positioning 210
 obtaining 103
 to physical examination 21
 PICC insertion 895, 896
 refusal of 104
 semen collection 549
 specimen collection 511
 for surgery 798–9, 808
 VAD insertion 868–9
 validity of 103, 799
 vesicant drug administration 770
 written 103, 104, 799
- constipation 175–9
 assessment 176–7
 causes 175, 176
 defined 175
 digital removal of faeces 187–9
 procedure guideline 188–9
 at end of life **409**
 enterally-fed patients 296
 management 177–9, 184
 opioid-induced 369
 risk factors 177
 Rome criteria 177
 secondary 175
- contact dermatitis, latex allergy **808**
- contact lenses 343
 care of 343–4
 gas permeable 343
 hard 343, 348, 348
 ophthalmic drug administration and 714
 removal, *procedure guidelines* 348, 348–9, 349
 soft 343, 349, 349
- contact precautions **51**
- contact transmission 57
- context, as source of evidence (C) 3
- continuous intravenous infusions *see* intravenous infusions, continuous
- continuous low pressure (CLP) mattresses 952
- continuous peripheral nerve blocks (CPNB)
 388, 389, 390
 complications 391, **392**
 principles of care **391**
- continuous positive airways pressure (CPAP)
 446–52
 competencies 448
 complications 452
 contraindications 447–8
 equipment 446, 448, 448
 indications 447
 masks/helmets 446, 448
 monitoring 448–9, 451, **452**
 problem solving **450–1**
 procedure guideline 449–50
- contractures 211
 amputees 247, 248–9
 neurological impairment 232
- Control and Restraint 122
- controlled drug register (record book) 693, 693
 archiving 693
 legal requirements 691, **691**, **692**
 procedure guideline 695–6, 696
 receipt of drugs 690
- controlled drugs (CDs) 690–7
 accountability and responsibility 690
 administration **692**, 693
 procedure guideline 694–5, 695
 emergency supplies **691**
 key holding and access 691
 legal requirements 690, **691**, **692**
 prescription **691**, **692**, 693
 receipt 690
- record keeping 691
 requisition 690, **691**, **692**
 return and disposal of unused 693
 safe practice guidance 694, **694**
 schedules 690, **692**
 stationery 693
 stock checks and discrepancies 691–3
 storage 691, **691**, **692**
 supply under Patient Group Direction 690, 693
 transport 693
- Controlled Drugs (Supervision of Management and Use) Regulations 2006 690
- controlled-release tablets 698
- conveys *see* penile sheaths
- cooling methods, hyperthermia 640
- cool storage, medicines 682
- co-ordination, testing 658, 664
- COPD *see* chronic obstructive pulmonary disease
- coping, assessment **15–16**
- cornea 341, 341
- corneal (blink) reflex 658, 664
- coronary thrombosis 488
- coroners
 permission for repatriation 414
 referral to 414–15
- corrugated drains **836**, 837
- corticosteroids (steroids)
 antiemetic use **136**
 epidural/intrathecal 380
 extravasation injuries 771, 771
 eye drops 714
 hyperglycaemia due to 647
 inhaled 708, 711
 intra-articular injection 728
 pain management **367**
 retention enemas 181
- covert administration of medicines 698–9
- CPAP *see* continuous positive airways pressure
- CPR *see* cardiopulmonary resuscitation
- crackles 24
- cranial nerves 653, **656**
- C-reactive protein (CRP) 268, **301**, **535**, **811**
- creams 702
 storage 682
- creatinine, serum **257**, **535**, **795**, **811**
- cremation **410–12**, 414
- Creutzfeldt-Jakob disease (CJD) 55–6
 variant (vCJD) 55–6
 transmission in blood 304–6, 321
- critical care outreach teams 596
- critical colonization 941
- critically ill patients
 blood pressure measurement 613
 CPAP 448
 early warning systems 596
 moving and positioning 209–10, 221
 oral care 355, **355**
 pulse monitoring 602
 temperature monitoring 636
 tracheostomy 468, 471
 transferring 502
- critical thinking 20
- crockery, patients in isolation 80
- cross-infection **50**
- Cruse Bereavement Care 421
- cryoprecipitate **309**, 317
- crystalloid fluids 259
- CSF *see* cerebrospinal fluid
- cuff, blood pressure 615, **615**, 616
- cuff pressure manometer 469, 469
- cultural beliefs/issues
 assessment **16**
 care after death **410–12**, 413–14, 415
 communication 104
 pain assessment and 364
 personal hygiene 336
- culture, microbiological 510–11

- curtains, source isolation rooms 83
- Cushing's reflex 659
- cutlery 80
- CVAD *see* central venous access devices
- CVC *see* central venous catheters
- cyanosis 624
- cyclizine **136**, 739
- cystoscopy 582–3, 583
- cytomegalovirus (CMV) 320
- cytotoxic drugs
- crushing tablets 297
 - extravasation 768, 775
 - intrathecal administration 728–9, **729**
 - vesicant **768**
- Dalton's law 432
- dantron 178–9
- data, collecting 11
- daunorubicin, extravasation 775
- Da Vinci surgical robot 817, 818
- deafness 104, 127–8, 350–1
- death 413–21
- care after (last offices) 413–21
 - contraindications 413
 - indications 413
 - legal issues 413–14
 - problem solving **419–20**
 - [procedure guideline](#) 416–19
 - religious and cultural needs **410–12**, 413–14, 415–16
- certification 414
- confirmation or verification 414
- education of family 421
- 'good' 403, 413
- immediate care 420
- infectious patients 415
- informing next of kin 404, **419**
- informing other patients 416
- legal issues 404–5
- post-mortem requirements 414, 415
- radioactive patients 415, **419–20**
- referral to coroner 414–15
- repatriation after 414
- sudden cardiac 488
- sudden or unexpected 404, 414, **419**
- viewing the body **420**, 421
- see also* dying patients; end-of-life care
- death rattle 407, **409**
- debridement, wound **938**, 938–9
- decannulation plug, tracheostomy 471, 472–3, 473
- decebrate posturing **661**
- decision making 17, **19**
- decorticate posturing **661**
- decubitus ulcers *see* pressure ulcers
- deep breathing exercises (DBE), post-operative 835
- deep vein thrombosis (DVT) 800, 800
- prophylaxis *see* thromboprophylaxis
 - risk factors 800, 854
 - signs **801**
 - spinal cord compression/injuries 246
 - see also* venous thromboembolism
- defaecation 175
- anatomy and physiology 141
 - assisting, [procedure guidelines](#) 142–4
 - digital stimulation 187
 - positioning for 179, 180
- defibrillation 488, 490, 492–3
- placement of self-adhesive electrodes (pads) 493, 493
 - problem solving **501**
 - procedure 500
 - safe practice 493
 - by untrained individuals 492–3
- defibrillators 492–3, 828
- dehydration 256, 265–6
- in diarrhoea 173–4
 - infusion-related 780, **780**
 - pre-operative fasting and 805
 - signs and symptoms **257**, 266
 - venepuncture in 518
- delayed-release capsules 698
- delirium 121–3
- documentation 122
 - at end of life 122, 407
 - prevention and management 122, **123**
 - risk factors 121
 - signs and symptoms 121
- deltoid muscle injections 740, 740, 741
- dementia 123–4
- communication issues 104, 123, 124, **124**
 - discharge planning 34
 - pain assessment 124, 365
 - personal care 333
- denial 113–14, **114**
- dental decay 353
- dental floss/tape 355, 355, 358, 359
- dental status, pre-operative 813
- dentures 354
- cleaning 354, 360
 - [procedure guideline](#) 359–60
 - removal 359
- deodorants, stoma 191, **193**
- depilation *see* hair removal
- depression 116–17
- co-morbid 116
 - diagnosis 117, **118**
 - management 117, **117**, **118**
 - symptoms **116**, 117
- Depression Alliance 128
- Depression UK 128
- Deprivation of Liberty Act 123–4
- dermatitis, incontinence-associated (IAD) 142
- dermatomes 376, 378
- dermis 332, 333, 936
- dexamethasone **136**
- dexrazoxane 773, 775
- dextrocardia 607
- diabetes mellitus (DM) 646
- blood glucose monitoring 648
 - continuous subcutaneous insulin infusion 733
 - diagnosis 646, 648
 - end-of-life care 407
 - foot care 334–5
 - foot ulcers 334, 335, **335**
 - hyperglycaemia 646–7, 647
 - hypoglycaemia 647
 - patient education 652
 - tight glycaemic control 648
 - wound infections 941
- diabetic ketoacidosis 646, 647
- diabetic retinopathy **343**
- diagnosis, nursing 17, **19**
- diagnostic tests 510–87
- indications 510
 - pre-operative **794–5**, 794–6, 808, **810–11**
 - request forms 513
- dialogue, with patients 103
- diamorphine 370
- epidural/intrathecal 379
 - infusion devices **759**
 - routes of administration 368
 - safer practice guidance 694, **694**
 - supply under Patient Group Direction 693
- diaphragm 227, 228, 619, 620
- diarrhoea 173–5
- acute 173
 - antibiotic-associated 174, 571
 - assessment 173
 - chronic 173
 - enterally-fed patients 295
 - faecal incontinence 174–5
 - faecal specimens 571, 572
 - infection prevention and control **51**, 60, 573
 - management 174
 - source isolation 80, 81
- diastolic blood pressure 610–11, 612
- measurement **614**, 614, 617
- diathermy 821–3, 823, 825, 826
- diclofenac 369
- dicrotic notch 919, 919
- diencephalon 653
- diet
- as cause of diarrhoea 174
 - in constipation management 179
 - history 268
 - immunocompromised patients 86
 - modification 273, **274**
 - sodium-restricted, ascites 398
 - stoma patients 197, 198
 - see also* food; nutrition
- dietary supplements *see* nutritional supplements, oral
- diffusion **255**
- facilitated **255**
 - of gases 432
- digestion 266
- digital rectal examination (DRE) 185–7
- indications 177, 185
 - [procedure guideline](#) 186–7
- digital removal of faeces (DRF) 187–9
- [procedure guideline](#) 188–9
- digital stimulation of defaecation 187
- digital veins, hand 876
- dignity, maintaining 103, 174, 212
- dimethylsulphoxide (DMSO) 771, 771, 775
- dioctyl sodium sulphosuccinate *see* docusate sodium
- dipstick tests, urine *see* urine dipstick (reagent) tests
- direct contact, transmission via 57
- discharge
- to care or nursing home 40
 - complex **34–5**, 36–7
 - continuous peripheral nerve blocks 390
 - delays 38, 40, 45
 - at end of life 42–5, 43–4, 404
 - equipment facilitating 41
 - to intermediate care 40
 - against medical advice 39, **39**
 - neutropenic patients 86–7
 - NHS Continuing Healthcare 40, 42
 - from PACU 833, **833**
 - patients on nutritional supplements 275
 - patients with additional needs 34, 42, **42**
 - with *in situ* VAD 874–5, **875**, 875
 - social services care on 40
 - from source isolation 83
 - specialist ongoing care after 41–2
 - supported 40
- discharge co-ordinators 34, **35**
- discharge planning 10, 34–45
- complex cases **34–5**, 36–7
 - defined 34
 - informal carers and 38
 - long-term epidural/intrathecal infusions 388
 - post-operative 855
 - process 38–9
 - single assessment process 38
 - spinal cord compression/injury 237
 - stoma patients 198–9, 199
 - ten steps 37
 - voluntary services 39
- disorientation 663
- dispensing 681
- displacement values 722
- distressed patients 108–9, **109–10**
- Distress Thermometer 106, 106
- diuretics, ascites 398
- diversity 104

- documentation 18
 guidelines **18–19**
- docusate sodium (dioctyl sodium sulphosuccinate)
 enema 181
 laxative 178, **178**
- domestic staff, cleaning isolation rooms 83
- domperidone **136**
- do not attempt cardiopulmonary resuscitation (DNACPR) 489
- dopamine antagonists, antiemetic **136**
- dorsalis pedis artery 599, 920
- dorsal venous network of hand 863, 876
- dorsogluteal intramuscular injection site 740, 740
- dosette boxes 688, 700, 700
- double checking, medicines 686–7
- double gloving 820
- doxorubicin
 administration 769
 extravasation 767, 771, 775
- 2-3-DPG (2,3-diphosphoglycerate) 433, 433
- drainage bags, urine *see* urine drainage bags
- drains, surgical 836–50
 changing dressings, [procedure guideline](#) 838–9
 closed **836**
 changing vacuum bottle, [procedure guideline](#) 839–40
 removal, [procedure guideline](#) 841–2
 shortening, [procedure guideline](#) 845–6
 discharge home with 42
 emptying 838
 leaking **265, 847**
 measuring fluid output 262, 838
 open **836**
 shortening, [procedure guideline](#) 843–4, 844
 problem solving **846–50**
[procedure guidelines](#) 838–46
 removal 838
 problems **840**
[procedure guideline](#) 841–2
 skin care **334**
 types **836**, 836–7
see also chest drains; urinary catheters
- dressings 941–3
 care after death 417
 categories **939–40**
 changing 943, 946
 CVAD site 870–1, 874
 negative pressure wound therapy 964–5
 nephrostomy tubes 166–8
 PICC site 901
 post-operative 851
[procedure guidelines](#) 78–80, 945–6
 surgical drain site 838–9
 tracheostomy 475–6, 476
- chest drain insertion site 466
- choice by type of wound **944**
- continuous peripheral nerve blocks 390, **391**
- dry and wet 941
- epidural/intrathecal catheter site 381
- extravasation injuries 779
- gastrostomy site 289
- jejunostomy site 292
- nephrostomy tube site 166
- occlusive 941–3
- peripheral cannulas 869, 886
- poor application/techniques **939**
- pressure ulcers 954
- primary 941
- principles of use 941
- secondary 943
- short-term CVCs 908
- surgical wounds 825, 826, 851
- transparent 869
- VADs 864–5, 869
- Dressler's syndrome **454**
- drinking
 assessment and recording tools 275
 assistance with 272, 275–7
 difficulties **277**
see also eating; fluid intake
- drinks, disguising medication in 699
- drip chambers 750, 750
- drips *see* gravity infusion devices
- driving
 after Entonox use 393
 mydriatic therapy and 716
 opioids and 371
- droplet precautions **51**
- droplet transmission 57
- drug allergies 684, **684, 685**
- drug interactions 676, 685–6
 pharmacodynamic **686**
 pharmacokinetic **685**
- drug intoxication, cardiopulmonary arrest 488
- drugs *see* medicines
- dry mouth (xerostomia) 353
- oxygen therapy **440**
 patients on CPAP **451**
 problem solving **360**
- dry powder inhalers (DPI) 708, 709, 709
- duodenum 140, 579
- dural puncture, inadvertent **383, 388**
- dura mater 376, 377, 542
- Durogesic *see* fentanyl
- Duthie Report, *The Safe and Secure Handling of Medicines: A Team Approach* (2005) 682, 687–8
- DVT *see* deep vein thrombosis
- dyes, intravenous 626
- dying patients
 care for *see* end-of-life care
 common symptoms and signs 402
 discharge home 42–5, 43–4, 404
 euthanasia and assisted suicide 405
 last will and testament 405
 marriages 405
 next of kin 404
 organ donation preferences 405
 recognition of terminal phase 403
see also death; palliative care
- dysarthria 124–5, 231
 principles of communication 126, **126**
- dyspareunia, stoma patients 198
- dysphagia 231, **277, 277–8**
 at-risk patient groups **278**
 clinical assessment 277
 dietary modification **274**
 oral medications and 698, **702**
 principles of care 277–8
- dysphasia 124, 231
 neurological assessment 661–2, **665**
- dysphonia 125, 126
 principles of communication **126–7**
- dyspnoea 626
 pleural effusions **453**
see also breathlessness
- dyspraxia of speech 125
- dysuria, catheterized patients **161**
- ear
 anatomy 350, 350
 assessment 351
 balance function 350
 drug administration 717–19
 irrigation 351–2, **352**
 mechanism of hearing 99, 99, 350
 piercings 335
 swab sampling 558, 558
- ear care 335, 350–2
- ear drop administration 717–19
[procedure guideline](#) 718–19, 719
- eardrum *see* tympanic membrane
- early warning scoring (EWS) systems 834
see also National Early Warning Score; track and trigger systems
- ear wax (cerumen)
 impaction 350, **350**
 removal (ear irrigation) 351–2, **352**
 softeners 351
 temperature measurement and 637, 638
- eating 272
 assistance with 272, 275–7
 difficulties **277**
 patients on CPAP **450**
 documentation 275, 277
 post-operative patients 854
see also food; meals
- ECG *see* electrocardiogram
- Effentora 371
- Einthoven's triangle 605
- ejaculation 547
- elastic compression stockings, graduated *see* antiembolic stockings
- elastomeric balloon infusion devices 756, 756
- elderly *see* older adults
- electrocardiogram (ECG) 601, 604–10
 3-lead 606, 606
 12-lead 604–10
 electrode sites **605, 605, 605–6, 607**
 equipment 606–7
 Mason–Likar system 606, 606
 problem solving **609–10**
[procedure guideline](#) 608–9
 abnormal tracings 611
 ambulatory 606, 607
 calibration 607, 607
 CPR 499, 500
 CVAD catheter tip position 868, 868
 in dextrocardia 607
 documentation 610
 female patients 607
 filters 607
 heart rate measurement 602
 indications 606
 normal 604, 604–5, 610, 611
 paper 607
 PICC tip positioning 898, 899, 901
 pre-operative 795
- electroejaculation 548
- electrolytes 254
 body fluids 254
 homeostatic mechanisms 254–5
 influencing heart rate 599
 membrane transport 254, **255**
 monitoring, parenteral nutrition **301**
 parenteral nutrition solutions 299
 renal handling 640–1, 641
 serum **257, 795, 811**
- electronic identification systems, for transfusion 312
- electronic palliative care co-ordination systems 404
- electronic prescribing (e-prescribing) systems 677, **677**
- electrosurgery *see* diathermy
- elemental feeds 280
- elimination 133–201
 assessment **14**
 assisting patient with 141–4
[procedure guidelines](#) 142–4
 dying patients 402
 faecal *see* faecal elimination
 moving patients and **220**
 normal 134–44
 urinary *see* urinary elimination
- elixirs 698
- embolism/embolus
 distal, arterial cannulation **924, 925**
see also air embolism; pulmonary embolism; venous thromboembolism

- EMLA cream 879
 emollients 336
 emotional support *see* psychological support
 empathy 102, **107**, **109**
 empirical evidence/knowledge 2
 empyema, pleural 454
 enablement packages, supported discharges 40
 endocervical brush 551–2, 555–6
 endocrine system, assessment 791
 end-of-life care (EoLC) 402–21
 advance care planning 403
 artificial hydration 405
 communication issues 405–6
 definitions 402
 delirium management 122
 discharge home 42–5, 43–4, 404
 discharge to nursing home 404
 legal and ethical issues 404–5
 next of kin 404
 NHS strategy and principles 402
 non-pharmacological support 407
 physical 408
 preferred priorities 403
 principles 406–7
 prognostication 406
 psychosocial 408
 spiritual and religious 408
 staff support 421
 symptom control 407–8, **409**
see also dying patients; palliative care
End of Life Care Strategy (2008) 42, 402, 404, 413
 endogenous infections 57, 86
 endoscope 580
 endoscopic investigations 579–83
 endoscopists, nurse 580
 endotracheal intubation
 CPR 491, 495, 499
 equipment 495, 496
 post-anaesthetic recovery 828
 endotracheal suctioning
 CPR 495, 495
 specimen collection 573, 574, **574**
 via tracheostomy *see* tracheostomy, suctioning
 endotracheal tubes (ETT) 495, 496
 introducers 495, 496
 suction catheters 495, 495
 vacuum-assisted aspirates 573, 574
 enemas 179–83, 181, 706
 contraindications 179–81
 evacuant 181, 182
 indications 179
 problem solving **183**
[procedure guideline](#) 181–3
 retention 181, 182
 energy
 requirements, calculation 268, **269**
 sources, parenteral nutrition 299
 supplements 273–4
 Enhanced Recovery Partnership Programme 796, **797**
 enteral feeding pumps 279
 alarms **295**
 enteral feeding tubes 279
 blocked **289**, 296, **297**
 care 288–93
 checking position 294
 complications 293–4
 cracked/split **299**
 displaced/buried bumper **289**, 293
 drug administration 286, 293, 296–8
 problem solving **297**
[procedure guideline](#) 296–7
 failure **289**
 insertion 280–7
 contraindications 281
 indications 280
 patient preparation 281
 problem solving 284
[procedure guidelines](#) 281–3
 removal 287–8
 unblocking 298–9, **299**
see also nasogastric feeding tubes
 enteral feeds 280
 enteral route of drug administration 697, **697**
 enteral tube feeding 279–99
 administration 294–6
 problem solving **295**
[procedure guideline](#) 294
 administration systems 279–80, **280**
 blood glucose monitoring 648
 bolus **280**
 complications 295–6
 continuous **280**
 definition 279
 equipment 279–80
 home 41–2, 298
 indications 267, 279
 intermittent **280**
 monitoring 295
 nasal care 335
 post-operative 854
 psychosocial impact 281
 rationale 279
 termination 298
 enteric-coated tablets **697**, 698, 699, 700
 enteric precautions **51**
 Entonox (nitrous oxide and oxygen) 371, 391–6
 advantages 392
 cautions 393
 complications 396, **396**
 contraindications 392
 demand apparatus 393–4, 394
 duration and frequency of use 394
 equipment 393, 393
 indications 392
 mechanism of action 391–2
 patient assessment 393
 prescribing 393
 problem solving **395–6**
[procedure guideline](#) 394–5
 environment (healthcare)
 delirium and 122
 at end of life 407
 in respiratory compromise 228
 supporting communication **105**, 105–6
 venepuncture 518
 epidermis 332, 332, 936
 epidural abscess **384**, 388
 epidural analgesia 368, 376–88
 assessing sensory blockade 385, 388
[procedure guideline](#) 381–2
 assessment of pain 387
 bolus injections (top-up) 379
 complications 388
 continuous infusion 379
 discharge planning 388
 volume of infusion 385
 contraindications 379
 drug-related side-effects 381, 385–6, **386–7**
 drugs used 379–80, 381
 equipment 380–1, 755, 755
 indications 378–9
 monitoring **384–5**, 386
 patient-controlled (PCEA) 379
 patient preparation 381
 problem solving **383–5**
[procedure guidelines](#) 381–3
 safety checks 387, **388**
 training/competency 380, **380**
 epidural catheters 380
 bacterial filters 381
 exit site dressings 381
[procedure guideline](#) 382
 migration 388
 removal
 anticoagulated patients 387
[procedure guideline](#) 383
 siting 381, **381**
 epidural haematoma **384**, 388
 epidural pumps 755, 755
 epidural space 376, 377
 epinephrine *see* adrenaline
 epirubicin
 administration 769
 extravasation 767, 771, 775
 Epsil 357
 epithelialization, wound 937
 epithelializing wounds **944**
 e-prescribing systems 677, **677**
 equality 104
 Equality Act 2010 104
 erectile dysfunction 198
 erythrocytes *see* red blood cells
Escherichia coli 52, 82, 510
Essence of Care benchmarks 273
 ethical evidence 2
 ethyl chloride spray 879
 eukaryotes 52
 eupnoea 625
 European Medicines Agency (EMA) 677
 European Union Tissues and Cells Directives (EUTCD) 549
 eustachian tube 350
 euthanasia 405
 evaluating care 18, **19**
 evidence
 grading 3
 hierarchy **3**
 sources 3
 types 2
 evidence-based nursing (EBN) 2–3
 evidence-based practice (EBP) 2–3
 examination *see* physical assessment/examination
 exercise
 assessment **13–14**
 constipation management 179
 pain management 373
 exercise testing, cardiopulmonary 795–6, 796
 exhalation *see* expiration
 exogenous infections 57, 86
 experience, clinical (E) 3
 expert opinion 3
 expiration 227, 619, 619, 620
 expiratory reserve volume (ERV) 622, **623**
 extension sets 751, 751
 external acoustic canal 350, 350
 temperature measurement 637, 638, 638
 external ear 350
 external jugular vein 864, 904
 extracellular fluid (ECF) 254
 extravasation **766**, 767–79
 causes **769**
 consequences 768, 768, 779
 documentation 776, 779, **779**
 flush-out technique 774, 779
[procedure guideline](#) 776–8
 grading scale **779**
 incidence 768
 informing patient 776, 779
 kits 771
 management 771, 771–9
 monitoring for/early recognition 769, **770**
 patients at risk 768, **769**
 prevention **768**, 768–70, **769**
[procedure guidelines](#) 774–8
 signs and symptoms **770**
 exudate, wound *see* wound exudate
 eye(s)
 ageing changes 342

- anatomy and physiology 340–2, 341, 342
 artificial (prosthetic) 344
 insertion, [procedure guideline](#) 347
 removal, [procedure guideline](#) 347
 assessment 343
 inspection 25, 29, 32
 opening, Glasgow Coma Scale 661, **661**, 663
 systemic drug administration 713–14
 topical drug administration 712–16
- eyebrows 341
- eye care 340–9
 during CPAP **451**
 fluids 343
 indications 342–3
 light source 344
 patient position 344
 principles 343
- eye drops
 containers and droppers 713
 instillation 713, 713, 715–16
 storage 682
- eye irrigation 343
[procedure guideline](#) 345–6, 346
- eyelashes 341
- eyelids 341
- eye medications, topical 712–14
 instillation techniques 713, 713
[procedure guideline](#) 715–16
 types 714
- eye ointments
 instillation 713, 713, 715–16
 storage 682
- eye patches 716
- eye protection (goggles) 60, **89**
[procedure guideline](#) 68–9, 69
 source isolation 85
- eye swabbing 343
[procedure guidelines](#) 344–5, 559
- eye swabs 343
- facemasks *see* masks
- face shields 60, **89**
[procedure guideline](#) 68–9, 69
- facial artery, pulse point 599
- facial nerve (VII) **656**
- faecal elimination 139–41
 altered 173–201
 anatomy and physiology 139, 139–41
 assisting normal 141–2
 equipment 141, 141
 [procedure guidelines](#) 142–4
see also defaecation
- faecal incontinence 174–5
 skin care 142
 specimen collection 572
- faecal–oral transmission 57
- faecal (stool) softeners **177**, 178, **178**
- faecal specimens 571–3
 containers 512
 indications 571
[procedure guideline](#) 572
 storage and transportation 572
- faeces (stools) 141
 assessment 140, 173, 177, 571
 collection devices, in diarrhoea 174, 175
 digital removal 187–9
[procedure guideline](#) 188–9
 measuring fluid output 263–4
 patients in isolation 80
 specimen containers 512
see also defaecation
- fainting (syncope)
 acupuncture-associated 376
 cardiac **245**
 during positional changes **220**
 urinary catheterization **158**
 venepuncture-associated 524
- falls 212–13, **220**
- family
 bereavement support 421
 deceased patients 413–14, 415, **419**, 421
 delirious patients 123
 dementia patients 123
 discharge planning and 38
 dying patients 408
 participation in care after death 415, 418
 patients in isolation 84, 86, 87, 88
 as translators/interpreters 104
 viewing the body **420**, 421
see also visitors
- family history 790
- fasting
 pre-operative 804–5, **805**
 prior to gastroscopy 580
- fat
 body 267
 measurement 268
 dietary supplements 274
 emulsions 299
 enteral feeds 280
 parenteral nutrition solutions 299
- fatigue 211
- febrile non-haemolytic transfusion reactions
318, 323
- feeding, assisted 272, 275–7
[procedure guideline](#) 276
see also eating
- feet *see* foot
- female patients
 cervical uterine smear 550–7
 cystoscopy 583
 ECG electrode placement 607
 intermittent self-catheterization, [procedure guideline](#) 157
 midstream specimen of urine 567–8, 642
 pre-operative care 806–7, 812
 respiratory volumes and capacities **623**
 urinary catheterization 150–1, **158**
[procedure guideline](#) 153–4
 urinary catheters 148, 149
 X-ray precautions 585
- female urethra 583
- femoral artery
 bleeding 533
 blood sampling 527
 cannulation 529, 920
 pulse point 599
- femoral nerve block **389**
- femoral vein 863–4, 864, 904
- fentanyl (Durogesic) 370
 buccal tablet 371
 epidural/intrathecal 379, 381
 intravenous 368
 oral transmucosal (OTFC) 371
 transdermal 368, 370, **370**
- fetor 32
- fever 636, 640
see also pyrexia
- fibre, dietary 179
- fibreoptic endoscopic evaluation of swallowing (FEES) 278
- fibrillation, heart 601
- fibrin
 infusion device occlusion **766**
 VAD occlusion 865, 866–7
- fibrinolytic agents *see* thrombolytic agents
- fibroblasts 937, 937
- filters
 bacterial *see* bacterial(-viral) filters
 stoma appliances 191
- finger pricking, blood glucose monitoring 648, 650
- fire hazards, oxygen therapy 435, 436, 440
- first impression 20
- first-pass metabolism 704
- fistulas, catheterized patients **161**
- flagellae 52, 54
- flail chest, traumatic 23
- flaps, surgical 961, 962
 observation chart 962
- flare reaction 767, **770**
- flashback (of blood)
 arterial cannulation 922
 CVC insertion 907, **908**
 peripheral venous cannulation 878, 882, 884, **885**
- flatus (wind), stoma patients 198
- floor cleaning, source isolation rooms 83
- flossing, dental 355, 358, 359
- flowmeters, oxygen 436, 439
- Flowtron machine/boots 800, 801, 822, 822
- fluid(s)
 compartments 254
 composition of body 254
 gastrointestinal tract 267
 requirements, calculation 269, **269**
see also body fluids; infusion fluids; water
- fluid administration sets 750, 750–1
- fluid balance 254–66
 abnormalities 265–6
 assessment 256, **257**, 258
 chart 260
 charting 256–66
 acute kidney injury 266
 bladder irrigation 162, 164, 165, 165
 indications 259
 nephrostomy tubes 167
 problem solving **265**
 [procedure guidelines](#) 259–64
 physiology 254–6
 post-operative management **835**, 835–6
- fluid deficit *see* dehydration
- fluid intake (input)
 constipation 179
 monitoring/measuring 259
 problem solving **265**
 [procedure guideline](#) 259–60
 pre-operative 805, **805**
 routes and sources **256**
 stoma patients 198
- fluid output (losses)
 insensible **265**
 monitoring/measuring 259, 261–5
 bowels 263–4
 catheterized patients 261
 gastric outlets, nasogastric tubes, gastrostomy 263
 non-catheterized patients 261–2
 problem solving **265**
 [procedure guidelines](#) 261–4
 stoma sites 264
 surgical drains 262, 838
 routes **256**
 third space 265–6
- fluid (circulatory) overload 265
 bladder irrigation 162, **164**
 intravenous infusions 779–80, **780**
 parenteral nutrition 300
 post-operative **831**
 signs and symptoms **257**, 265, **780**
 transfusion-associated 304, 323
see also overinfusion
- fluid replacement
 colloids vs crystalloids 259
 diarrhoea 174
 excessive *see* fluid overload
 hypovolaemia 488
 infusion devices **759**
 NICE algorithm 258, 259
 post-operative 835–6
 subcutaneous infusion 733, 734–6
see also intravenous fluids; intravenous infusions
- flumazenil **694**, 697

- fluoride 356
 flushing
 CIVADs *see under* central venous access devices
 CVCs 905, 907
 enteral feeding tubes 294, 296, 297, 298
 implanted ports 916, 917, 918, 918
 peripheral cannulas 882, 884, 886
 difficulties **886**
 PICCs 901
 VADs *see under* vascular access devices
 flush-out technique, extravasation injury 774, 779
 procedure guideline 776–8
 foam sticks, oral care 354, 355, **360**
 foam wound dressings **940**
 Foley (balloon) catheters 147, **147**, 147
 balloon deflation problems **161**
 balloon filling 147
 balloon size 147
 see also urinary catheterization
 food
 benchmarks **273**
 charts 268, 275, 277
 digestion and absorption 266–7
 disguising medication in 698–9
 drug interactions 685–6
 hygiene 58, 86, 87
 ingestion 266
 oral medication and **697**
 provision in hospital setting 272–3, **273**, **274**
 stoma patients 198
 see also diet; meals; nutrition
 foot
 care 334–5
 diabetic 334–5
 examination 27
 splints/orthoses 233, 234
 venous access 514
 foot ulcers, diabetic 334, 335, **335**
 footwear
 preventing sharps injuries **89**
 supportive 219
 surgical team 817
 forced expired volume in 1 second (FEV₁) 630
 forced vital capacity (FVC) 630
 fractures, moving and positioning patients with 211
 frail patients, discharge 42
 Francis Report (2013) 103, 854, **855**
 Free Church, care after death **410**
 fremitus, tactile 24, 24, 26
 FreshAire 191, **193**
 fresh frozen plasma (FFP) **308**
 administration, *procedure guideline* 317
 solvent detergent treated (SD-FFP) **309**
 frontal lobe 652, 654
 frontotemporal dementia 123
 full blood count (FBC) 534, **534**, **794**, **810**
 Functional Health Patterns, Gordon's 10, 11, **11**, **12**
 functional residual capacity (FRC) 622, **623**
 benefits of CPAP 447
 funereal arrangements 404
 funeral directors **420**
 fungaemia 535–6
 fungal infections 54–5
 feet 334
 oral 357
 skin scrapings 562
 fungi 54–5, 510–11
 funnel chest 23
 Fybogel **178**

 gag reflex 658, 664
 gargling medication **697**
 gas and air *see* Entonox
 gaseous exchange 432–3, 433, 622
 gastric distension, during CPR 502
 gastric outlets, measuring fluid output 263
 gastrocolic reflex 141
 gastroenteritis 173
 gastrointestinal assessment **14**, 790
 gastrointestinal (GI) disorders
 dysphagia **278**
 pleural effusions **454**
 gastrointestinal (GI) endoscopy 579–82
 gastrointestinal infections 173
 faecal sampling 571–3
 infection control precautions **51**
 modes of transmission 57
 symptoms 57
 gastrointestinal (GI) tract
 anatomy and physiology 30, 30, 139, 139–41
 lower 579, 581
 passage of food 266–7
 perforation, iatrogenic 581, 582
 post-operative function 853–4
 gastro-resistant capsules 698
 gastroscopy 579, 579–81
 complications 581
 indications 580
 gastrostomy 279, 288–94
 accidental tube removal 294
 balloon, checking volume, *procedure guideline* 291–2
 buttons 279
 complications 293–4
 measuring fluid output 263
 post-operative care 293
 tube care 288–93
 problem solving **289**
 procedure guidelines 288–91
 see also percutaneous endoscopically placed gastrostomy (PEG) tubes; radiologically inserted gastrostomy (RIG) tubes
 gauges, needle 720, 878
 GCS *see* Glasgow Coma Scale
 GelClair 357
 Gel-X capsules **193**
 general anaesthesia *see* anaesthesia
 generalized anxiety disorder 115
 general practitioner (GP), end-of-life care 42, 404
 general sales list (GSL) medicines 677
 gene therapy, specimens 513
 genitourinary assessment **14**
 genitourinary tract 139
 gentamicin 540
 gingivitis 353
 Glasgow Coma Scale (GCS) 659–62, 660
 post-CPR 500
 prior to lumbar puncture 544
 problem solving **665**
 procedure guideline 663
 scoring **661**, 661–2
 glasses *see* spectacles
 glaucoma 341, **343**
 globe (of eye) 341
 glomerular filtration 640
 glomerular filtration rate (GFR) 644
 glossopharyngeal nerve (IX) **656**
 gloves, disposable 60
 dispensers 60
 disposal of used 64, 65, 72, 74
 intravenous drug administration 749
 latex 60, 807
 non-sterile 60
 aseptic technique 78, 79
 procedure guideline 64–5, 64–5
 operating theatre staff 820
 source isolation 85
 sterile 60
 aseptic technique 79
 procedure guidelines 71–7
 venepuncture 516
 gloving, double 820
 glucagon 646
 glucose
 administration, in hypoglycaemia 647
 parenteral nutrition solutions 299
 in urine 643, 647
 glucose, blood 646–52
 diagnosis of diabetes 646, 648
 monitoring 647–52
 conditions affecting accuracy 648
 equipment 649
 general principles 648
 indications 648
 methods 648
 parenteral nutrition **301**, 648
 problem solving **652**
 procedure guideline 649–51, 651
 self- (SMBG) 648
 training and quality control 648–9
 normal target ranges 646, **646**
 regulation 646
 see also hyperglycaemia; hypoglycaemia
 glucose meters, blood 649
 glucose polymers 273
 glutamine 280
 gluteus muscle injections 740, 740, 741
 glycerine and lemon swabs, dry mouth 356
 glycerol (glycerine) suppositories 178, 184
 glyceryl trinitrate (GTN)
 to aid venous access 516, 877
 autonomic dysreflexia **244**
 transdermal delivery 704
 glycopeptide antibiotics 540
 glycosylated haemoglobin (HbA_{1c}) **794**
 goggles *see* eye protection
 Gordon's Functional Health Patterns 10, 11, **11**, **12**
 governance, clinical *see* clinical governance
 gowns 60
 donning, *procedure guideline* 73–7
 operating theatre staff 820
 surgical patients 806
 graduated elastic compression stockings *see* antiembolic stockings
 graft-versus-host disease (GVHD), transfusion-associated (TA-GVHD) 319–20
 Gram-negative bacteria 52, 53, 510
 Gram-positive bacteria 52, 53, 510
 Gram staining 510
 granulating wounds **944**
 granulation tissue 937
 granulocyte macrophage-colony stimulating factor (GM-CSF) 773
 grapefruit juice **685**
 Graseby syringe drivers 734
 gravity drip rate controllers 753
 gravity infusion devices 752–3
 advantages and disadvantages 753
 factors affecting flow rates 752–3
 flow rate calculations 752
 groin swabs 562
 Groshong catheter 912, 912
 growth hormones **691**
 Guedel airway 494, 494–5
 guidelines, clinical 3
 gum elastic bougie 495

 haematocrit **794**
 haematology blood tests 534, **534**
 pre-operative **794**, 808, **810**
 haematomas
 arterial puncture-related 533
 epidural **384**, 388
 peripheral cannulation-related 889–90
 surgical site **852**
 venepuncture-related 524
 haematopoietic stem cell transplantation 303
 haemodilution, acute normovolaemic (ANH) 306

- haemodynamic instability, post-operative 834–5
 haemoglobin (Hb)
 concentration 304, **534, 794, 810**
 glycosylated (HbA1c) **794**
 malnourished patients 268
 oxygen transport 433, 433, 622
 haemolytic disease of the fetus and newborn (HDFN) 302
 haemolytic transfusion reactions
 acute 322
 delayed 323
 haemopneumothorax 454
 haemorrhage *see* bleeding/haemorrhage
 haemostasis, wound 936, 937
 haemothorax 454
 haemovigilance 310
 hair care 334
 hairdryers 334
 hair removal
 surgical site 806, **806**
 VAD site 880–1
 before wound suture 956
 hair washing, bed-bound patient 334
 procedure guideline 339–40
 hand(s)
 assessing arterial supply 920, 921
 cuts and abrasions 61, 70
 drying 70
 ischaemia, arterial cannulation 925
 venous access 514, 515, 863, 876
 hand-held devices, monitoring vital signs 596
 hand hygiene
 aseptic technique 78, 79, 80
 assessment of compliance 60
 equipment 59
 immunocompromised patients 86
 procedure guidelines 61–3
 protective isolation 88
 source isolation 85
 see also hand washing; surgical scrub
 handrubs 59
 dispensers 59
 procedure guideline 63, 63
 hand washing
 areas commonly missed 62
 equipment and facilities 59
 procedure guideline 61–2, 62
 see also surgical scrub
 HCAI *see* healthcare-associated infections
 headache, post-dural puncture **383, 388, 547**
 head and neck cancer, dysphagia **278**
 head lice 334
 head lymph nodes, examination 23, 25
 head tilt/chin lift manoeuvre 490, 490, 499
 healing, wound *see* wound healing
 health and safety, occupational
 angry patients **120, 121**
 bloodborne viruses 88
 operating theatre 823
 specimen handling 512–13
 venepuncture 516
 see also inoculation injuries; personal protective equipment
 Health and Safety at Work, etc. Act 1974 58
 Health and Safety at Work Regulations 119
 Health and Safety Executive (HSE) 415
 Health and Social Care Act 2008 58
 Health and Social Care Information Centre 105
 healthcare assistants (HCA) **18, 333**
 healthcare-associated infections (HCAI)
 defined **50**
 legislation and regulation 58
 patient education 60–1
 prevalence 52
 prevention *see* infection prevention and control
 urinary tract 566
 health management, assessment **16**
 health perception, assessment **16**
 hearing
 listening vs 100
 mechanism 99, 99, 350
 testing **351, 664**
 hearing aids 127
 cleaning 338, 351
 surgical patients 813
 hearing impairment 104, 127–8, 350–1
 heart 484–7
 anatomy 26, 27, 484–7
 conduction system 487, 601, 604
 electrical activity 604, 604–5
 heart murmurs
 auscultation 28, 29
 palpation 27
 heart rate (HR) 598–600
 factors affecting 599, 600
 fluid imbalances **257**
 methods of measuring 602
 normal ranges **599**
 see also pulse(s)
 heart rhythm 600–1
 see also arrhythmias
 heart sounds 28, 29
 heat, gains and losses 634
 heat and moisture exchanger (HME) 442, 442
 tracheostomy patients 474
 heat therapies
 aiding venous access 516, 518, 520, 877
 for extravasation 774, 775
 pain management 373
 heaves, chest 27
 height measurement 272
 adults 269
 equipment 269
 problem solving **272**
 procedure guideline 269–70, 271
 sick children 268
 helminths 55
 hemi-aesthesia 231
 hemiparesis 231
 HEPA (high-efficiency particulate air) filters 86
 heparin
 epidural/intrathecal catheter removal 387
 flushing implanted ports 916
 ‘lock’ 866
 low molecular weight (LMWH) 387
 maintaining VAD patency 866, 869
 hepatitis B, transfusion-related 320
 hepatitis C, transfusion-related 320
 herbal medicines 680, 685
 herpes zoster 82
 Hickman lines *see* skin-tunnelled catheters
 high dependency unit (HDU), CPAP 448, 452
 high-efficiency particulate air (HEPA) filters 86
 high-flow oxygen therapy (HFOT) 444, 444–6
High Quality Care for All (Darzi 2008) 110
 Hindu Council UK 421
 Hindus
 care after death **411**
 washing and personal hygiene **336**
 hirudoid 890
 histamine 936
 histology 511
 history taking, pre-operative 790–1
 HIV *see* human immunodeficiency virus
 HLA (human leucocyte antigens) 303
 Hollister barrier rings **193**
 home
 assessment **16, 42**
 end-of-life care 42–5, 43–4, 404
 enteral feeding 41–2, 298
 oxygen therapy 437–8, 440
 parenteral nutrition 300
 specialist ongoing care at 41–2
 suitability for discharge to 42
 see also discharge
 Home Oxygen Order forms **35, 41**
 honesty **111**
 honey **940**
 hospital-acquired infections *see* healthcare-associated infections
 Hospital Chaplaincies Council **410, 421**
 hospital readmission rates 39
 host, susceptible **56**
 hot packs *see* heat therapies
 housing, suitability for discharge 42
 5-HT3 antagonists **136**
 5-HT4 receptor agonists **178, 179**
 Human Fertilisation and Embryology Acts 548–9
 Human Fertilisation and Embryology Authority (HFEA) 548, 549, 587
 human immunodeficiency virus (HIV) 88, 89
 post-exposure prophylaxis **89**
 transmission in blood products 320
 human leucocyte antigens (HLA) 303
 human papillomavirus (HPV) testing 551
 human T cell leukaemia/lymphoma virus type 1 (HTLV-1) 320
 humidification 230, 441–4
 complications 444
 CPAP 448
 equipment 442, 442
 oxygen therapy 440
 problem solving **443**
 procedure guideline 443
 rationale 441
 tracheostomy/laryngectomy patients 474
 humidifiers 442
 aerosol 442
 blockage **443**
 cold water bubble 442, 442
 water chamber 438, 442, 448
 humidity 441
 humour, using 372
 hyaluronidase
 extravasation injuries 771, 771, 775, 777
 subcutaneous infusions 733, 734
 hydration
 artificial, at end of life 405
 assessment **14–15, 333**
 see also fluid intake
 hydrocolloid wound dressings **940**
 hydrocortisone cream 771, 775
 hydrofibre wound dressings **940**
 Hydroframe **193**
 hydrogel-coated catheters 148–9
 hydrogel wound dressings **940**
 hydromorphone 371
 hydrostatic pressure 254
 hygiene
 bedbathing *see* bedbathing
 food 58, 86, 87
 personal *see* personal hygiene
 see also cleaning
 Hygiene Code of Practice (2010) 58, **59**
 hyperalgesia 361
 hyperbaric respiratory therapy 447
 hypercalcaemia **535, 811**
 hypercapnia 434, 441, 622–3
 hyperglycaemia 646–7, 647
 parenteral nutrition 302, 647
 hypergranulation, gastrostomy/jejunostomy stoma site 293
 hyperkalaemia 488, **535, 811**
 transfusion-associated 323
 hyperlipidaemia, blood glucose monitoring and 648
 hypernatraemia **535, 811**
 hyperpyrexia **636**
 hypertension 611–12
 autonomic dysreflexia **244, 245**
 management 618
 post-operative **831–2**

- hypertension (*continued*)
 primary 611
 secondary 611
- hyperthermia 636, **636**, 640
 post-operative **832**
see also pyrexia
- hyperthyroidism 636
- hypertonia 232
- hypertonic contraction 780, **780**
- hyperventilation 115, 626
 central neurogenic **658**
- hypervolaemia 265
see also fluid overload
- hyphae, fungal 54
- hypocalcaemia **535**, **811**
- hypodermis 936
- hypodermoclysis (subcutaneous fluid administration) 733
 procedure guideline 734–6
- hypoglossal nerve (XII) **656**
- hypoglycaemia 302, 647
- hypokalaemia 488, **535**, **811**
- hyponatraemia **535**, **811**
- hypophosphataemia 302
- hypotension 611
 epidural/intrathecal analgesia-related **384**,
 385, **386**
 management 618
 orthostatic *see* orthostatic hypotension
 post-operative **831**, 834–5
- hypothalamus, thermoregulation 634
- hypothermia 634–6
 cardiopulmonary arrest 488
 management 640
 transfusion-associated 323
 unplanned perioperative 635–6, 829, **832**
- hypothyroidism 636
- hypotonic contraction 780, **780**
- hypoverilation 626, **831**
- hypovolaemia 221, 265–6
 arterial cannulation-related 925
 cardiopulmonary arrest 487–8
 fluid therapy algorithm 258
 post-operative **831**
see also blood loss; dehydration
- hypovolaemic shock
 post-operative 834–5
 pulse monitoring 602
- hypoxia 432, 622
 anaemic 622
 cardiopulmonary arrest 487
 histotoxic 622
 hypoxaemic 622
 ischaemic 622
 spinal cord compression/injuries **245**
 tracheal suctioning 479
- hypoxic drive 441, **831**
- IBCT error *see* incorrect blood component transfused error
- ibuprofen 369
- idarubicin, extravasation 771, 775
- identification, patient
 administration of medicines 683–4
 after death 418
 blood transfusions 312, **317–18**
 surgery 799, **800**, 813
- ileal conduit 171, 190
 post-operative function 197–8
 urine sampling from 569–70
see also urinary diversion; urostomy
- ileostomy 190
 dietary restrictions 198
 permanent (end) 190, 190
 post-operative function 197
 pouches 191, 192, **197**
 temporary (loop) 190
see also stoma(s)
- ileostomy and internal pouch support group 199
- ileum 140
- ileus, paralytic 175–6, 853–4
- illness memoirs 112
- imaging *see* radiological investigations
- immobility
 complications 209–10, 221
 post-operative patients 854–5
 unconscious patients 221
see also moving and positioning
- immune-modulating enteral feeds 280
- immune modulation, transfusion-related 321
- immunocompromised patients
 blood transfusion 319–20
 diet 86
 discharge advice 86–7
 fungal infections 55
 intramuscular injections 741
 protective isolation 81, 86–8
 scabies 55
 temperature monitoring 636–7
 wound infections 941
- implanted devices
 deceased patients 414
 magnetic resonance imaging and 586
- implanted ports **862**, 915, 915–18
 accessing 915–18
 problem solving **918**
 procedure guideline 916–18, 918
 complications 918
 flushing 866, 916, 917, 918, 918
 indications 915
 insertion methods 915
 non-coring needles 916, 916
 ongoing care 918
 removal 918
 types and designs 916, 916
 urokinase instillation **874**
- inattention, sensory/motor **235**
- incidents
 medication 687
 reporting 687
- incongruence 100
- incontinence
 falls risk 212
 skin care 142, 333
see also faecal incontinence; urinary incontinence
- incontinence-associated dermatitis (IAD) 142
- incorrect blood component transfused (IBCT)
 error 319, 321, 322
 prevention 312, 316, 322
- Independent Mental Capacity Advocacy Service 34, 123
- independent prescribing 679, 680
- indirect contact, transmission via 57
- induction anaesthetics 814
- infection(s) 52–7
 abdominal paracentesis-related 401
 arterial cannulas 924–5
 bloodborne *see* bloodborne infections
 causes 52–6
 chain of 56, **56**, 56
 continuous peripheral nerve blocks **392**
 CPR-related risks 491, 492, 502
 CVAD-related *see* central venous access device (CVAD)-related infections
 endogenous 57, 86
 exogenous 57, 86
 gastrostomy/jejunostomy site 293
 healthcare-associated *see* healthcare-associated infections
 indicators and effects 57
 lumbar puncture-related 547
 lumbar puncture site 543
- mechanisms 56
 modes of transmission 57
 notifiable 415
 pulse monitoring 602
 pyrexia 636
 source isolation *see* source isolation
 sources 57
 symptoms 57
 temperature monitoring 637
 tracheostomy patients **484**
 transfusion-transmitted 320–1
 venepuncture site 524
 wound *see* wound infections
see also sepsis
- infection prevention and control 49–92
 aseptic technique 78–80
 assessment and recording tools 60
 blood components for transfusion 304–6
 competencies 58
 contraindications 58
 CPR 491
 deceased patients 414, 415
 definitions 50, **50–1**
 diarrhoea 173
 equipment 58–60
 evidence-based approaches 57–8
 high-impact interventions 60
 indications 58
 inoculation injuries 88–9
 intravenous drug administration 748
 legislation and regulation 58, **59**
 operating theatre 816–17, 819–20
 patient education 60–1
 procedure guidelines 61–77, 78–80, 83–6,
 87–8, 92
 protective isolation 86–8
 rationale 57–8
 source isolation 80–6
 specimen handling 512–13
 tracheal suctioning 476–7
 vascular access devices 864–5
 waste management 89–92
- infection prevention and control team (IPCT) 58
- infectious agents 52–6, **56**
 defined **50**
 identification 510–11
 mechanisms of infection 56
 modes of transmission 57
see also bacteria; fungi; parasites; prions; viruses
- infectious diseases
 deceased patients with 415
 isolation of patients with *see* source isolation
 pleural effusions **454**
see also specific diseases
- inferior vena cava (IVC) 864
- infertility, male factor 548
- Infertility Network UK 587
- infiltration (drugs/solutions into tissues) **766**,
 767
 management 774
 prevention 768–9
- inflammation, wound **938**, 941
- inflammatory phase, wound healing 936–7,
 937
- influenza, pandemic 85
- information
 assessing ability to comprehend **13**
 confidentiality 103
 giving 110–13
 at end of life 406
 pre-operative 797–8, **798**
 principles 111, **111–12**
see also communication; patient education
 sharing

- discharge planning 38
- sources 112
- written, producing 112
- infraclavicular block **389**
- infusion(s) 719–67
 - defined 719
 - parenteral 722
 - routes **719**, 728
 - see also* intravenous infusions; subcutaneous infusions
- infusion containers/bags
 - changing 748, 758–9
 - height 752
- infusion devices 752–6
 - ambulatory 755–6
 - blood transfusion 311
 - gravity 752–3
 - improving safety 750
 - MHRA classification 757, **759**
 - occlusion by fibrin **766**
 - paediatric patients 757
 - problem solving **766–7**
 - selection criteria **750**, 756–7, 760
 - specialist 755–6
 - subcutaneous infusions 734
 - user errors and safe use **749**, 749–50
 - winged *see* winged infusion devices
 - see also* infusion pumps
- infusion fluids
 - effects on flow rate 752
 - visual inspection 748, 758
 - see also* intravenous fluids
- infusion pumps 753–5
 - accuracy of delivery 753
 - air-in-line detectors 753, **766**
 - antisiphonage 753
 - discharge home with 42
 - epidural analgesia 755, 755
 - improving safety 750
 - MHRA categories 757, **759**
 - occlusion response and pressure 753
 - parenteral nutrition 300
 - problem solving **766–7**
 - safety software 753–4
 - specialist 755–6
 - syringe *see* syringe pumps
 - user errors and safe use 749–50
 - volumetric 754, 754
- inhalation *see* inspiration
- inhalational anaesthetics 814, 820
- inhalational analgesia *see* Entonox
- inhalation route of drug administration
 - 708–12
 - complications 712
 - equipment 708–9
 - methods of aerosol production 708
 - patient education 709–10
 - [procedure guidelines](#) 710–12
- inhalers
 - difficulties in using 709
 - [procedure guideline](#) 710–11
 - types 708, 708–9, 709
- injection caps, needle-free 751, 751–2
- injection pens 720
- injections 719–67
 - administration, [procedure guideline](#) 727–8
 - defined 719
 - equipment 719–21
 - intra-arterial 728
 - intra-articular 728
 - intradermal 729–31
 - intramuscular *see* intramuscular injections
 - intrathecal *see* intrathecal drug administration
 - intravenous *see* intravenous injections
 - medication preparation 721–2
 - calculations 722
 - [procedure guidelines](#) 722–8
 - multidose preparations 722, 724–6
 - reducing pain of 722, **722**
 - routes **719**, 728
 - single-dose preparations 722, 723–4
 - subcutaneous 731–3
- inner ear 350, 350
- innominate (brachiocephalic) veins 863, 863
- inoculation injuries 57, 88–9
 - complications 89
 - management **89**
 - prevention **89**, 749
 - safety needles for preventing 721, 721
 - during venepuncture 516, **523**
- INR *see* International Normalized Ratio
- insects
 - infestations 55
 - vector transmission 57
- inspection, visual 20
 - abdomen 31, 32–3
 - cardiovascular examination 26–7, 29
 - pressure areas 952
 - respiratory examination 22, 25
 - VAD insertion sites 864
 - veins 515
- inspiration 227, 228, 619, 619, 620
- inspiratory capacity (IC) 622, **623**
- inspiratory reserve volume (IRV) 622, **623**
- Institute for Healthcare Improvement 781
- insulin
 - continuous subcutaneous infusion 733
 - deficiency 646, 647
 - glucose regulation 646
 - intensive treatment 648
 - subcutaneous injection 731, 733
 - syringes 720
- integrity, personal 970
- Intensive Care Society (ICS)
 - tracheostomy guidelines 471, 481
 - transferring critically ill patients 502
- intercostal muscles 619, 620
- intercostal nerves 655
- interdental cleaning 355, 355, 358, 359
- intermediate care 40
- intermittent pneumatic compression devices
 - 800, 819
 - intraoperative use 820, 822, 822
- intermittent self-catheterization (ISC) 155–7
 - continent urinary stoma 171, 171–2
 - [procedure guideline](#) 172
 - equipment 155–6
 - indications 155
 - [procedure guidelines](#) 156–7
- internal jugular vein 27, 27, 863, 864
 - catheterization 904
 - [procedure guideline](#) 906–7
 - ultrasound localization 894
- International Association for the Study of Pain (IASP) 360, 362
- International Liaison Committee on Resuscitation (ILCOR) 489
- International Normalized Ratio (INR) **534**, **810**
- internet blogs 112
- interpreters 104
- interscalene block **389**
- interstitial space 254
- interviews, assessment 11
- intestinal failure 300
- intestinal obstruction *see* bowel obstruction
- intoxications, cardiopulmonary arrest 488
- intra-arterial drug administration 728
 - accidental 925
- intra-articular drug administration 728
- intracellular fluid (ICF) 254
- intracranial pressure (ICP), raised
 - risks of lumbar puncture 543, **546**, 547
 - tracheal suctioning 479
 - vital signs 659
- intracytoplasmic sperm injection (ICSI) 549
- intradermal injections 729–31
 - needle size 720, 729
 - [procedure guideline](#) 729–31, 731
- intramuscular (IM) injections 739–42
 - needles 720–1, 741
 - opioid analgesics 368
 - [procedure guideline](#) 741–2
 - sites 739–41, 740
 - technique 741
 - volume 739–40
 - Z-track technique 741
- intraoperative care 813–33
 - anaesthesia 813–16
 - defined 813–14
 - infection control and asepsis 816–17, 819–20
 - moving and positioning 817–19, 819, 820
 - objectives 814
 - operating theatre 816–26
 - post-anaesthetic care unit 826–33
 - Surgical Safety Checklist 814, **815**, 816
- intraoperative cell salvage (ICS) 306
- intraosseous drug administration 743–7
 - complications 747
 - needle insertion, [procedure guideline](#) 743–6, 745
 - needle removal, [procedure guideline](#) 746
 - needle selection 743, **743**, 745
- intraoperative drug administration, ascites 398
- intrapleural drains *see* chest drains
- intrapleural pressure 453, 619, 619
- intra-thecal analgesia 376–88
 - assessing sensory blockade 385, 388
 - [procedure guideline](#) 381–2
 - bolus injections (top-up) 379
 - complications 388
 - continuous infusion 379, 388
 - contraindications 379
 - drug-related side-effects 381, 385–6, **386–7**
 - drugs used 379–80, 381
 - equipment 380–1
 - indications 378–9
 - monitoring **384–5**, 386
 - patient preparation 381
 - problem solving **383–5**
 - [procedure guidelines](#) 381–3
 - safety checks 387, **388**
 - training/competency 380
- intrathecal catheters 380
 - bacterial filters *see* bacterial filters, epidural/intrathecal
 - exit site dressings 381
 - [procedure guideline](#) 382
 - granuloma **385**
 - removal
 - anticoagulated patients 387
 - [procedure guideline](#) 383
 - siting 381, **381**
- intrathecal central nerve blocks *see* spinal blocks
- intrathecal drug administration 543, 728–9
 - chronic pain 378, 388
 - indications 728
 - safety 544, 728–9, **729**
- intrathecal (subarachnoid) space 376, 377, 377
- intravascular space 254
- intravenous access *see* venous access
- intravenous bolus injections 748
 - extravasation management 773–4
 - [procedure guideline](#) 763–5
- intravenous cannulation *see under* peripheral cannulas
- intravenous drug administration 747–81
 - asepsis/prevention of infection 748
 - complications 767–81
 - drug compatibilities 748

- intravenous drug administration (*continued*)
 equipment 750–6
 errors 749
 methods 747–8
 nurse's responsibilities 747
 pain management 368
 with parenteral nutrition 300
 patient comfort 749
 problem solving **765–7**
 procedure guidelines 757–9, 760–5
 safe practice 748–9, **749**
 see also intravenous infusions; intravenous injections
- intravenous fluids
 administration sets 750, 750
 colloids vs crystalloids 259
 flow rates and factors influencing 752–3
 infusion devices 752–4
 osmolality 256
 post-operative 836
 reducing risk of infection 748
 visual inspection 748, 758
 see also fluid replacement; infusion fluids
- intravenous infusions 747–81
 blood pressure measurement and 616
 competencies 868, **868**
 complications 767–81
 continuous 747
 changing administration sets 748
 flow rate calculations 752
 to keep vein open (KVO) 866
 pain management 368
 procedure guideline 757–9
 drug compatibilities 748
 drug injections into 748
 equipment 750–6
 errors and safe practice **749**, 749–50
 flow control complications 749–50, **750**
 groups at risk **749**
 flow rates
 calculations 752
 factors affecting 752–3
 slowing/stopping **765–6**
 intermittent 747
 changing administration sets 748
 flow rate calculations 752
 procedure guideline 760–2
 maintaining VAD patency 865–6
 monitoring 767
 opioid analgesics 368
 post-anaesthesia care 830
 problem solving **765–7**
 reducing risk of infection 748
 vesicant drug administration 769
- intravenous injections 747–67
 complications 767–81
 direct intermittent 747–8
 procedure guideline 763–5
- intravenous push 748
 procedure guideline 763–5
- intraventricular drug administration 728, 728
- introducers 495, 496
- investigations see diagnostic tests
- iron overload 323
- irritant contact dermatitis, latex allergy **808**
- irritation, surgical drain exit site **849**
- ischaemia, arterial catheter-related 925
- Islam
 care after death **411**
 washing and personal hygiene **336**
- Isogel 177
- isolation **51**
 see also protective isolation; source isolation
- isothermic point 441
- isotonic fluid expansion 779–80, **780**
 see also fluid overload
- ispaghula husk 177–8
- Jackson silver tracheostomy tube 471–2, 472
- Jainism 421
- jargon 104, **111**, 112
- jaw thrust 493
- Jehovah's Witnesses 421
 blood transfusion 310–11
 care after death **412**
- jejunostomy 279, 288–94
 accidental tube removal 294
 complications 293–4
 post-operative care 293
 tube care 288, 293
 procedure guideline 292
- jejunum 140
- jewellery
 deceased patients 418
 hand hygiene and 61, 69
 removal for X-rays 586
 surgical patients 812
- joints 208, 209
 protection, neurological patients 231–2
 restricted range of movement 211, 232
 surgical replacement **78**
 trauma, moving unconscious patients **224**
- Judaism, care after death **412**
- jugular venous pressure (JVP), measurement 27, 27, 29
- Kapitex Tracheotwist fenestrated tracheostomy tube 471, 471
- keep vein open (KVO) 866
 alerts **766**
- kidneys 138–9
 blood pressure regulation 613
 fluid balance regulation 254–5
 physical examination 33
 urine formation 640–1, 641
- knee-jerk reflex 664
- knee joint 209
- knowledge
 propositional and non-propositional 3
Knowledge and Skills Framework, communication 105, **105**
- Korotkoff sounds 614, **614**, 614
 auscultatory gap 614, **614**, **617**
 in children 613
 inaudible or weak **618**
- Kussmaul breathing 626
- kyphoscoliosis, thoracic 23
- labelling
 blood pack 315
 blood samples for grouping 311, 314
 semen specimens 549
 specimens 513–14
- laboratory specimen collection see specimen collection
- laboratory tests, pre-operative **794–5**
- labour, epidural analgesia 379
- lacrimal apparatus 341, 342
- lactation, Entonox use 392
- lactulose 178, **178**
- lancets 649
- language
 anatomy and physiology 125
 disorders 124
 technical 104, **111**
 written information 112
- language barriers/difficulties 104
 blood transfusion **318**
 neurological assessment 662, **665**
- laparoscopic surgery 817, 817
 equipment 823, 823–4, 824
- large intestine 139, 141
- laryngeal mask airway (LMA) 495, 495
- laryngeal spasm, post-operative **831**
- laryngectomy 467–84
 defined 467
 dysphagia **278**
 emergencies 484, 486
 equipment 469, 473
 humidification 474
 stoma 468
 stoma button 473, 474
 tubes 471, 473, 474
 see also tracheostomy
- laryngectomy box 469
- laryngoscope 495, 496
 light not working **501**
- larynx 467, 468
- Lasting Power of Attorney 122
- last offices see death, care after
- lateral position, surgical patients 825
- lateral surface transfer, unstable spinal cord compression 236
- latex 807
 allergy 749, **808**
 pre-operative actions 807–8, **808**
 risk factors 807–8
 gloves 60, 807
 urinary catheters 148
- laundry see linen/laundry
- laxatives **177**, 177–9, **178**
 abuse 177
 bulking agents **177**, 177–8, **178**
 opioid-treated patients 369
 osmotic agents **177**, 178, **178**
 stimulant **177**, **178**, 178–9
 stool softeners **177**, 178, **178**
- laying out 413
 see also death, care after
- L-dopa **644**
- lean body mass 267
- learning disabilities
 communication issues 104
 discharge planning 34
 hearing problems 350–1
 information giving 112
 pain assessment 364, 365
- Leeds Assessment of Neuropathic Symptoms and Signs (LANSS) 365
- left ventricular movements, palpation 27
- leg see lower limb
- lemon and glycerine swabs, dry mouth 356
- leucoagglutination 321
- leucocyte esterase reagent strips 644
- leucocytes see white blood cells
- leucopheresis 306
- levomepromazine **136**, 739
- Lewy body dementia 123
- lice 55, 334
- lidocaine 150–1, 879–80
- lifts, chest 27
- ligaments 208, 209
- lighting
 eye care 344
 operating theatre 823, 823
 pulse oximetry and 626
- light microscopy see microscopy
- limbs
 assessment, neurological 657–8, 663–4
 elevation, extravasation injuries 774
 positioning
 during surgery 819, 819
 unconscious patients 223, 223
 see also lower limb; upper limb
- Limone 191, **193**
- linctuses 698
- linear model of communication 99
- linen/laundry
 foul, infected or infested 91
 procedure guideline 92
 infected patients 82–3
 soiled, management 91–2
- lipidaemia, in diabetes 646, 647

- lips 352, 352
- liquid-based cytology (LBC), cervical smears 551, 554–5
- liquid medications
 - for injection 721
 - preparation, [procedure guideline](#) 722–3
 - oral administration **697**, 698, 700
- liquid paraffin 178, **178**
- listening 100, **100**, **107**
- lithotomy position 819, 819
- liver 583–4
 - dysfunction, parenteral nutrition 300–2
 - examination 31–2, 33
- liver biopsy 583–5
 - complications 585
 - equipment 584, 584
 - methods 584
- liver function tests **301**, 534, **795**
- Liverpool Care Pathway (LCP) 406
- Lloyd Davies position 819, 819
- local anaesthesia 371
 - abdominal paracentesis 398
 - arterial cannulation 922
 - arterial puncture 529, 531
 - chest drain insertion 459
 - CVC insertion 906
 - extravasation injury management 777
 - liver biopsy 585
 - peripheral cannulation 879–80
 - PICC insertion 895, 898, 900
 - removal of skin-tunnelled catheters 913
 - suturing 956
 - see also* topical anaesthesia
- local anaesthetic nerve blocks 388–91
- local anaesthetics 371
 - epidural/intrathecal 368, 379–80, 381
 - side-effects **384**, 385–6, **386–7**
 - history of introduction 814
 - hyaluronidase interaction 771
 - mechanism of action 389
 - ophthalmic use 714
 - peripheral nerve/spinal blocks 389
 - systemic toxicity 390, **391**
 - topical use *see* topical anaesthesia
- local authorities 40, 404
- log rolling 236, 239
 - cervical spinal instability 237–8
 - thoracolumbar spinal instability 242–3
- London Holistic Needs Assessment tool 106
- long-chain triglycerides (LCT) 274
- long lines (midclavicular catheters) 893
- loop of Henle 641, 641
- loperamide 174, 197
- lotions 702
- lower limb
 - amputation 246, 247, 248
 - see also* amputation
 - blood pressure measurement 614
 - examination 27, 29
 - see also* foot
- lower motor neurons (LMNs) 235
- low molecular weight heparin (LMWH) 387, 902
- lozenges 698
- LSD (lysergic acid diethylamide) **692**
- Luer-Lok fittings 497, 865
- Luer-Lok syringes 720, 720
 - subcutaneous infusions 734, 737
- Luer-Slip syringes 720, 720
- lumbar nerves 655
- lumbar plexus 655
- lumbar plexus block **389**
- lumbar puncture 541–7
 - anatomy 542, 542
 - complications 547
 - contraindications 543
 - drug administration 543, 728
 - indications 543
- method 544
- needles 544, 721, 721
- problem solving **546**
- [procedure guideline](#) 544–6, 546
- lung(s)
 - anatomy 21, 21–2
 - auscultation 26, 29
 - collapse 453, 455
 - compliance (elasticity) 447
 - expansion therapy, CPAP 447, 448
 - gaseous exchange 432–3, 433, 622
 - irritant receptors 621
 - ventilation 432, 618–19, 619
 - ventilation/perfusion matching 225
 - volumes and capacities 622, 622, **623**
- lying down
 - to sitting up, [procedure guideline](#) 216–17, 217
 - see also* side-lying position; supine position
- lymph nodes
 - head and neck, examination 22, 23, 25
 - supraclavicular, inspection 32
- lymphocytes
 - in CSF 543
 - total count 268
- Macmillan Cancer Support 587
- macrogols 178
- macrophages 936–7, 937
- macula lutea 341
- macular degeneration, age-related **343**
- magnesium salts, laxative 178
- magnesium sulphate 497
- magnetic resonance imaging (MRI) 586–7
- major incidents, blood transfusions **317**
- malaria 320
- male patients
 - catheterized, meatal cleaning 160
 - cystoscopy 583
 - facial shaving 339
 - intermittent self-catheterization, [procedure guideline](#) 156
 - midstream specimen of urine 566–7
 - respiratory volumes and capacities **623**
 - semen collection 547–50
 - urinary catheterization 150–1, **158**
 - [procedure guideline](#) 151–3
 - urinary incontinence 144–6
- male urethra 582–3
- malignant disease
 - ascites 397
 - hypercalcaemia **535**
 - pleural effusions **454**, 454–5
- malignant hyperpyrexia **832**
- malnutrition
 - assessment 267–8
 - biochemical investigations 268
 - clinical features 268
 - screening tools 268–72
- Malnutrition Universal Screening Tool (MUST) 272
- malodour *see* odour
- Management of Health and Safety at Work Regulations (MHSWR) 119
- manual handling
 - defined 208
 - devices, pressure area care 954
 - operating theatre 820
 - risk assessment 210, **210**
 - sources of guidance 210–11
 - see also* moving and positioning; transfers
- manuka honey **940**
- marriages, at end of life 405
- masks
 - CPAP 446, 448
 - disposable
 - infection prevention and control 60
 - [procedure guideline](#) 67, 68
- Entonox 393
- operating theatre staff 817
- oxygen *see* oxygen masks
- pocket, with oxygen port 493, 493
- ventilation, CPR 491, 491
- mass peristalsis 141
- masturbation, semen collection 548, 550
- mattresses, pressure-relieving *see* pressure-relieving devices/mattresses
- maturation phase, wound healing 937, 938
- maxillofacial injuries 392
- McGill forceps 495, 495
- McGill Pain Questionnaire (MPQ) 364
- McKinley T34 syringe pump 734
- [procedure guideline](#) 736–9
- meals 272
 - oral drug administration and **697**
 - patients in isolation 80
 - see also* eating; feeding; food
- mealtimes, protected 275
- mean arterial pressure (MAP) 612
- measles 82
- meatus, urinary *see* urethral meatus
- mechanical ventilation 221, 447
 - tracheostomy 467, 468
 - see also* ventilated patients
- median cubital vein
 - cannulation 894, 894
 - venepuncture 514, 514
- Medical Certificate of Cause of Death (MCCD) 404, 414
- medical devices
 - deceased patients 414, 415, 417
 - defined 676
 - incorporating or for administering medicines 676
 - moving and positioning aspects 211
 - see also* implanted devices
- Medical Devices Agency (MDA) *see* Medicines and Healthcare products Regulatory Agency
- medical emergency team (MET) scoring 596
- Medic-Alert Foundation 199
- medical examiners (ME) 414–15
- medical history 790
- medication 684–5
 - discharge considerations 42
 - at end of life 407
 - history, pre-operative 791
 - see also* medicines; medicines administration
- medication errors 682, 685
 - controlled drugs 694
 - dose calculations 687
 - intrathecal chemotherapy 728–9
 - intravenous drugs 749
 - key actions for preventing **687**
 - reporting 687
 - types **683**
- medication incidents 687
- medicinal products, defined 676
- medicine pots 699, 699
- medicines 675–781
 - adherence 687
 - adverse reactions *see* adverse drug reactions
 - affecting urinalysis results **644**
 - containers 682
 - contraindications 676
 - controlled *see* controlled drugs
 - defined 676
 - dispensing 681
 - disposal of unwanted **91**
 - dose calculations 685, 686
 - indications 676
 - infiltration (into tissues) **766**, 767
 - legal categories 677
 - off label 680, **681**
 - patient's own 681

- medicines (*continued*)
- perioperative guidelines 792–3
 - prescribing *see* prescribing
 - reconciliation 680–1, 688
 - safe and secure handling 682, **682**
 - security 681
 - side-effects *see* adverse drug reactions
 - stability 681–2
 - stock control 682
 - storage 681–2
 - supply 680–2
 - trail, activities in **682**
 - unlicensed 680, **681**
- Medicines Act 1968 677, 690
- medicines administration 682–781
- accountability for 682
 - confirming allergy status 684
 - controlled drugs **692**, 693, 694–5
 - covert 698–9
 - delegation 687
 - errors *see* medication errors
 - intraosseous 743–7
 - intravenous *see* intravenous drug administration
 - key actions to improve safety **687**
 - nasal 716–17
 - ophthalmic 712–16
 - oral 697–702
 - otic 717–19
 - parenteral 697, **697**, 719
 - patient identification 683–4
 - pulmonary 708–12
 - record of 686
 - rectal 705–6
 - in relation to meals 275
 - 'rights' 682, **683**
 - routes 697, **697**
 - self-administration 687–90, **688**, **689**
 - single or double checking 686–7
 - topical 702–4
 - transdermal 704–5
 - vaginal 706–8
 - verbal orders 680
 - via enteral feeding tubes 286, 293, 296–8
 - see also* medication
- medicines administration record (MAR) 42
- Medicines and Healthcare products Regulatory Agency (MHRA) 677, 781
- blood glucose testing 648–9
 - blood transfusion safety 310
 - chest drain insertion 455, 456
 - classification of infusion devices 757, **759**
 - definition of medicines management 676
 - heat patches or packs 373
 - intrathecal chemotherapy guidance 729
 - safe use of infusion devices 749, **749**
 - sphygmomanometers 614–15
 - thermometers 637, 638
 - unlicensed and off-label medicines 680, **681**
 - Yellow Card Scheme 680, 686
- medicines management 675–781
- defined 676
 - legislation and regulation 676–80
- medium-chain triglycerides (MCT) 274, 280
- medulla oblongata 653, 654
- respiratory centres 620
- Meigs' syndrome **454**
- membranes, cellular
- structure 256
 - transport and movement across 254, **255**
- men *see* male patients
- Menghini needle 584
- meninges, spinal 376, 377, 542
- meningitis
- complicating spinal analgesia **385**, 388
 - intrathecal antibiotics 728
 - source isolation 82, 85
- meningococcal disease 82
- menstruation, surgical patients 807
- mental capacity 34, 103, 104–5
- delirium 122
 - dementia 123–4
 - to give consent 799
- Mental Capacity Act 2005 34, 103, 104–5, 404, 799
- mercaptopurine **685**
- mercury
- sphygmomanometers 614
 - thermometers 638
- metabolic disorders, cardiopulmonary arrest 488
- metabolism, assessment **12**
- metacarpal veins
- cannulation 863, 863, 876
 - venepuncture 514, 515
- metered dose inhalers (MDIs) 708, 708–9
- [procedure guideline](#) 710–11
- methadone 370
- methaemoglobinaemia 626
- methicillin-resistant *Staphylococcus aureus*
- see* methicillin-resistant *Staphylococcus aureus*
- methylaltraxone bromide **178**, 179
- meticillin-resistant *Staphylococcus aureus* (MRSA)
- carrier screening 557
 - infection prevention and control 52, 57–8
 - source isolation 82
 - vancomycin therapy 540
- metoclopramide **136**
- MHRA *see* Medicines and Healthcare products Regulatory Agency
- microbiological culture 510–11
- microbiological specimen collection 513–14
- antimicrobial drug assays 540–1
 - blood 535–9
 - competencies 511
 - CVC tips 910
 - equipment 511, 512
 - faeces 571–3
 - pleural fluid 578–9
 - respiratory secretions 573–8
 - swabs 557–65
 - urine 565–71
 - see also* specimen collection
- microbiological tests 510–11, 534
- microbore infusion sets 752
- microepididymal sperm aspiration (MESA) 548
- Microlox enema **178**
- micro-organisms 52–6
- storage and transportation 514, **514**
 - see also* bacteria; fungi; parasites; viruses
- microscopy 510, 511
- urine 643–4
- midazolam
- endoscopic investigations 580
 - safety guidance 694, **694**
- midclavicular catheters 893
- middle ear 350, 350
- midline catheters **862**, 890–3
- care *in situ* 893
 - choice of vein 890
 - complications 893
 - indications 890–1
 - insertion 891–2
 - problem solving **892**
 - [procedure guideline](#) 891–2
 - materials 891
 - removal 893
- midstream specimen of urine (MSU) 566, 642
- female patients 567–8, 642
 - male patients 566–7
 - [procedure guidelines](#) 566–8
- mid upper arm circumference (MUAC) 269, 270, 271
- Milpar **178**
- minerals
- dietary requirements 269
 - parenteral nutrition 299, **301**
 - serum levels 268
 - supplements 275
- mini-jets 497, 497
- minimally invasive surgery 817, 817
- Mini Mental State Examination 365
- mini-Wright peak flow meter 631
- minute volume (MV) **623**
- miotics 714, 714
- Misuse of Drugs Act 1971 690
- Misuse of Drugs and Misuse of Drugs (Safe Custody) (Amendment) Regulations 2007 690
- Misuse of Drugs (Safe Custody) Regulations 1973 690
- Misuse of Drugs Regulations 2001 690
- mitomycin C, extravasation 771, 775
- Mitrofanoff pouch 171, 171
- mixtures of medicines 682, 698
- mobility
- assessment **14**
 - nutritional status and 268
 - restricted, chest drains **465**
 - see also* immobility; movement(s)
- mobilization
- patients on bedrest 210
 - post-operative 855
 - spinal cord compression/injuries 243
 - see also* moving and positioning; transfers
- modified-release tablets 297, 698, 699
- monitored dosage systems 700, 700
- monoamine oxidase inhibitors (MAOI) 117, **117**, 685–6
- monocytes, in CSF 543
- monoparesis 231
- mood
- low 116–17, **118**
 - in undernutrition 268
- moral obligations, nurses 2
- More Care, Less Pathway; A Review of the Liverpool Care Pathway* (2013) 406
- Morgan lens 343
- Mormon Church, care after death **410**
- morphine 369–70
- conversion to fentanyl patch **370**
 - routes of delivery 367, 368
 - safer practice guidance 694, **694**
 - side-effects 369
 - supply under Patient Group Direction 693
- Morton, William 814
- mortuary
- transfer to 418–19, 420
 - viewing body after removal to **420**
- motor blockade, epidural/intrathecal analgesia 386, **387**
- motor co-ordination, testing 658, 664
- motor function assessment 657
- motor inattention **235**
- motor response, Glasgow Coma Scale **661**, 662, 663
- mouth
- anatomy 352, 352–3
 - assessment *see* oral assessment
 - dry *see* dry mouth
 - inspection 25, 29, 32, 354
 - irrigation 355
 - temperature measurement 637
- mouth care 352–60
- contraindicated agents 356
 - CPAP patients 451, **451**
 - deceased patients 418
 - equipment 355, 355
 - indications 353, 354–5
 - pharmacological agents 356–7
 - principles **353**, 353–4

- problem solving **360**
 procedure guidelines 357–60, 358, 359
 unconscious patients 355, **355**
 xerostomia 353
- mouth coating agents 356–7
 mouthrinses 356
 mouth-to-facemask ventilation 491, 491, 493, 493
 mouth-to-mouth ventilation 491
 mouthwashes 356
 movement(s)
 abnormal patterns 231, 658
 active, immobile patients 210, 210
 passive, unconscious patients 221
 physical benefits **231**
 pulse oximetry and 626
 see also mobility
- Movicol **178**
- moving and positioning 207–49
 amputees 246–9
 assessment prior to 211–12
 in bed 213–17
 blood pressure measurement 613, 615, 615
 in chair/wheelchair 217–18
 documentation 212
 eye care 344
 falls prevention 212–13
 indications 208
 infusion flow rates and 752
 intravenous infusions **765**
 lumbar puncture 545, 546
 lying down to sitting up 216–17, 217
 in neurological impairment 230–46
 operating table 817–19, 819, 820, 821, 824, 825
 patient explanation/instruction 212
 patient with artificial airway 222–5
 post-cardiac arrest 501
 pressure ulcer prevention 211, 952–4
 principles 208–10
 privacy and dignity 212
 problem solving **220**
 rationale 208
 in respiratory compromise see respiratory compromise, positioning
 risk assessment 210, **210**, 212–13
 sitting to standing 218, 218–19
 spinal cord compression/injuries 235–46
 sputum collection 574
 unconscious patients 221
 walking assistance 219–20
 see also posture
- MRSA see meticillin-resistant *Staphylococcus aureus*
- MSU see midstream specimen of urine
- mucociliary escalator 228–30
 mucositis, oral see oral mucositis
 Mugard 357
 multidisciplinary approach
 discharge planning 34, **35**
 home nutritional support 298, 300
 moving and positioning 212
 tracheostomy care 473
- multidose vials see vials
- mumps 82
- muscle(s), skeletal 719
 atrophy, unconscious patients 221
 co-ordination testing 658, 664
 function 208, 209
 trauma, moving unconscious patients **224**
 venous return 613
- muscle relaxants 814
- muscle strength
 assessment 657–8, 663–4
 unconscious patients 221
- muscle tone
 altered 211, 231
 patient positioning 231–5
- problem solving **235**
 procedure guideline 233–4, 234
 defined 231
 testing 658, 664
- musculoskeletal system 208
 pre-operative assessment 791
- music, for pain management 372
- Muslim Council of Great Britain **411**
- Muslims
 care after death **411**
 washing and personal hygiene **336**
- mycelium 54
- mycobacteria 54
- mycoses 54–5
 see also fungal infections
- mydriatics 714, 714, 716
- myelinated nerve fibres 376
- myelography 543
- myocardial infarction (MI) 601
- myofascial trigger points 374
- N-acetylcysteine 574
- nails
 artificial 61
 care 61, 70, 334, 338
 cleaning beneath 70
 inspection 25, 29, 32
 nail varnish/polish 61, 70, 626
- nalidixic acid **644**
- naloxone **694**, 696–7
 oxycodone combination 370
- namebands see wristbands
- NANDA-I (2008) 17
- naproxen 369
- nasal cannulas, oxygen via 436, 436
 application 439
 high-flow oxygen therapy 444
 oxygen flow rates 436, **436**
 problem solving **440**
- nasal drops, procedure guideline 716–17
- nasal drug administration 716–17
- nasal erosion, complicating nasogastric feeding 287
- nasogastric (NG) drainage tubes 135–6, **836**
 checking position 138
 insertion 135–8
 contraindications 136
 CPR 502
 procedure guideline 137–8
 measuring fluid output 263
 removal, procedure guideline 138
- nasogastric feeding tubes 279
 checking position 283, **284**, 284–6, 285, 286
 displacement 287
 insertion 280–7
 contraindications 281
 indications 280
 patient preparation 281
 problem solving **284**
 procedure guideline 281–3
 measurement 281, 282, 282
 methods of securing 283
 ongoing care 286–7
 removal 287–8
 social and psychological impact 281
 see also enteral feeding tubes
- nasojejunal feeding tubes 279
- nasopharyngeal samples 573
 syringe method, procedure guideline 575–6, 576
 vacuum-assisted aspirate method, procedure guideline 577, 577–8
- nasopharyngeal tube, patients on CPAP **451**, 452
- National Confidential Enquiry into Patient Outcome and Death (NCEPOD) 834, 836
- National Council of Hindu Temples **411**
- National Early Warning Score (NEWS) 596, 597
 AVPU scale 662
 cardiac arrest prevention 492, 498
 CPAP therapy **450**
 oxygen therapy 437, 440
- National End of Life Care Programme 402
- National Framework for NHS Continuing Healthcare 40
- National Institute for Health and Care Excellence (NICE)
 cervical smears 551, 552
 depression management 117, **118**
 diabetes care 652
 diabetic foot care 334–5
 end-of-life care 403
 intravenous fluid therapy 258, 259, 836
 medicines adherence 687
 pre-operative preparation 806–7
 smoking cessation advice 791
 surgical wound dressings 851
 venous thromboembolism 800
- National Patient Safety Agency (NPSA)
 arterial cannulation errors 920, **920**
 blood transfusion practice 310
 chest drain insertion 455, 456
 epidural, spinal and regional anaesthesia 380
 intrathecal chemotherapy guidance 729
 midazolam guidance 694, **694**
 nasogastric tube position 284, **284**
 opiate guidance 694, **694**
 patient identification advice 312, 799
 protected mealtimes 275
 surgical safety 799, 806
- National Prescribing Centre (NPC) 681
- National Service Framework for Older People 38, 40
- National Tracheostomy Safety Project 484, 485, 486
- Naturcare 191
- nausea and vomiting 134–5
 antiemetic agents 135, **136**
 assessment **15**, 134
 dietary modification **274**
 at end of life **409**
 enterally-fed patients 295
 epidural/intrathecal analgesia-related 385, **387**
 management 134–5
 oral drug administration and **702**
 pathophysiology 134, 134
 post-operative (PONV) 134, 829, **832**
 see also vomiting
- nebulization 708
 sputum collection 574
- nebulizers 228, 708, 708
 cleaning before reuse 712
 humidifier 442, 474
 procedure guideline 711–12
- neck
 anatomy 467, 468
 inspection 25
 lymph nodes, examination 22, 23, 25
- necrotic wounds **944**
- needle biopsy guns, liver biopsy 584
- needle-free injection caps 751, 751–2
 needleless connectors, administration sets 751–2
- needle phobia 517
- needles
 disposal of used 516
 for drug injections 720–1, 721
 intraosseous 743, **743**, 745
 liver biopsy 584, 584
 non-coring, implanted ports 916, 916
 safety 721, 721
 scooping method of resheathing 723, 723

- needles (*continued*)
 sizes (gauges) 720, 878
 spinal 544, 721, 721
 venepuncture 516–17, **518**
- needlestick injuries *see* inoculation injuries
- needs, patient 17
- negative pressure rooms, source isolation 80
- negative pressure technique, unblocking
 occluded catheter 873, 874
- negative pressure ventilators 447
- negative pressure wound therapy (NPWT) 941,
 962–5, 963
 contraindications 963
 indications 963
 procedure guideline 964–5
- Negus silver tracheostomy tube 472, 472
- Nelaton catheters **147**, 147, 155–6
- neonates
 intravenous infusions 757, **759**
 oxygen toxicity 441
 platelet transfusion **305**
 thermoregulation 634
- nephrostomy tubes 166, 166–70
 dressing and bag change 166–8
 procedure guideline 167–8
 problem solving **168**
 removal 166
 procedure guideline 169–70
- nerve injuries
 complicating venous access 524, 890
 continuous peripheral nerve blocks **392**
- nerve stimulators 828
- nervous system 231, 652–3
- neurokinin-1 antagonists **136**
- neurological assessment/observations **13**,
 652–65
 assessment and recording tools 659–62
 charts 665
 equipment 659
 frequency 659, **659**
 functions assessed 653–8
 indications 659
 pre-operative 791
 problem solving **665**
 procedure guideline 662–5
 spinal cord compression/injuries 237
 vital signs 658–9, 663
see also Glasgow Coma Scale
- neurological disorders
 clinical presentation 231
 dysphagia **278**
 moving and positioning 230–46, **232**
 abnormal tone and movement patterns
 231–5, 234
 environmental aspects 233
 equipment 232–3
 joint protection 231–2
 principles 232
 problem solving **235**, **244–5**
 procedure guidelines 233–4, 237–8, 240,
 242–3
 rehabilitation role 233
 soft tissue changes and contractures
 232
 spinal cord compression/injury 235–46
 spinal analgesia 379
- neuromuscular blockade, persistent **831**
- neuropathic pain 361
 assessment 365
 management 369, 371
- Neuro tips 659, 664
- neutropenia 86
- neutrophils *see* polymorphonuclear leucocytes
- never events, medication related 682, **683**
- NEWS *see* National Early Warning Score
- NEX measurement
 nasogastric drainage tube 137
 nasogastric feeding tube 281, 282, 282
- next of kin (NOK) 404, **419**
see also family
- NHS Cancer Screening Programme 587
- NHS Commissioning Board Special Health
 Authority 687
- NHS Connected programme 105
- NHS Constitution 103
- NHS Continuing Healthcare 40, 42
- NHS Information Centre 587
- NHS patient information toolkit 128
- NICE *see* National Institute for Health and Care
 Excellence
- Nightingale, Florence 333, 407
- nitrites, urinary 644
- nitrofurazone-impregnated urinary catheters
 149
- nitrogen
 dietary requirements, calculation 269
 partial pressure 432
 sources, parenteral nutrition solutions 299
- nitrous oxide and oxygen *see* Entonox
- nociceptive pain 361
- nociceptors 361
- Nodor S drops 191, **193**
- Non-conformists, care after death **410**
- non-invasive ventilation (NIV) 446–7, 448, 449
- non-steroidal anti-inflammatory drugs
 (NSAIDs) **367**, 369
 COX-2-specific 369
- non-verbal communication 100–1
- noradrenaline 612
- Norgine Risk Assessment Tool (NRAT) 177
- Normacol 177
- normal saline *see* sodium chloride, 0.9%
 solution
- norovirus 57, 82, 173
- Norwegian scabies 55
- nose
 artificial (Swedish) 442, 442
 care 335
 drug administration 716–17
 inspection 25, 32
 MRSA screening 557
 swab sampling 559–60, 560
- nosocomial infections *see* healthcare-
 associated infections
- notifiable infections 415
- NPSA *see* National Patient Safety Agency
- NSAIDs *see* non-steroidal anti-inflammatory
 drugs
- numerical rating scales (NRS), pain
 assessment 364
- nurse endoscopists 580
- nurse–patient relationship
 effective communication 100–2
 nursing assessment 11
 pain management 372
 personal hygiene care 333
- nurse prescribing 677–80, **680**
 independent 679, 680
 supplementary 679–80
see also prescribing
- Nursing and Midwifery (NMC) Code 2
- nursing assessment *see* assessment, nursing
- nursing care *see* care
- nursing diagnosis 17, **19**
- nursing home
 assessment **41**
 discharge to 40, 404
- nursing interventions, formulation 17–18
- nursing models 10–11
- nutrients, digestion and absorption 266–7
- nutrition 254, 266–302
 anatomy and physiology 266–7
 benchmarks **273**
 Francis Report (2013) 103, 854, **855**
 post-operative 854
 provision in hospital setting 272–3, **273**, **274**
 requirements, calculation 268–9, **269**
see also diet; eating; food; malnutrition
- nutritional care, characteristics of good **274**
- nutritional deficiencies, specific 268
- nutritional status 266–72
 assessment **15**, 267–72
 biochemical investigations 268
 clinical examination 268
 equipment 269
 methods 267–8
 tools 269–72
 body composition and 267
 defined 266
- nutritional supplements, oral 273–5
 discharge from hospital on 275
 record keeping 275
- nutritional support 266, 272–302
 discharge home with 41–2
 indications 267
 oral 272–7
 post-operative 854
see also enteral tube feeding; parenteral
 nutrition
- obesity 268, 817–19
 surgical wound complications **852**, **853**
- observation 19
- observations 595–665
 12-lead electrocardiogram 604–10
 blood glucose 646–52
 blood pressure 610–18
 definitions 596
 equipment 597
 neurological 652–65
 peak flow 630–4
 post-anaesthetic care 828–9, **829**, 829–30
 post-operative 834, **834**
 professional issues 596–7
 pulse (heart rate) 597–604
 recording and documenting 596
 respiration and pulse oximetry 618–30
 temperature 634–40
 urinalysis 640–6
- occipital lobe 652, 654
- occupational health and safety *see* health and
 safety, occupational
- occupational history 791
- Octaplas **309**
- oculocephalic reflex 658
- oculomotor nerve (III) **656**
- odour
 stomas 191, 198
 urine 641, **643**
- oedema
 in fluid overload 265
 nutritional assessment 268
 patient positioning and 211
 physiological basis 254
- oesophagogastroduodenoscopy (OGD) *see*
 gastroscopy
- oesophagus 579
- oestradiol, transdermal 704
- Office of the Chief Rabbi **412**
- off-label medicines 680, **681**
- ointments 702
- older adults
 communication difficulties 104
 delirium 122
 dementia 123
 discharge planning 38, 40
 eye changes 342, **342**, **343**
 falls prevention 212–13
 mouth care 355
 oral assessment 356
 pain assessment 363–4, 365
 peripheral venous cannulation 876, 878
 skin changes 333
 subcutaneous fluid administration 733

- temperature regulation 634
- transfusion thresholds 304
- venepuncture 518
- olfactory nerve (I) **656**
- oliguria, post-operative **833**, 853
- olive oil, ear wax softening 351
- omega-3 fatty acids 280
- Ommaya reservoir 728, 728
- one-handed technique, peripheral cannulation 878
- one-step technique, peripheral cannulation 878
- onychomycosis 334
- operating department practitioners (ODPs) 816, 825
 - handover in PACU, [procedure guideline](#) 827
- operating lights 823, 823
- operating room (OR) *see* operating theatre
- operating table 820, 822
 - patient positioning 817–19, 819, 820, 824, 825
 - transfers to/from 820, 821, 824
- operating theatre 816–26
 - control of infection and asepsis 816–17, 819–20
 - equipment 822–4
 - pre-operative checklist 808, 809–10
 - pre-surgery (skin incision) actions 816
 - [procedure guideline](#) 824–6, 825–6
 - team 816, 816, 817
 - transfer to PACU from 827
 - WHO Surgical Safety Checklist 814, **815**, 816
 - see also* intraoperative care; post-anaesthesia care unit
- ophthalmic drug administration 712–16
- opioid analgesics 367, 369–72
 - acute pain in patients dependent on 363, **363**
 - buccal or sublingual 368, 370
 - chronic non-cancer pain 369
 - driving and 371
 - drug interactions **686**
 - at end of life 407
 - epidural/intrathecal 368, 379, 381
 - side-effects **384**, 385, **386–7**
 - intramuscular injections 368
 - intravenous 368
 - legal aspects **691**, **692**
 - mild to moderate pain 367, 369
 - moderate to severe pain 367, 369–71
 - oral 367–8
 - oral transmucosal 368, 370–1
 - in renal failure 370, 371–2
 - safer practice guidance 694, **694**
 - side-effects 369, 696–7
 - subcutaneous 368
 - transdermal patches 368, 370
- opioid receptor antagonists, peripheral **178**, 179
- opportunistic infections 52, 54
- optic nerve (II) 341–2, 342, **656**
- Optiflow circuit, high-flow 444
- OR *see* operating theatre
- Orabase paste **193**
- oral assessment 353–4, **354**, 356
 - nursing assessment **14**
 - [procedure guidelines](#) 357, 358, 359
- Oral Assessment Guide (OAG) 356
- oral cavity *see* mouth
- oral drug administration **697**, 697–702
 - covert 698–9
 - defined 697–8
 - drug formulations 698
 - equipment 699–700
 - pre-operative **805**
 - problem solving **702**
 - [procedure guideline](#) 701–2
 - swallowing difficulties 698, **702**
- oral health
 - defined 353
 - factors maintaining **353**
- Oral Health Assessment Tool (OHAT) 356
- oral hygiene *see* mouth care
- oral infections 357
- oral irrigation 355
- oral mucosa coating agents 356–7
- oral mucositis
 - assessment 356
 - management 357, **360**
- oral syringes 700, 700
- oral temperature 637
- orbit (eye socket) 340–1
- Orem's model of nursing 10
- organ donation 415, **420**
 - cultural and religious beliefs **410–12**
 - discussion with patient 405
- organ of Corti 99, 350
- orientation, evaluation of 661, 663
- oropharyngeal airway 494, 494–5
- orthopnoea 626
- orthoses 232–3
- orthostatic blood pressure, measurement 614
- orthostatic hypotension 611, 614
 - management 618
 - spinal cord lesions **244**, 245
- oscillometric sphygmomanometers, automated 613, 614–15
- osmolarity 254–6, **257**
 - enteral feeds 280
- osmosis 254, **255**
- osmotic pressure 254
- ossicles, auditory 99, 350
- osteoporosis 211
- Ostobon deodorant powder 191
- Ostoseal protective powder **193**
- Ostosorb gel **193**
- otic drug administration 717–19
- Our Health, Our Care, Our Say* (2006) 110
- outcomes, patient 17, **17**, 17–18
- overinfusion 749–50, 779–80
 - complications **750**
 - monitoring **780**
 - prevention 780
 - see also* fluid overload
- oxycodone 370
 - naloxone combination 370
 - routes of delivery 367–8
- oxygen
 - consumption 434
 - control of respiration 621
 - exchange 432–3, 433, 622
 - toxicity 441
 - transport 432, 433, 618, 622, 625
 - uptake 432–3, 622
 - utilization 433–4
 - wound healing and 937
 - see also* hypoxia
- oxygen analyser 438
- oxygenation
 - cellular 432
 - inadequate, oxygen therapy **439**
 - tissue 432–4
- oxygen condensers (concentrators) 438
- oxygen cylinders 436, 437, 438, **452**
- oxygen masks 436–7
 - application 439
 - fixed performance/high-flow (Venturi-type) **436**, 437, 437
 - non-rebreathing 437, 437
 - problem solving **440**
 - simple semi-rigid plastic 436, 436–7, **437**
 - tracheostomy 437, 474, 474
- oxygen partial pressure (PO₂) 432–3
 - in blood (PaO₂) 433, 433–4
 - changes during respiration 624
 - control of respiration 621
- oxygen saturation and 433–4
- oxygen saturation (SaO₂) 433, 626
 - documentation 629
 - oxygen therapy and **452**
 - PaO₂ and 433–4
 - pulse oximetry (SpO₂) 449, 626, 627
 - reduced, after moving patients **224**, **227**, **230**
- oxygen therapy 434–41, 629
 - competencies 435
 - complications 441
 - CPR 493–4
 - delivery systems 436–7
 - discharge planning **35**, 41
 - documentation 440, 629
 - domiciliary 437–8, 440
 - endoscopic procedures 580, 581–2
 - equipment 436, 436–7, 437
 - governance 435
 - high-flow (HFOT) 444, 444–6
 - hyperbaric 447
 - indications 434–5
 - monitoring 437, **438**, 440
 - moving and positioning 226, 228
 - nasal care 335
 - nebulizer therapy with 712
 - patient education 438, 440
 - peak flow measurements and 633
 - post-anaesthetic recovery 827, 830
 - post-operative 835
 - precautions 435
 - prescription **435**, 435–6
 - problem solving **439–40**, **446**
 - [procedure guidelines](#) 438–9, 444–5
 - risk management 435
 - safe use **452**
 - T-piece circuit 437, 438
 - tracheostomy patients 474
 - weaning from 440
- oxygen uptake, maximum (VO_{2max}) 795
- oxyhaemoglobin dissociation curve 433, 433
- pacing, in respiratory compromise 228
- paclitaxel, extravasation 767
- PACU *see* post-anaesthesia care unit
- paediatric patients
 - blood glucose ranges **646**
 - blood pressure measurement 613
 - enteral feeds 280
 - infusion devices 757
 - intrathecal chemotherapy **729**
 - nutritional assessment 268
 - nutritional requirements 269
 - oral drug administration **697**
 - platelet transfusion **305**
 - semen collection 549
 - tracheal suctioning **574**
 - urinary catheters 148
 - venepuncture 518
 - see also* children; neonates
- pain 360–96
 - acupuncture-associated 376
 - acute *see* acute pain
 - anatomy and physiology 360–1, 361
 - cancer *see* cancer pain
 - categories 361–2
 - chest drains 457, **465**
 - chronic *see* chronic pain
 - defined 360
 - at end of life **409**
 - extravasation **770**
 - factors affecting sensitivity to **363**
 - gastrostomy/jejunostomy tube-related 293
 - injection-related, reducing 722, **722**
 - intensity, assessment 363
 - liver biopsy 585
 - location 363
 - lumbar puncture **546**
 - modulation 361

- pain (*continued*)
 moving/positioning patients in 211, **220**
 neuropathic 361, 365, 369
 nociceptive 361
 perception 361
 peripheral cannulation 889
 phantom limb 247, 249
 post-operative *see* post-operative pain
 sensation, testing 664
 spinal cord compression/injuries 237, **244**
 stump **248**
 transduction 361
 transmission 361
 venepuncture **522**
- pain assessment **13**, 363–6
 acute pain 363
 chronic/cancer pain 363
 cultural factors 364
 dementia 124
 epidural analgesia 387
 pre-existing pain 363
[procedure guideline](#) 365–6, 366
 tools **364**, 364–5
 vulnerable and older adults 363–4, 365
- painful stimuli
 application of 657, 663
 response to, Glasgow Coma Scale **661**, 662
- pain management 366–96
 acute pain 367, 368
 anaesthetic interventions 371
 chest drainage 457, 458
 chronic and cancer pain 366–7
 drug delivery methods 367–8
 methods 367–8
 need for effective 362–3
 non-pharmacological methods 372–6
 opioid-dependent patients 363, **363**
 pharmacological methods 368–72
 post-anaesthesia care unit 829, **832**
 post-operative 368, 854
 spinal cord compression/injury 237
see also analgesia; analgesics
- palate 352, 353
- palliative care
 defined 402
 discharge home 42–5, 43–4, 404
 electronic co-ordination systems 404
 evidence-based approaches 402–3
 subcutaneous infusions 733
see also dying patients; end-of-life care
- palpation 20
 abdomen 31–2, 33
 cardiovascular system 27, 29
 chest 22–4, 23, 25–6, 27, 29
 head and neck lymph nodes 22, 23, 25
 veins 515, 521
- panic attacks 115
 principles of support **116**
 rebreathing technique 115, **116**, 116
- paper towels 59, 62, 70
 dispensers 59
 disposal of used 59, 62, 70
- pap smear *see* cervical uterine smear
- paracentesis, abdominal *see* abdominal paracentesis
- paracetamol 368–9
- paraphimosis, catheterized patients **158**
- paraphrasing 101
- parasites 55, 320
- parasympathetic nervous system 599
- paravertebral block **389**
- parenteral drug administration 697, **697**, 719
- parenteral infusions 722
- parenteral nutrition (PN) 299–302
 administration of medicines 300
 administration sets 750
 blood glucose monitoring 648
 changing administration sets 300, 748
 choice of regimen 300
 complications 300–2, 647
 contraindications 299
 defined 299
 home 300
 indications 267, 299
 infusion devices **759**
 methods of administration 300
 monitoring 300, **301**
 post-operative 854
 termination 300
- parenteral transmission 57
- parietal lobe 652, 654
- partially sighted patients, communication with 127
- partial withdrawal occlusion (PWO) **527**, 866–7, 867
- Passy Muir speaking valve 472, 473
- pastes 702
- pastilles 698
- patella hammer 659
- paternalistic model 111
- pathogen **50**
- pathogenicity 52, 56
- patient(s)
 comfort 331–421
 identification *see* identification, patient
 information giving *see* information, giving
 involvement in discharge planning 38
 own medications 681
 problems/needs 17
 relationships, assessment **16**
 relationship with *see* nurse–patient relationship
 self-administration of medicines 687–90, **688**, **689**
 self-assessment 13
 as source of evidence (P) 3
 tampering with infusion devices 752–3
- patient-at-risk team (PART) score 596
- patient-controlled analgesia (PCA) 368
 patients not suitable for **368**
 pumps 755, 755
- patient-controlled epidural analgesia (PCEA) 379
- patient education
 abdominal paracentesis 398
 assisted feeding 277
 cardiac arrest prevention 502
 chest drainage 467
 continuous peripheral nerve blocks 390, **391**
 CPAP 449, 451
 diabetes mellitus 652
 enteral tube feeding 293, 298
 extravasation injuries 779
 fluid balance monitoring **265**
 immunocompromised patients 86
 infection prevention and control 60–1
 inhalational drug administration 709–10
 methods **798**
 moving and positioning 212
 nasogastric tube feeding 287
 opioids and driving 371
 oxygen therapy 438, 440
 pain management 372
 peak flow measurement 631, 634
 pressure ulcers 954
 protective isolation 87
 semen collection 549
 source isolation 84
 stomas 194–5
 subcutaneous injections 733
 surgical patients 797–8, **798**, 855
 tracheostomy care 474–5
 VADs 869–70, 875, 875
see also information, giving
- Patient Group Directions (PGDs) 677–80, **678**
 controlled drugs 690, 693
 flowchart 678–9
- patient hygiene *see* personal hygiene
- patient safety incidents
 controlled drugs 694
 reporting 687
see also risk management
- Patients on Intravenous and Nasogastric Nutrition Therapy (PINNT) 323
- peak flow (peak expiratory flow, PEF) 630–4
 cautions 631
 factors affecting 630
 indications 630–1
 normal values 630
 problem solving **633**
[procedure guideline](#) 632–3, 633
 timing of readings 631
- peak flow meters 631
- PEEP *see* positive end expiratory pressure
- peer support groups 112
- PEG tubes *see* percutaneous endoscopically placed gastrostomy (PEG) tubes
- pelvic twist
 cervical spinal instability 240, 241
 contraindications 236
- penicillin **685**
- penile sheaths 144–6, 145
 problem solving **146**
[procedure guideline](#) 145–6
 sizing and fitting 145
- penis
 pain on erection, catheterized patients **161**
 swab sampling 560–1
- Penrose drains **836**, 837
- pen torch 659
- peptide feeds 280
- perception, assessing patient's self **16**
- perceptual ability, assessment **13**
- percussion 20, **21**
 abdomen 31, 33
 chest 24, 26
- percutaneous dilational tracheostomy (PDT) 468
- percutaneous endoscopically placed gastrostomy (PEG) tubes 279
 blockage **289**
 care 288
 problem solving **289**
[procedure guideline](#) 288–9
 failure **289**
- percutaneous epididymal sperm aspiration (PESA) 548
- perianal care/hygiene 334
- pericardial friction rub 29
- perineal care/hygiene 334
- perioperative care 789–855
see also intraoperative care; post-operative care; pre-operative care
- peripheral cannulas **862**, 875–90
 assessment tools 879
 choice of vein 863, 863, 875–6
 complications 889–90
 decision-making tool 772–3
 discharge home with *in situ* 874–5
 displaced, intravenous infusions **766**
 documentation 887–9, 889
 dressings 869, 886
 extravasation of vesicants 768, **769**
 management 771, 771–4
 prevention 769
[procedure guidelines](#) 774–8
 flow rates 878, **878**
 flushing 882, 884, 886
 difficulties **886**
 improving venous access 876–7
 indications 876
 insertion (cannulation) 877–8
 competencies 878

- complications 889–90
 - infection prevention and control **78**
 - local anaesthesia 879–80
 - methods 877–8
 - problem solving **885–6**
 - [procedure guideline](#) 881–4, 883–4
 - psychological preparation 881
- materials 878–9
- occlusion **766**
 - over the needle 879
- parenteral nutrition 300
 - ported 879, 879
 - removal and dwell times 886–9
 - safety non-ported 879, 879
 - siting 769, 876
 - sizing 878, **878**
 - subcutaneous infusions 734
 - taping/securing 882, 884, 886, 886
 - types 879
 - winged *see* winged infusion devices
- peripherally inserted central catheters (PICCs)
 - 862**, 893–904
 - care *in situ* 901
 - choice of vein 893–4, 894
 - complications 902
 - consent 895, 896
 - contraindications 895
 - discharge home with *in situ* 874–5, **875**
 - documentation 901–2, 904
 - dressings 901
 - indications 895
 - insertion 895
 - complications 902
 - local anaesthesia 895
 - problem solving **901**
 - [procedure guideline](#) 897–900, 900
 - insertion site care 901
 - length measurement 895, **895**, 898
 - parenteral nutrition 300
 - pros and cons 895
 - removal 902–4
 - [procedure guideline](#) 902–3, 903
 - securing 899, 900, 901, 901
 - tip positioning 867, 899, 901
 - types 895, 897
 - urokinase instillation **874**
- peripheral motor/sensory neuropathies 231
- peripheral nerve blocks 388–91
 - continuous *see* continuous peripheral nerve blocks
 - single shot 389
- peripheral nerves 653
 - injuries *see* nerve injuries
- peripheral nervous system (PNS) 231, 653
- peripheral perfusion, pulse oximetry and 626
- peripheral resistance 612
- peripheral vascular access devices **862**, 875–93
 - see also* midline catheters; peripheral cannulas
- peristalsis 140–1
- peritoneal cavity 396
- peritoneal port-catheter 398
- peritoneovenous shunts 398
- peritoneum 396, 396, **397**
- peritonitis 293, 401
 - liver biopsy 585
- personal care 333
 - after death *see* death, care after
 - provision after discharge 40
 - see also* personal hygiene
- personal evidence 2
- personal hygiene 332–40
 - assessment **14**
 - bedbathing *see* bedbathing
 - cultural and religious factors 336, **336**
 - defined 332
 - ear care 335, 350–2
 - equipment 335–6
 - eye care 340–9
 - hair care 334
 - mouth care 352–60
 - nails and feet 334–5
 - nose care 335
 - nurse's role 333
 - oxygen therapy and **440**
 - perineal/perianal care 334
 - privacy 333
- personal protective equipment (PPE)
 - care after death 416
 - cleaning isolation rooms 83
 - infection prevention and control 59–60
 - intravenous drug administration 749
 - [procedure guidelines](#) 64–77
 - protective isolation 87
 - source isolation 80, 84, 85
 - specimen collection/handling 513
 - see also* aprons, disposable; eye protection; gloves
- pesticides, [procedure guideline](#) 706–7
- pets, neutropenic patients 87
- PGD *see* Patient Group Directions
- pH
 - blood, control of respiration 620–1, 621
 - nasogastric drainage tube position 138
 - nasogastric feeding tube position 283, 284, **284**, 285, 287, 287
 - scale **286**
- phantom limb pain 247, 249
- pharmacists
 - covert drug administration and 699
 - responsibilities for controlled drugs 691, **691**
 - responsibility for dispensing 681
- pharmacodynamics 676
- pharmacokinetics 676
- pharmacology 676
- pharmacovigilance 686
- pharmacy-only medicines (P) 677
- phenazopyridine (pyridium) **644**
- phlebitis 890
 - infusion flow rate and 752
 - VIP scale 879, 880
- phosphate enemas **178**, 181
- physical abilities, assessment **14**
- physical activity *see* exercise
- physical assessment/examination 19–34
 - abdominal 29–33
 - cardiovascular system 26–30
 - definition 19–20
 - documentation 34
 - equipment 21
 - methods 20
 - patient consent 21
 - patient preparation 21
 - pre-operative 794
 - [procedure guidelines](#) 25–6, 28–9, 32–3
 - respiratory system 21–6
- physiotherapy
 - immobile patients 210, 855
 - soft tissue and joint restrictions 211
 - sputum collection 574
 - unconscious patients 221
- pia mater 376, 377, 542
- PICC *see* peripherally inserted central catheters
- Picker Report (2008) 38
- pigeon chest 23
- pili 52, 54
- pinch-off syndrome **527**, 865
- pinna 350
- Plain English Campaign 112, 128
- planning
 - care 17–18, **18**, **19**
 - discharge *see* discharge planning
- plantar reflexes 658
- plaque, dental 353
- plasma (and serum) 254
 - collection tubes **517**
 - fresh frozen (FFP) *see* fresh frozen plasma
 - osmolality 254, **257**
 - oxygen transport 433
- plasma proteins 268
- Plasmodium falciparum* 320
- plastic surgery 961–2, 962
 - extravasation injuries 774
- platelet count 304, **534**, **794**, **810**
- platelets
 - for transfusion **308**
 - wound healing 936, 937
- platelet transfusions
 - administration sets 311, 750–1
 - indications 304, **305**
 - [procedure guideline](#) 317
- pleura 22, 452–3, 453
- pleural effusions 454
 - chest drains 453, 465–6, 467
 - exudative 454, **454**
 - malignant **454**, 454–5
 - signs and symptoms **453**
 - specimen collection 578
 - transudative 454, **454**
- pleural fluid sampling 578–9
- pleural space (cavity) 453, 453
- PleurX drain 398
- plugholes, hand basin 59, 61, 70
- pneumatic compression devices, intermittent
 - see* intermittent pneumatic compression devices
- Pneumocystis jirovecii* 55
- pneumonia
 - pleural effusion associated with **453**
 - pleural fluid sampling 578
 - ventilator-associated (VAP) 355
 - see also* respiratory tract infections
- pneumoperitoneum 293–4
 - laparoscopic surgery 817, 817
- pneumothorax 454
 - chest drains 453, 455, 465–6, 466–7
 - complicating acupuncture 376
 - complicating CVC insertion **908**, 909
 - complicating liver biopsy 585
 - signs and symptoms **453**
 - spontaneous 454
 - tension **453**, 454, 488
- poikilothermia 245
- poisoning, cardiopulmonary arrest 488
- polydipsia 646
- polyethylene glycol 178
- polymorphonuclear leucocytes (neutrophils)
 - CSF 543
 - wound healing 936–7, 937
- polypectomy syndrome 582
- polytetrafluoroethylene (PTFE)-coated
 - catheters 148
- polyurethane enteral feeding tubes 279
- polyuria 646
- polyvinyl chloride (PVC)
 - enteral feeding tubes 279
 - urinary catheters 148
- pons 620, 653
- popliteal artery, pulse point 599
- popliteal nerve block **389**
- portal of entry **56**
- portal of exit **56**
- ported cannulas 879, 879
- Portex tracheostomy tubes
 - Blue-Line Suctionaid 471, 472
 - cuffed 470, 470
 - Tracheotwist 306: 471
 - ports *see* implanted ports
- positioning *see* moving and positioning
- positive end expiratory pressure (PEEP) 448, 452
- positive pressure ventilation, protective
 - isolation rooms 86

- positive pressure ventilators 447
- post-anaesthesia care unit (PACU) 826–33
 complications 829
 discharge from 833, **833**
 equipment 827–8
 handover, [procedure guideline](#) 827
 problem solving **830–3**
[procedure guideline](#) 829–30
 staff 828–9
 transfer to 827
- post-anaesthetic care 827
- post-anaesthetic recovery room 826, 828
- post-dural puncture headache (PDPH) **383**, 388, 547
- post-mortem examination 414, 415, **419**
 cultural and religious issues **410–12**
- post-operative care 833–55
 bowel function 853–4
 discharge planning 855
 fluid balance 835–6
 haemodynamic instability 834–5
 immobility 854–5
 ineffective breathing pattern 835
 nutrition 854
 observations 602, 834, **834**
 pain management 854
 prevention of complications 833–4
 stoma patients 197–8
 surgical drains 836–50
 surgical wounds 851–3
 temperature monitoring 636
 urinary output and catheters 853
see also post-anaesthesia care unit; wound management
- post-operative cell salvage 306
- post-operative complications 833
- post-operative nausea and vomiting (PONV) 134, 829, **832**
- post-operative pain
 epidural analgesia 379, 387
 management 368, 854
 post-anaesthesia care unit 829, **831**, **832**
see also acute pain
- postural hypotension *see* orthostatic hypotension
- posture 208
 defaecation 179, 180
 in neurological impairment 232
 pulse rate and 599
- potassium
 in bodily fluids 254
 membrane transport 254
 serum **257**, **535**, **811**
- povidone-iodine, hand hygiene 59
- powders, reconstitution for injection 721–2
[procedure guidelines](#) 723–6
- Power of Attorney, Lasting 122
- PPE *see* personal protective equipment
- prealbumin 268
- precordial thump 490, 498
- precordium, inspection 27, 29
- prednisolone enema 181
- Preferred Priorities for Care* (PPC) 403
- pregnancy
 computed tomography 587
 Entonox use 392
 testing, pre-operative **795**, 806–7
 X-ray precautions 585
- premature babies, oxygen toxicity 441
- pre-medication 813
- pre-operative assessment (POA) 790–7
 ASA physical status classification 791, **791**
 clinics 796
 further referrals 796
 history taking 790–1
 investigations **794–5**, 794–6
 personnel undertaking 796–7, **797**
 physical examination 794
- pre-operative autologous (blood) donation (PAD) 306
- pre-operative care 790–813
 consent to surgery 798–9, 808
 fasting 804–5, **805**
 latex sensitivity and allergy 807–8, **808**
 marking skin 806
 namebands 799, **800**
 patient information and education 797–8, **798**
 patient safety measures **799**
 physical preparation 799–808
 pregnancy testing 806–7
[procedure guideline](#) 811–13
 skin preparation 805–6
 stoma surgery 192–5
 tampon users 807
 test results 808, **810–11**
 theatre checklist 808, 809–10
 thromboembolism prophylaxis 800–4
see also pre-operative assessment
- presbyopia **342**
- prescribing 677–80
 electronic (e-prescribing) systems 677, **677**
 independent 679, 680
 nurse *see* nurse prescribing
 supplementary 679–80
 unlicensed and off-label medicines 680, **681**
 verbal orders 680
- prescription-only medicines (POM) 677
- prescriptions 677
 controlled drugs **691**, **692**, 693
 dispensing 681
 oxygen therapy **435**, 435–6
 verbal orders without 680
- pressure area care 952–4
 moving and positioning 211, 952–4
 spinal cord lesions 245
 unconscious patients **225**
see also skin care
- pressure cushions 217
- pressure necrosis, gastrostomy/jejunostomy stoma site 293
- pressure-relieving devices/mattresses 952
 care after death 416
 end-of-life care 408, **409**
- pressure ulcers 946–54
 antiembolic stockings and **801**
 classification 946, 947–8
 defined 946
 management 952, 954
 patient/carer education 954
 prevention 951, 952–4
 risk assessment 211, 946–52, 949–50
 undernourished patients 268
- primary health care team (PHCT), discharge planning 38, 42
- prion diseases 55–6, **320**, 320–1
- prisons 55–6
- privacy 212, 333
- probenecid **685**
- probiotics 174
- problems
 patient 17
 prognosis, at end of life 406
- prokaryotes 52
- prokinetic agents **178**, 179
- proliferative phase, wound healing 937, 937
- prone position
 amputees 249, 249
 surgery 825
- proprioception, testing 664
- prostatic surgery, bladder irrigation after 160
- prostheses
 eye *see* eye(s), artificial
 surgical patients 813
- protected mealtimes 275
- protective isolation 86–8
 defined **51**
- entering room, [procedure guideline](#) 88
- preparing room, [procedure guideline](#) 87
- room requirements 86
- protein
 CSF 543
 dietary
 in enteral feeds 280
 requirements, calculation 269, **269**
 supplements 274–5
 plasma 268
- protozoa 55
- prucalopride **178**, 179
- pruritus, opioid-induced 385, **387**
- pseudomembranous colitis 174
- psychological interventions, pain management 372
- psychological support 97–128
 anxiety 114–15
 assessment of needs 106, 106
 communication issues 100–2
 depression 116–18
 environmental aspects **105**, 105–6
 legal and professional issues 102–5
 panic attacks 115, **116**
 patients in denial 113–14, **114**
 peripheral cannulation 881
 principles 106, **107–8**
 staff providing end-of-life care 421
 stoma patients 194
 time available 105
 worried/distressed patients 108–9, **109–10**
- psychological well-being, assessment 106, 106
- psychosocial aspects
 end-of-life care 408
 nasogastric feeding tubes 281
 pain assessment 365
- pulmonary drug administration 708–12
- pulmonary embolism (PE) 800, 800
 cardiopulmonary arrest 488
 prophylaxis *see* thromboprophylaxis
 signs **801**
- pulmonary oedema 265, 467
- pulse(s) 597–604
 amplitude 601
 bounding 27
 defined 597–8
 documentation 604
 fluid imbalances **257**
 gross irregularity 601–2
 indications for monitoring 602
 methods of measuring 602
 neurological patients 659, 663
 palpation 27, 29
 paradoxical 601–2
 points 597–8, 599
 post-operative patients 834
 problem solving **603–4**
[procedure guideline](#) 602–3, 603
 rate 598–600, **599**
 rhythm 600–1
see also heart rate
- pulseless electrical activity (PEA) 487–8, 490
 drug therapy 497
 pulse assessment 602
- pulse oximeter 627
- pulse oximetry 626–30
 cautions 626
 complications 630
 during CPAP 449
 indications 623
 post-operative 834, 835
 post-procedure actions 629
 problem solving **629**
[procedure guideline](#) 627–8, 628
 pulse rate measurement 602

- pulse pressure 612
 pupils, examination 657, **657**, 663
 pure tone audiometry (PTA) **351**
 purgatives 177
 Purkinje fibres 601, 604
 purulent discharge, surgical drain exit site **849**
 pus, specimen collection 557, 565
 P wave 604, 604–5
 pyelonephritis 167
 pyrexia 636
 blood cultures 536
 grades **636**
 management 640
 transfusion reactions **318**, **319**, 321–2, 637
- QRS complex 604, 605
 questioning 101
 questions
 closed 101, **101**, **107**
 nursing assessment 11, **13–16**
 open 11, 101, **101**, **107**
 Quincke lumbar puncture needles 544, 721
- radial artery
 Allen test *see* Allen test
 blood pressure monitoring 613
 cannulation 528, 920
 complications 925
 pulse 597–8, 599
 pulse assessment 603, 603
 puncture for blood sampling 527, 528–31
 procedure guideline 530–1
- radiation protection 586
 radicular pain, spinal cord compression 236, 237
- radioactive contamination
 deceased patients 415, **419–20**
 waste disposal **90**
- radiofrequency identification tags (RFIDs) 312
 radiological investigations 585–7
 pre-operative 795
 see also chest X-rays; ultrasound
- radiologically inserted gastrostomy (RIG) tubes 279
 care 288–93
 procedure guideline 290
 T-fastener removal, **procedure guideline** 290–1, 291
- radiotherapy, tracheostomy patients 471
 randomized controlled trials (RCTs) 3
 rapport, establishing **107**
 Rastafarianism 421
 reablement packages, supported discharges 40
 reagent sticks, urine *see* urine dipstick (reagent) tests
- rebreathing technique, panic attacks 115, 116
 reconstructive surgery 961–2
 records *see* documentation
 recovery position 491, 491
 rectal bleeding, after colonoscopy 582
 rectal drug administration 705–6
 see also enemas; suppositories
 rectal examination *see* digital rectal examination
 rectal irrigation 179
 rectal swabs, **procedure guideline** 561–2
 rectal temperature 637
 rectal tube, measuring fluid output 264
 rectum 581
 rectus femoris injections 740, 740–1
- red blood cells
 count (RBC) **534**, **810**
 in CSF 543
 frozen **307**
 in optimal additive solutions (SAGM) **307**
 oxygen transport 433
 salvage 306
 washed **307**
- red blood cell transfusion
 administration rate 316
 indications 304
 Redivac drainage system **836**, 837
 reflecting back 101
 reflexes 658
 testing 664
- refrigerators, storage of medicines 681
 refusal of treatment/care 104
 advance decisions 404
 blood transfusion 310–11
 by person lacking capacity 105, 123
 respect for 110–11
- regional analgesia nerve blocks 388–91
 complications 390
 drugs used 389
 equipment 390
 examples **389**
 methods of administration 389
 monitoring 390
 patient education 390
 rationale 389
 training/competencies 390
- Regulan 177
 relatives *see* family
 relaxation techniques, pain management 372, **372**
- religious beliefs/practices
 assessment **16**
 blood transfusion and 310–11
 care after death **410–12**, 413–14, 415–16
 end-of-life care and 408
 marriages at end of life 405
 personal hygiene 336, **336**
- renal clearance 644
 renal failure
 biochemical tests **535**, **811**
 opioid analgesia 370, 371–2
- renin-angiotensin system 613
 repatriation, deceased patients 414
 reproductive health, assessment **16**
 request forms, diagnostic test 513
 research evidence (R) **2**, **3**
 reservoir of infection **56**
- residential care home, discharge to 40
 residual volume (RV) 622, **623**
- respiration 618–30
 control 620–1, 621
 defined 618
 depth 625–6
 external 432, 618, 622, 624
 internal (cellular) 432, 618, 622, 624
 rhythm 625–6
 see also breathing
- respirators 60
 fit testing 60
 procedure guideline 67, 68
- respiratory assessment 434, 618–30
 equipment 627
 indications 623
 methods 624–6
 neurological patients **658**, 658–9, 663
 nursing assessment **13–14**
 physical *see* respiratory examination
 post-operative 835
 post-procedure actions 629
 pre-operative 790
 prior to moving unconscious patients 221
 problem solving **629**
 procedure guideline 627–8
- respiratory care 431–502
 respiratory centres 620
 respiratory compromise 225–30
 management 629
 positioning 225–30, 627
 maximizing drainage of secretions 228–30, **230**
- maximizing ventilation/perfusion matching 225–7
 minimizing work of breathing 227–8, **228**, 229
 problem solving **227**, **230**
 procedure guidelines 226–7, 230
 signs 624–6
- respiratory depression
 after gastroscopy 581
 epidural/intrathecal analgesia **384**, 385, **386**
 post-operative **831**, 835
- respiratory disease, chronic
 domiciliary oxygen therapy 437–8
 dysphagia **278**
 inhalational drug administration 709
 non-invasive ventilation 446–7
- respiratory distress
 signs of 625, 626
 see also respiratory compromise
- respiratory examination 21–6
 procedure guideline 25–6
 rationale 24
 techniques 22–4
- respiratory failure 434
 causes **435**
 type 1 (hypoxaemic) 434, 444
 type 2 (hypercapnic) 434
- respiratory function
 post-operative 835
 spinal cord compression **245**
 unconscious patients 221, **224**
- respiratory muscles 227, 618, 619–20, 620
 accessory *see* accessory muscles of respiration
- respiratory observations *see* respiratory assessment
- respiratory rate 625–6
 assessment 628
 fluid imbalance **257**
 transfusion reactions **319**
- respiratory secretions
 effects of low humidity 441
 at end of life 407, **409**
 infection control precautions **51**
 positioning to maximize drainage 228–30, **230**
 sampling 573–8
 equipment 574, **574**, 574
 indications 573
 invasive techniques 573–4
 methods 573–4
 procedure guidelines 574–8
- tracheostomy patients
 excessive **483**
 suctioning 476–99
 transmission of infection 57
 see also sputum
- respiratory syncytial virus (RSV) 82
- respiratory system
 anatomy 21, 21–2, 22, 432
 conducting zone 618
 humidification function 441
 physiology 432–4, 618–20
 pre-operative review 790
 respiratory zone 618
- respiratory therapy 432–84
 chest drains 452–67
 CPAP 446–52
 humidification 441–4
 hyperbaric 447
 oxygen therapy *see* oxygen therapy
 tracheostomy *see* tracheostomy
- respiratory tract infections
 infection prevention and control **51**
 sputum/secretion sampling 573–8
 tracheostomy patients **484**
- respiratory volumes and capacities 622, 622, **623**

- rest
 assessment **15**
 pain management 373
see also bedrest
- restlessness, terminal 122, **409**
- restraint, physical **121**, 122
- resuscitation committee 492
- Resuscitation Council UK (RCUK) 488, 489, 492
- resuscitation training officer (RTO) 492
- reticular activating system (RAS) 653–5, 657
- retina 341
- retinol binding protein 268
- retrolental fibroplasia 441
- reverse barrier nursing **51**
- rewarming methods, hypothermia 640
- rhesus (Rh) blood group system 302
- rhesus (Rh) incompatibility 302
- rhonchi 24
- ribcage 22
- rifampicin **644**
- right atrium (RA), CVAD tip position 867–8
- rigor mortis 416
- rigors **319**, 636
- RIG tubes *see* radiologically inserted gastrostomy tubes
- risk assessment
 falls prevention 212–13
 infection prevention and control 58
 manual handling 210, **210**
 post-operative nausea and vomiting 134
 pressure ulcers 211, 946–52, 949–50
- risk management 2
 arterial blood sampling 529
 blood cultures 536
 colonoscopy 581
 endoscopy 580
 lumbar puncture 544
 medicines administration 687
 oxygen therapy 435
 specimen collection 511
 tracheostomy care 468
 venepuncture 516
 X-rays 586
- RNIB See It Right 128
- Roberts catheters 148, 148
- Robinson's drain **836**, 837
- robotic surgery 817, 818
- rofecoxib 369
- role, patient's, assessment **16**
- roller clamps 750, 751, 752
- Roman Catholics, care after death **410**
- Rome Criteria, constipation 177
- Roper's Activities of Daily Living 10
- rotavirus 82
- routes of drug administration 697, **697**
- Royal College of Psychiatrists 128
- Royal College of Speech and Language Therapists 128
- rubella 82
- Rusch speaking valve 472, 473
- Ryle's tube **836**
- SABRE reporting system 310, 321
- sacral nerves 655
- sacral plexus 655
- The Safe and Secure Handling of Medicines: A Team Approach* (Duthie Report, 2005) 682, 687–8
- SAGE and THYME model 109, **109–10**
- St John's wort, drug interactions 685
- salicylates **644**
- saline, normal *see* sodium chloride, 0.9% solution
- saliva 353
 antimicrobial drug monitoring 540
 artificial 353, 356
- Salmonella* infections 82, 174
- Saltair No-roma 191
- Saltair solution **193**
- satiety, early **274**
- Savene *see* dexrazoxane
- Saving Lives* toolkit 60
- SBAR (Situation-Background-Assessment-Recommendation) tool 596, 598
- scabies 55, 82
- scales, weighing 269–70
- scar formation 937
- scarlet fever 82
- scavenging system, anaesthetic gases 820
- sciatica, positioning during surgery and 819
- sciatic nerve block **389**
- sclera 341, 341
- scooping method, resheathing needles 723, 723
- scotoma 342
- Scotts catheter **147**
- scrubbing up *see* surgical scrub
- scrub nurse 816, 825
 handover in PACU, [procedure guideline](#) 827
- seating
 in neurological impairment 233
see also chair; sitting position
- seating cushion, lower limb amputees 247
- SecurAchat 865, 869, 901
 removal 903, 903
- sedation
 aggressive patients 120, **121**
 chest drain insertion 457, 458
 complicating epidural/intrathecal analgesia **384**, 385, **386**
 conscious, for endoscopy 580, 581
 critically ill patients 221
 in delirium 122
 segmentation, intestinal 140–1
 Seldinger chest drain 456
 Seldinger technique, modified, PICC insertion 895
[procedure guideline](#) 897–900, 900
- selective serotonin reuptake inhibitors (SSRIs) 117, **117**
- self-administration of medicines 687–90, **688**
 patient assessment form **689**
[procedure guideline](#) 688–9
- self-assessment, patient 13
- self concept, assessment **16**
- self-esteem, assessment **16**
- self-inflating resuscitation bag 493–4, 494
- self-monitoring of blood glucose (SMBG) 648
- semen 547
 collection 547–50
 methods 548
 patient preparation 549
[procedure guideline](#) 550
 rationale 547–8
 cryopreservation 548
- semi-circular canals 350, 350
- semi-lunar valves 487
- semi-permeable films, wound management **940**
- senna **178**, 178–9
- sensory function, assessment 658, 664
- sensory inattention **235**
- sensory loss, patient positioning 211, 231
- sepsis
 blood cultures 536
 contraindicating spinal analgesia 379
 CVAD-related *see* central venous access device (CVAD)-related infections
 pulse monitoring 602
 transfusion-associated 321
see also infection(s)
- septicaemia 902
- Serious Adverse Blood Reactions and Events (SABRE) reporting system 310, 321
- serious adverse event, transfusion-related 310
- serious adverse reaction, transfusion-related 310
- Serious Hazards of Transfusion (SHOT) scheme 303, 303, 321
- serological testing 511
- seromas, surgical site **853**
- serotonin-norepinephrine reuptake inhibitors (SNRI) 117, **117**
- sertraline 117
- serum *see* plasma
- severe acute respiratory syndrome (SARS) 82, 491
- Sexual Dysfunction Association 199
- sexual function, stoma patients 198
- sexuality, assessment **16**
- shampooing, hair 334, 339–40
- sharps bins (containers) 59, 89, **89**
- sharps disposal **89**, **90**, **91**, 516
- sharps injuries *see* inoculation injuries
- shaving
 deceased patients 417
 facial, male patients 339
 peripheral cannulation site 880–1
- Shaw silver laryngectomy tube 473, 474
- Shigella* infections 82
- Shiley laryngectomy tube 473, 474
- Shiley tracheostomy tubes
 cuffed 470, 470–1
 cuffless 470, 471
 fenestrated cuffed 470, 471
 fenestrated cuffless 470, 471
- shingles 82
- shivering 636
 post-operative 829, **832**
- shock
 blood pressure measurement 613
 complicating paracentesis **401**
 venepuncture in 518
- shoes *see* footwear
- shopping, prior to discharge 42
- SHOT (Serious Hazards of Transfusion) scheme 303, 303, 321
- showering, pre-operative 812
- side-effects
 drug *see* adverse drug reactions
 treatment, assessment **16**
- side-lying position 215–16, 216
 lumbar puncture 545, 546
 minimizing work of breathing **228**, **229**
 neurological patients 234, 234
 patient with artificial airway 224
[procedure guideline](#) 215–16
 sitting up from, [procedure guideline](#) 216–17, 217
 unconscious patients 224
 unilateral lung disease 226
 ventilation/perfusion matching 225, 226, 226
- sight 342
- Sikh Educational and Cultural Association **412**
- Sikhs
 care after death **412**, 415
 washing and personal hygiene **336**
- silastic laryngectomy tube 473, 474
- silicone catheters 148
- silicone elastomer-coated catheters 148
- silicone enteral feeding tubes 279
- silver alloy-coated catheters 149
- silver laryngectomy tubes 473, 474
- silver toxicity 149
- silver tracheostomy tubes 471–2, 472
- Simpson, James 814
- Single Assessment Process (SAP) 38
- single checking, medicines 686–7
- single-occupancy rooms
 dying patients 403
 protective isolation 86, 87–8
 source isolation 80, 83–5

- sinoatrial (SA) node 487, 600, 601, 604
 sinus arrhythmia 600
 sinus rhythm 600
 sip feeds 273
 siphonage 753
 sitting position
 lower limb amputees 247, 248
 lumbar puncture 545
 minimizing work of breathing **228**, 229
 problem solving **220**
 in respiratory compromise 227
 respiratory examination 25
 on side of bed, from lying down 216–17, 217
 standing from 218, 218–19
 ventilation/perfusion matching 225, 226, 226
 sitting up in bed 214–15, 215
 [procedure guideline](#) 214–15
 Situation-Background-Assessment-Recommendation (SBAR) tool 596, 598
 situs invs 607
 skin 332–3
 ageing 333
 anatomy 332, 332–3, 719, 936
 assessment **15**, 333
 damaged, hand hygiene and 61, 70
 frail and papery **334**
 functions 332
 inspection 25, 29, 31, 32, 33, 952
 marking for surgery 806
 redness **334**
 scrapings 562
 swab sampling 562
 temperature 634, 634
 skin barrier products
 incontinence 142
 stoma care **193**
 wound management **940**
 skin care 333
 assessment 211
 diarrhoea 174
 incontinence 142, 333
 soap/emollients 335–6
 specific considerations **334**
 stoma site 191, **193**
 when using splints 235
 see also pressure area care
 skin cleaning/preparation
 blood cultures 537
 intramuscular injections 741, 742
 lumbar puncture 544
 peripheral cannulation 880, 880–1, 882
 pre-operative 805–6, **806**
 stoma site 191
 subcutaneous injections 731, 732
 surgical site 820
 VAD insertion site 864
 venepuncture 516, 520, 521
 skin clips see clips, skin
 skin closure strips, adhesive **955**
 skin colour, assessment 624
 skinfold thickness 268
 skin grafts 961–2
 skin preparation see skin cleaning/preparation
 skin reactions
 subcutaneous drug infusions 739
 topical medications 704
 skin-tunnelled (central venous) catheters **862**, 911, 911–15
 discharge home with *in situ* 874–5, **875**
 dressings 914
 indications 911
 insertion methods 911
 removal
 methods 911–12
 problem solving **914**
 [procedure guideline](#) 912–14
 tip position 911, 911
 types and design 912, 912
 urokinase instillation **874**
 skin turgor **257**
 sleep, assessment **15**
 sliding sheets 213
 slipper bedpan 141
 [procedure guideline](#) 142–3
 sloughy wounds **944**
 small intestine 139, 140–1
 absorption of nutrients 266–7
 smell see odour
 smoking
 assessment **14**, 791
 cessation advice 434, 629, 791
 oxygen therapy and 440
 Snellen chart 659
 soap 335–6
 dispensers 59
 for hand washing 59, 61
 for surgical scrub 70
 social history 791
 social services 38, 40, 42
 SOCRATES pain assessment framework 364
 sodium
 in bodily fluids 254
 dietary restriction, ascites 398
 membrane transport 254
 serum **257**, **535**, **811**
 tubular reabsorption 640–1, 641
 sodium bicarbonate
 CPR 497
 mouthrinse 356
 sodium chloride, 0.9% solution (normal saline)
 bladder irrigation 162
 extravasation injury management 777–8
 flush, intravenous injections 748
 humidification 474
 maintaining VAD patency 866
 mouthrinses 356
 nasopharyngeal sampling 576
 subcutaneous infusion 733
 tracheostomy suctioning 477, 478
 wound cleaning 941, 956
 sodium/potassium pump 254, **255**
 soft tissue changes
 limiting movement 211
 neurological patients 232
 SOLER acronym 100
 solutes
 in bodily fluids 254
 transport and movement 254, **255**
 solution administration sets 750
 changing 748
 sore mouth, dietary modification **274**
 source isolation 80–6
 attending to patient in 80–3
 cleaning room 83
 defined **51**
 discharge from 83
 entering room, [procedure guideline](#) 84–5
 facilities required 80
 leaving room, [procedure guideline](#) 85
 prioritization tool 81–2
 [procedure guidelines](#) 83–6
 rationale 80
 room preparation, [procedure guideline](#) 83–4
 transporting patients, [procedure guideline](#) 86
 spacer devices 708–9, 709
 [procedure guideline](#) 710
 spasticity 231, 232
 Speakability 128
 speaking valves 472, 473
 special medicines 680
 specimen collection 510–79
 blood see blood sampling
 cervical uterine smear 550–7
 communication 513
 competencies 511
 consent 511
 CSF 541–7
 documentation 511
 equipment 511, 512
 faeces 571–3
 good practice **510**, 513
 pleural fluid 578–9
 respiratory secretions 573–8
 risk management 511
 semen 547–50
 swabs 557–65
 timing 513
 urine 565–71
 specimens
 containers 511, 512, 513
 hazardous 513
 labelling 513–14
 methods of examination 510–11
 request forms 513
 safe handling 512–13
 selection 513
 storage 514
 transportation 511, 514, **514**
 spectacles
 cleaning 338, 343
 eye protection for staff wearing 60
 surgical patients 813
 speculum, vaginal 551, 553
 speech 125
 communication using 101
 evaluation, Glasgow Coma Scale **661**, 661–2
 production 98, 98
 speech and language therapists (SLT) 125, 126, 278
 speech impairments 124–5
 communicating with people with 101, 126–7
 speech perception test **351**
 speed shock 780–1
 spermatozoa 547
 sphygmomanometers 613, 614–15
 aneroid 614
 automated oscillometric 613, 614–15
 cuffs 615, **615**, 616
 manual 614, 615
 [procedure guideline](#) 616–17
 mercury 614
 post-anaesthetic recovery 828
 spillages
 blood **523**
 source isolation rooms 82
 spinal anaesthesia/analgesia 376, 543
 see also epidural analgesia; intrathecal analgesia
 spinal blocks (intrathecal central nerve blocks) 377–8, 388–91, **389**
 spinal brace 237
 spinal cord 235
 anatomy 376, 377, 653, 655
 lumbar puncture 542, 542
 pain processing 361
 spinal cord compression (SCC) 235–46
 clinical presentation 236
 metastatic (MSCC) 236
 moving and positioning 235–46
 complications 245–6
 equipment 237
 problem solving **244–5**
 [procedure guidelines](#) 237–43
 pain management 237, **244**
 primary/benign 236
 principles of care 236–7
 stable 236
 unstable 236
 spinal cord injuries (SCI) 235–46
 assessment and recording tools 237
 bowel management 187, 188
 complete 236

- spinal cord injuries (SCI) (*continued*)
 incomplete 236
 moving and positioning 235–46
 complications 245–6
 equipment 237
 problem solving **244–5**
[procedure guidelines](#) 237–43
 traumatic 235–6
- spinal cord tumours 236
- spinal instability 236
- braces and hard collars 237, 237
 moving and positioning 214, 236–46, 239
 complications 245–6
 equipment 237
 problem solving **244–5**
[procedure guidelines](#) 237–43
- spinal cord compression with 236
- spinal needles 544, 721, 721
- spinal nerves 376, 377, 378, 653
 anterior (ventral) root 376, 378
 dermatomes 378
 external anatomy 655
 posterior (dorsal) root 376, 378
- spinal shock 235, 245
- spine
 degenerative conditions 236
 stable 211, 236
 unstable *see* spinal instability
- spiritual beliefs, assessment **16**
- spiritual care 408, 415–16
- spirogram 622
- spirometers 631
- spironolactone 398
- spleen, examination 33
- splints
 neurological patients 232–3, 234
 skin care 235
 unconscious patients 223, 223
- spores
 bacterial 52–4
 fungal 54
- spring coil piston infusion devices 756
- Sprotte needle 721
- sputum 573
 aspiration via endotracheal tube 573, 574
 sampling 573, 574, 629
[procedure guideline](#) 574–5
- sputum pot 512
- stadiometer 269, 270
- Standard Operating Procedures (SOPs) 682
- standard precautions 50, **50**, 58
 handling specimens 512–13
see also universal precautions
- Standards for Medicines Management* (NMC)
 676, 682, 686
- standard wire gauge (swg) 878
- standing position
 assistance with moving to 218, 218–19
 minimizing work of breathing **228**, 229
- Staphylococcus aureus* 57–8
 meticillin-resistant *see* meticillin-resistant
Staphylococcus aureus
 vancomycin-resistant 540
- Starling's law of the heart 613
- Statlocks 864–5, 908, 908
- stem cell transplantation, haemopoietic 303
- sterculia 177–8
- sterile field, operating theatre 819, 820, 826
- sternal rub, neurological assessment 657
- steroids *see* corticosteroids
- stethoscope 20, 21, 21
 blood pressure measurement 615
 heart rate assessment 602, 603
 post-anaesthetic recovery 828
- stitches *see* sutures
- stockings, antiembolic *see* antiembolic
 stockings
- Stockley's Drug Interactions 781
- stoma(s)
 body image 198
 complications 199
 deceased patients 417
 deodorants 191, **193**
 diet 197, 198
 measuring fluid output 264
 observational index 199, 200–1
 plug systems 191
 post-operative function 197–8
 preventing odour 191, 198
 sexual function and 198
 siting 192–3
[procedure guideline](#) 193–4
- types 189–90
see also colostomy; gastrostomy; ileostomy;
 urostomy
- stoma appliances 191
 bag change, [procedure guideline](#) 195
 obtaining supplies 199
 one- and two-piece systems 191
 post-operative period 197
 pouches 191, 192
 selection 191, 192, **197**
 size 191
- stoma bridges or rods 190, 190
 removal, [procedure guideline](#) 196, 196
- stoma button, laryngectomy 473, 474
- stoma care 189–201
 discharge planning 198–9, 199
 education 194–5
 equipment 191–3, **193**
 indications 191
 post-operative 197–8
 pre-operative 192–5
[procedure guidelines](#) 195–6
 products **193**
 solutions 191
- stomach 579
- Stomahesive products **193**
- stools *see* faeces
- stool softeners **177**, 178, **178**
- stopcocks 752
- stomage
 controlled drugs 691, **691**, **692**
 medicines 681–2
Streptococcus pyogenes 82
- stress, assessment **15–16**
- stroke 232, 601
see also aphasia
- Stroke Association 128
- stroke volume (SV) 599, 611
- stump
 pain **248**
 wound breakdown **248**, 249
- stump boards 247, 247, 248
- subarachnoid analgesia *see* intrathecal
 analgesia
- subarachnoid space 376, 377, 377, 542
- subclavian vein 863, 864
 catheterization 904
- subcutaneous analgesia 368
- subcutaneous infusions 733–9
 complications 739
 equipment 734
 fluids (hypodermoclysis) 733
[procedure guideline](#) 734–6
 medications 733–4
 problem solving **739**
[procedure guideline](#) 736–9
 syringe pump volumes **739**
- monitoring 739
- sites 734
- subcutaneous (SC) injections 731–3
 complications 733
 needles 720–1, 731
[procedure guideline](#) 732–3
 sites 731, 731
- subcutaneous layer 332, 333, 936
- subdural space 377, 542
- Subjective Global Assessment (SGA) 268, 272
 patient-generated (PG-SGA) 268, 272
- sublingual analgesia 368
- sublingual tablets **697**, 698
- suction
 chest drainage systems 460, 461, 466
 endotracheal *see* endotracheal suctioning
 equipment, CPR 495, 495, **501**
 post-anaesthetic recovery 828, 830
 tracheostomy patients 469
- suction catheters
 CPR 495, 495
 tracheostomy 477, 477, 478
- suction drains, surgical **836**, 837
 changing vacuum bottle, [procedure
 guideline](#) 839–40
 vacuum failure **850**
- suction unit, operating theatre 820, 822
- sudden cardiac death 488
- suicidal ideation **118**
- suicide, assisted 405
- summarizing 102
- superficial temporal artery, pulse point 599
- superior vena cava (SVC) 863, 864
 CVAD catheter tip position 867–8
 thrombosis 902
- supine position
 abdominal examination 32
 cardiovascular examination 28
 neurological patients 233, 234
 patient with artificial airway 222–3
[procedure guideline](#) 213–14
 sitting up from 216–17, 217
 unconscious patients 222–3, 223
- supplementary prescribing 679–80
- supportive care *see* psychological support
- suppositories 183–5, 706
 indications 183
 methods of administration 183–4
[procedure guideline](#) 184–5
 types available 184
- supraclavicular lymph nodes, inspection 32
- supraorbital pressure, neurological assessment
 657
- suprapubic catheterization 155
- SurePath 554
- surgery
 autologous blood donation/cell salvage 306
 consent for 798–9
 death within 24 hours of **419**
 extravasation injuries 774
 hypothermia risk 635–6
 minimally invasive 817, 817
 plastic 961–2, 962
 poor technique **939**
see also intraoperative care; post-operative
 care; pre-operative care
- surgical drains *see* drains, surgical
- surgical history 791
- surgical pre-assessment *see* pre-operative
 assessment
- Surgical Safety Checklist, WHO 799, 814, **815**,
 816, 825
- surgical scrub 59, 819–20, 820
[procedure guideline](#) 69–70
- surgical site
 hair removal 806, **806**
 post-anaesthesia care 830
 pre-operative marking 806
 skin cleaning 820
 wound complications **852–3**
- surgical site infections (SSI) **852**
- surgical team 816, 816, 817
- surgical wounds 851–3, 954–61
 closure methods 851
 complications 851, **852–3**

- dressings 825, 826, 851
see also drains, surgical
- Surviving Sepsis Campaign 536
- sustained-release tablets 698
- sutures
- continuous **955**
 - interrupted **955**
 - removal 960
 - [procedure guideline](#) 960
 - securing chest drains 455, 455, 459, **465**, 466
 - securing PICCs 901
 - subcuticular **955**
- suturing 954–60, **955**
- common errors **956**
 - competencies 954
 - indications 954
 - [procedure guideline](#) 956–9, 958–9
 - VADs 865
- swabs 512, 557–65
- documentation 565
 - ear 558, 558
 - eye *see* eye swabbing
 - indications 557
 - nose 559–60, 560
 - penis 560–1
 - principles 557
 - [procedure guidelines](#) 558–65
 - rectum 561–2
 - skin 562
 - storage and transportation 565
 - throat 563, 563
 - vaginal 564
 - wound 564–5, 941
- swallowing 266, 266, 278
- assessment 278
- swallowing difficulties 277–8
- oral medications 698, **702**
 - see also* dysphagia
- swallow reflex 658
- Swedish nose 442, 442
- swelling
- extravasation site **770**
 - patient positioning and 211
- sympathetic nervous system 114, 599
- syncope *see* fainting
- syphilis serology 543
- syringe pumps/drivers 754, 754
- advantages and disadvantages 754
 - ambulatory 756
 - anaesthesia 755
 - occlusion response 753
 - patient-controlled analgesia (PCA) 755, 755
 - siphonage 753
 - subcutaneous drug infusion 734, 739
 - problem solving **739**
 - [procedure guideline](#) 736–9
 - volumes **739**
 - user errors 749
- syringes
- blood sampling from CVADs 526
 - CVAD rupture 865
 - for injections 720, 721
 - intrathecal drug therapy 720
 - nasopharyngeal sampling 575–6, 576
 - oral drug administration 700, 700
 - pre-filled 497, 497, 720
 - subcutaneous drug infusions 734, 737
 - VAD occlusion 866–7
- syrups 698
- systematic reviews 3
- systemic vascular resistance (SVR) 611, 612
- systolic blood pressure 610, 612
- measurement 614, **614**, 614, 617
- tablet crushers 699, 699–700
- tablets 698, 698
- administration via enteral feeding tube 297
 - crushing or breaking **697**, 699–700
 - storage 682
- tablet splitters 699, 699
- tachycardia 600
- post-operative **832**, 835
 - transfusion reactions **319**, 321–2
- tachypnoea 625
- tamponade, cardiac 488
- tampons 807
- tape measure 269
- tapentadol 370
- tapeworms 572
- taps, for hand washing 59, 61
- Targinact 370
- tears 341
- artificial 714
- TED stockings *see* antiembolic stockings
- teeth 352, 352
- decay 353
 - methods of cleaning 355, 355
- Teflon coated catheters 148
- temazepam **691**
- temperature (ambient)
- inspired gases 441
 - sensation, testing 664
 - storage of medicines 681–2
 - wound healing and **939**, 941
- temperature (body) 634–40
- circadian variations 634, 637
 - core 634, 634, 637
 - defined 634
 - factors affecting 634
 - measurement **15**, 636–40
 - equipment 638
 - fluid imbalances **257**
 - indications 636–7
 - methods 637
 - problem solving **639**
 - [procedure guideline](#) 638–9
 - neurological patients 659, 663
 - regulation 634, 635
 - skin 634, 634
 - venepuncture and 518
 - see also* fever; hyperthermia; hypothermia; pyrexia
- temporal lobe 652, 654
- tension pneumothorax **453**, 454, 488
- terminal care 402
- see also* end-of-life care
- testicular sperm extraction (TESE) 548
- tetraplegia 245, **245**
- T-fasteners, removal 290–1, 291
- theatre, operating *see* operating theatre
- theatre gowns 806
- therapeutic drug monitoring **685**
- therapeutic relationships, trusting 372
- thermometers 638
- thermoregulation 634, 635
- spinal cord lesions 245
- thigh, blood pressure measurement 614
- Thinprep 554
- thoracic nerves 655
- thoracocentesis 578–9
- thoracolumbar spinal instability
- early mobilization in bed 243
 - log rolling 236, 242–3
- thorax *see* chest
- threadworms 561
- thrills 27
- throat swabs 563, 563
- thrombocytopenia 304
- thromboembolic deterrent stockings *see* antiembolic stockings
- thrombolytic agents, VAD occlusion 866–7, 867, 873, **874**
- thromboprophylaxis
- patient information leaflet 802
 - surgical patients 800–4, 854–5
 - see also* antiembolic stockings
- thrombosis
- cardiopulmonary arrest 488
 - PICC-related 902
 - VAD occlusion 865, 865, 866–7
 - see also* deep vein thrombosis; venous thromboembolism
- thyroid disorders 636
- thyroid function tests **795**
- tidal volume (TV) 622, **623**
- Tieman-tipped catheters 148, 148
- TILE mnemonic 210
- Tilley's forceps 469
- TIME principles, wound management **938**, 938–41
- tissue(s)
- extravasation of vesicants into *see* extravasation
 - factors affecting wound healing **938**, 938–9
 - infiltration of solutions/medications into **766**, 767
 - oxygenation 432–4
- tissue adhesive **955**
- T lymphocytes, inactivation in blood products 319–20
- toileting, assessment **14**
- toilets, patients in isolation 80, 83
- tone *see* muscle tone
- tongue 352, 352
- tongue depressor 659
- tooth *see* teeth
- toothbrushes 354, 355
- toothbrushing 357–8
- aids 354, 354
 - patients unable to tolerate **360**
- toothpaste 356
- topical anaesthesia
- eye drops 713
 - gastroscopy 580
 - implanted port access 916, 917
 - peripheral cannulation 879
 - urinary catheterization 150–1
 - venepuncture 517
 - see also* local anaesthesia
- topical drug administration 697, **697**, 702–4
- complications 704
 - dosage forms 702
 - eye 712–16
 - [procedure guideline](#) 703
- topical negative pressure therapy (TNP) *see* negative pressure wound therapy
- total body water 254, 267
- total lung capacity (TLC) 622, **623**
- total parenteral nutrition (TPN) *see* parenteral nutrition
- touch perception, testing 664
- tourniquets 516
- peripheral cannulation 876, 881–2
 - venepuncture 515–16, 519–20, 523
- towels, paper *see* paper towels
- toxicity, cardiopulmonary arrest 488
- toxic shock syndrome (TSS) 807
- T-piece circuit 437, 438
- trace elements, parenteral nutrition 299, **301**
- trachea 229, 467, 468
- palpation 25
- tracheal dilators 469, 469
- tracheal suctioning *see* endotracheal suctioning
- tracheostomy 467–84
- competencies 468
 - contraindications 468
 - documentation of care 484
 - dressings change 475–6
 - [procedure guideline](#) 475–6, 476
- dysphagia **278**
- emergencies 222, 484, **484**, 485

- tracheostomy (*continued*)
 equipment 469–73
 humidification 474
 indications 467–8
 location 467
 moving and positioning 222–5
 problem solving **224–5**
 procedure guidelines 222–3, 224
 multidisciplinary support 473
 oxygen masks 437, 474, 474
 patient education 474–5
 percutaneous 468
 permanent 468, 468
 problem solving **483–4**
 risk management 468
 suctioning 476–9
 complications 479
 equipment 477, 477
 indications 476
 infection risk 476–7
 method 477
 procedure guideline 478–9
 surgical 468
 temporary 468, 468
see also laryngectomy
 tracheostomy box 469
 tracheostomy tubes 469–72
 changing 481–3
 first 481
 problem solving **483–4**
 procedure guideline 481–3
 changing inner cannula 479–80
 procedure guideline 480
 cleaning reusable 483
 cuffed 470, 470–1, 471
 cuffless 471
 cuff pressure manometer 469, 469
 decannulation (removal) 471
 decannulation plug (cap) 471, 472–3, 473
 dislodgement **483**
 fenestrated 471, 471
 metal 471–2, 472
 occlusion **483**
 speaking valves 472, 473
 Trachphone 474, 475
 track and trigger systems 596
 cardiac arrest prevention 492, 498
 oxygen therapy 437
 tramadol 369, **691**
 transactional model of communication 99, 99
 transcellular space 254
 transcutaneous electrical nerve stimulation (TENS) 373, 373
 transdermal analgesia 368
 transdermal drug administration 704–5
 procedure guideline 704–5
 transdermal patches 704, 704–5
 disposal of used 705
 transdermal systems, conventional 704
 transfers
 to operating theatre 808
 to PACU 827
 post-cardiac arrest 501, 502
 spinal instability 236
 to/from operating table 820, 821, 824
 see also manual handling; moving and positioning; transportation
 transfusion-associated circulatory overload (TACO) 304, 323
 transfusion-associated graft-versus-host disease (TA-GVHD) 319–20
 transfusion reactions **319**, 321–3
 delayed 323
 febrile non-haemolytic **318**, 323
 initial management **322**
 major 322–3
 minor 321–2
 monitoring for 318–19
 pyrexia **318**, **319**, 321–2, 637
 transfusion-related acute lung injury (TRALI) 321
 transfusion-related immunomodulation 321
 transjugular liver biopsy 584
 translation services 104
 transmissible spongiform encephalopathies (TSEs) 55–6, 320–1
 transmission-based precautions **51**
 see also source isolation
 transmission of infectious agents, modes 57
 transportation
 controlled drugs 693
 infected patients, **procedure guideline** 86
 specimens 511, 514, **514**, 565
 trapezium squeeze, neurological assessment 657
 trauma
 epidural analgesia 379
 spinal cord injuries 235–6
 tremor, flapping 25, 32
 Trendelenburg position
 CVC insertion 904, 905, 905, 906
 CVC removal 910
 intraoperative care 819
 tricuspid valve 487
 tricyclic antidepressants (TCAs) 117, **117**
 pain management **367**
 trigeminal nerve (V) **656**
 Trocar chest drainage tubes 456
 trochlear nerve (IV) **656**
 Tru-Cut needle 584
 tuberculosis (TB)
 CPR 491
 pleural fluid sampling 578
 source isolation 80, 82, 85
 sputum sampling 573
 tubular reabsorption 640–1, 641
 tubular secretion 641, 641
 tunica adventitia 515, 862, 863
 tunica intima 515, 862, 863
 tunica media 515, 862, 863
 tuning fork test **351**
 Tuohy needle 380
 Turbohaler 708, 709
 T wave 604, 605
 twiddler's syndrome 918
 two-handed technique, peripheral cannulation 878
 tympanic membrane 99, 99, 350
 tympanic membrane thermometers 637, 638, 638
 problem solving **639**
 procedure guideline 638–9
 tympanometry **351**
 typhoid fever 82
 tyramine-containing foods 685–6

 ulna length, height estimation from 269, 270, 271
 ulnar artery cannulation 920
 ultrasound
 arterial assessment 920
 chest drain insertion 455
 CVC insertion 904, 906, 907
 liver biopsy guidance 584
 vein localization 893, 893, 894, 898
 umbilicus, position 31, **31**
 unconscious patients
 blood transfusion **317**, **318**
 mouth care 355, **355**
 moving and positioning 221–5, 223
 factors to consider 221
 problem solving **224–5**
 procedure guidelines 222–3, 224
 observations **659**
 oropharyngeal airway insertion 494, 495
 physiological changes 221
 see also consciousness
 underinfusion 780
 complications **750**
 monitoring **780**
 undertakers **420**
 Union of Liberal and Progressive Synagogues **412**
 universal precautions **50**
 handling specimens 512–13
 tracheal suctioning 476–7
 see also standard precautions
 unlicensed medicines 680, **681**
 unmyelinated nerve fibres 376
 upper limb
 amputation 246, 248
 superficial veins 514, 514–15, 894
 venous access 514–15, 863, 863, 876
 see also hand(s)
 upper motor neurons (UMNs) 235
 urea, plasma (or serum) **257**, **535**, **811**
 ureterostomy, cutaneous 171
 ureters 139
 urethra 139, 582–3
 difficulty in visualizing orifice **158**
 mucosal trauma/irritation, catheterized patients **157**, **161**
 urethral catheterization *see* urinary catheterization
 urethral meatus
 cleaning, catheterized male patients 160
 crusting, catheterized patients **161**
 urinals/urine bottles
 measuring urine output 262
 patients in isolation 80
 urinalysis 565, 640–6
 dipstick tests *see* urine dipstick (reagent) tests
 drugs affecting results **644**
 indications 642–3
 methods 643–4
 pre-operative **795**
 procedure guideline 644–5, 645
 timed 644
 urinary catheterization 147–60
 anaesthetic lubricating gel 150–1
 aseptic technique **78**
 bedbathing 338
 competencies 147
 complications 160, **161**
 drainage bags *see* urine drainage bags
 equipment 147–50
 indications 147
 intermittent self- *see* intermittent self-catheterization
 measuring urine output 261
 post-operative 853
 problem solving **157–8**
 procedure guidelines 151–4, 156–7, 158–9
 suprapubic 155
 urinary catheters 147–9
 antibiotic-impregnated 149
 -associated infections *see* catheter-associated urinary tract infections
 bags *see* urine drainage bags
 balloon size 147
 encrustations and blockages **161**
 intermittent self-catheterization 155–6
 leakage around **161**, **164**
 length 148
 materials 148–9
 removal, **procedure guideline** 159
 selection 147
 size 148
 three-way (for irrigation) **147**, **147**, 160–2
 tip design 148, 148
 types **147**, **147**

- with urometers 261
- valves 150
- urinary diversions, surgical 170–2
 - continent 170, 171, 171–2
 - [procedure guideline](#) 171–2
 - self-catheterization 171, 171–2
 - incontinent 170, 171, 171
 - indications 170
- urinary drainage bags *see* urine drainage bags
- urinary elimination 138–9, 141–72
 - altered 144–72
 - anatomy and physiology 138–9, 139
 - assisting normal 141–2
 - equipment 141, 141
 - [procedure guidelines](#) 142–4
 - moving/positioning patients and **220**
- urinary fistulas, catheterized patients **161**
- urinary incontinence 144–6
 - penile sheaths 144–6
 - skin care 142
 - see also* incontinence
- urinary retention
 - catheterized patients **161**
 - epidural/intrathecal analgesia 385, 386
 - post-operative 853
- urinary tract 138–9, 139
- urinary tract infections (UTIs) 641
 - catheter-associated *see* catheter-associated urinary tract infections
 - complicating cystoscopy 583
 - dipstick tests 644
 - nephrostomy tube patients 167
 - predisposing factors 641, 642
 - symptoms 57
 - urine sampling 565–71
- urinary tract obstruction 166
- urine
 - colour 641, **643**
 - debris **643**
 - elimination 138–9
 - formation 640–1, 641
 - leakage around catheter **161, 164**
 - light microscopy 643–4
 - observations 643, **643**
 - odour 641, **643**
 - osmolality **257**
 - patients in isolation 80
 - specimen container 512
- urine bottles *see* urinals/urine bottles
- urine dipstick (reagent) tests 643, 644, 646
 - factors affecting results 643, **644**
 - [procedure guideline](#) 644–5, 645
- urine drainage bags 149, 149–50
 - changing 149
 - emptying, [procedure guideline](#) 158
 - leg straps 150
 - nephrostomy tube, changing, [procedure guideline](#) 166–8
 - sizes and types 149–50, 150
 - with urometers 149, 150
- urine output
 - impaired
 - catheterized patients **158, 161**
 - nephrostomy tubes **168**
 - post-operative **833, 853**
 - monitoring
 - bladder irrigation 165, 165
 - catheterized patients 149, 150, 261
 - nephrostomy tubes 166
 - non-catheterized patients 261–2
 - [procedure guidelines](#) 261–2
 - normal **256, 257**
 - post-operative 853
- urine pot 512
- urine specimens 565–71, 642
 - 24-hour collection 570
 - catheter (CSU) 568–9
 - equipment 512, 566
 - ileal conduit 569–70
 - indications 566
 - midstream (MSU) 566–8, 642
 - [procedure guidelines](#) 566–70
 - storage and transportation 570–1
 - timed collection 644
- urine testing *see* urinalysis
- urobilinogen 643
- urokinase 867, 869, 873, **874**
- urometers 149, 150, 261
- urostomy 170, 171, 171, 190
 - fluid intake 198
 - post-operative function 197–8
 - pouches 191, 192, **197**
 - urine sampling from 569–70
 - see also* stoma(s); urinary diversion
- Urostomy Association 199
- urticaria 321, **770**
- vaccines, storage 682
- vacuum-assisted aspirates
 - nasopharyngeal sampling 577, 577–8
 - via endotracheal tube 573, 574
- vacuum blood collection systems
 - blood cultures 517, 536
 - sampling via CVADs 525
 - venepuncture 517, 517
- VADs *see* vascular access devices
- vaginal drug administration 706–8
 - [procedure guideline](#) 706–8
- vaginal speculum 551, 553
- vaginal swabs
 - high 553, 556, 564
 - low 564
 - [procedure guideline](#) 564
- vagus nerve (X) **656**
- Valsalva manoeuvre
 - chest drain removal 463, 464, 467
 - CVC insertion 904, 905
- valuables, surgical patients 812
- values, assessing patient's **16**
- valves, venous 515, 862
- vancomycin 540
- vaporizer 820
- vascular access devices (VADs) 861–925
 - absent blood return **770, 771, 866–7, 867**
 - accidental disconnection 865
 - assessment tools 869, 870
 - blood culture specimen collection 536
 - catheter tip positioning 867–8, 868
 - cleaning insertion site 864
 - competencies 868, **868**
 - complications 875, **876**
 - consent to 868–9
 - damage and repair 865
 - decision-making tool 772–3
 - discharge home with *in situ* 874–5
 - dressings 864–5, 869
 - changing, [procedure guideline](#) 870–1
 - equipment 869
 - extension sets 751, 751
 - flushing (intermittent) 866, **866**
 - patients at home 874–5
 - [procedure guideline](#) 872
 - implanted *see* implanted ports
 - indications for use 864
 - infection prevention 864–5
 - infusion flow rates 752
 - maintaining a closed system 865
 - maintaining patency 865–7, 869
 - methods 866–7
 - [procedure guideline](#) 872
 - needleless connectors/injection caps 751, 751–2
 - occlusion 865–7
 - clot formation 865, 865, 866–7
 - management 866–7
- partial withdrawal (PWO) **527, 866–7, 867**
- precipitate formation 865, 865, 866
- total 866
- unblocking, [procedure guideline](#) 872–4, 874
- patient education 869–70, 875, 875
- principles of care 864–8
- securement devices 864–5, 869
- skin care **334**
- types **862**
 - see also* central venous access devices; peripheral cannulas; *specific types of devices*
- vascular dementia 123
- vasospasm *see* arterial spasm; venous spasm
- vasovagal attack *see* fainting
- vastus lateralis injections 740, 741
- VAT score 869, 870
- vector transmission 57
- veins
 - anatomy 514, 514–15, 862–4
 - difficulty locating a suitable **885**
 - flare reaction to infusions 767, **770**
 - injuries, intravenous infusions **766**
 - manual stabilization 520, 521, 877, 877
 - missed **523, 885**
 - palpation 515, 521
 - selection
 - central cannulation 863–4, 864, 904
 - implanted ports 915
 - midline catheters 890, 893–4, 894
 - peripheral cannulation 863, 863, 875–6
 - PICCs 893–4, 894
 - venepuncture 514, 514–15, 518
 - vesicant drug administration 769
 - tapping 516, 520, 876–7
 - ultrasound localization 893, 893, 894, 898
 - visual inspection 515
 - visualization devices 877, 877
- venepuncture 514–24
 - aseptic technique 516
 - choice of vein 514, 514–15, 518
 - competencies 516
 - complications 523–4
 - defined 514
 - equipment 516–17, **517, 518**
 - haemostasis after 522, 523
 - improving venous access 515–16
 - indications 515
 - post-procedure care 522, 523
 - problem solving **522–3**
 - [procedure guideline](#) 519–22, 521
 - risk management 516
 - safety of practitioner 516
 - skin preparation 516, 520, 521
 - specific patient preparation 518
- venous access
 - blood transfusion 311
 - computed tomography 587
 - CPR 496, 500
 - decision-making tool 772–3
 - epidural/intrathecal analgesia 381
 - limited, problem solving **523**
 - methods for improving 515–16, 876–7
 - parenteral nutrition 300
 - see also* central venous access devices; peripheral cannulas; vascular access devices; venepuncture
- Venous Assessment Tool (VAT) 869, 870
- venous return 613
- venous spasm
 - blood transfusion **318**
 - intravenous infusions 752, **765**
 - PICC removal 902
 - venepuncture 518, **523**
- venous thromboembolism (VTE) 800, 800
- prophylaxis *see* thromboprophylaxis
- risk factors 800, 854

- venous thromboembolism (VTE) (*continued*)
 unconscious patients 221
see also deep vein thrombosis; pulmonary embolism
- ventilated patients
 moving and positioning 221, 222–5
 problem solving **224–5**
 procedure guidelines 222–3, 224
 oral care 355, **355**
 ventilation/perfusion matching 225–6, 226
- ventilation
 bag and mask 491, 491, 493–4, 494, 499
 mechanical *see* mechanical ventilation
 mouth-to-facemask 491, 491, 493, 493
 mouth-to-mouth 491
 non-invasive (NIV) 446–7, 448, 449
 pulmonary 432, 618–19, 619
- ventilation/perfusion (V/Q) ratio 225
 benefits of CPAP 447
 positioning to maximize 225–7, 226
 problem solving **227**
 procedure guidelines 226–7
- ventilator-associated pneumonia (VAP) 355
- ventilators
 negative pressure 447
 non-invasive 447
 PACU 828
 positive pressure 447
- venting needle method of powder preparation 724–5, 725
- ventricular fibrillation (VF) 487, 601
 defibrillation 488, 490
 drug therapy 497
 ECG tracing 611
- ventricular tachycardia (VT)
 defibrillation 488, 490
 drug therapy 497
 ECG tracing 611
 pulseless 487
- ventrogluteal intramuscular injection site 740, 740
- Venturi-type oxygen masks 437, 437
- verbal communication 101–2
- verbal descriptor scales (VDS), pain 364
- verbal orders, drug administration 680
- verbal response, Glasgow Coma Scale **661**, 661–2
- vesicant drugs **768**
 antidotes 771–3
 aspiration from tissues 773–4
 competencies 769–70
 defined 767
 extravasation 767–81
see also extravasation
 informed consent 770
 methods of administration 769
 sequencing 769, **769**
 tissue damage mechanisms 767
 VAD decision tool 772–3
- vesicular breath sounds 24
- Vessel Health Preservation (VHP) system 869
- vestibular apparatus 350
- vestibule, oral 352, 352
- vestibulocochlear nerve (VIII) **656**
- vials (mainly multidose) 720, 720
 equilibrium method of powder preparation 726
 minimizing coring 724, 725
 venting needle method of powder preparation 724–5, 725
- videofluoroscopy, swallowing assessment 278
- Vim-Silverman needle 584
- vinca alkaloids 767, **768**
- violence 118–21
see also aggression; anger
- viral haemorrhagic fever 82
- viral infections 54
 diagnostic tests 511, 513
 transfusion-transmitted 320
see also specific infections
- Virchow's triad 902
- virulence 56
- viruses 54
 bloodborne, occupational exposure 88
 identification 511
 life cycle 54, 55
 specimen handling **514**
- vision 342
- visitors
 protective isolation 86, 87, 88
see also family
- visual acuity testing 658, 664
- visual fields 342
 testing 658
- visual impairment 127, 342
- Visual Infusion Phlebitis Scale (VIP) 879, 880
- visual pathways 342, 342
- vital capacity (VC) 622, **623**
- vital signs
 defined 596
 hand-held monitoring devices 596
 neurological assessment 658–9, 663
see also blood pressure; pulse; respiratory assessment; temperature (body)
- vitamin C (ascorbic acid) **644**, 937
- vitamin K 275, **686**
- vitamins
 dietary requirements 269
 parenteral nutrition 299, **301**
 serum levels 268
 supplements 275
- vitreous humour 341
- vocal cords (folds) 98, 98
- voice
 impairment 125, 126–7
 production 98, 98
- volumetric infusion pumps 754, 754
 ambulatory 756
 parenteral nutrition 300
- voluntary services, community care 39
- vomiting 134–8
 causes 134, **134**
 infection prevention and control **51**, 135
 nasogastric drainage tube insertion 135–8
 procedure guideline 137–8
 pathophysiology 134, 134
 patient care, procedure guideline 135
see also nausea and vomiting
- vomiting centre 134, 134
- vulnerable adults
 care after death 413
 covert drug administration 698–9
 pain assessment 363–4, 365
see also learning disabilities
- walking, assisting patients with 219–20
- walking aids 219, 220
- warfarin 455, **534**, **686**
- warming blankets, operating theatre 825, 826
- warming methods, hypothermia 640
- washbowls 336
- washcloths, prepackaged 336
- waste
 colour coding system **90**
 containers (receptacles) 89, **90–1**
 defined 89
 waste management 89–92
 equipment 59
 regulations 58, 89
 soiled linen 91–2
 source isolation rooms 83, 84
- water
 drinking, immunocompromised patients 86
- eye irrigation 343, 345
 filling catheter balloons 147
 hand washing 61, 70
 intestinal absorption 141, 267
 oral care 356
 quality 58
 total body 254, 267
 transport and movement 254, **255**
 tubular reabsorption 641, 641
 wound cleaning 941
see also fluid(s)
- water bath blood warmers 311–12
- water humidification chamber 438, 442, 448
- Waterlow pressure ulcer risk assessment 950
- WaterPik 355
- water vapour 432
- weakness, patient positioning 211, 234
- wedding rings 61, 812
- weighing
 adults 269–72
 problem solving **272**
 procedure guideline 269–70, 271
 scales 269–70
 sick children 268
- weight, body *see* bodyweight
- weight bearing, restrictions on 219
- weight loss, percentage 267–8
- wheelchairs
 lower limb amputees 247, 247
 patient positioning 217–18
- wheeze 24
- whispered voice test **351**
- WhisperFlo device 448
- whistle-tipped catheters 148, 148
- Whitacre needle 721
- white blood cells
 count (WBC) **534**, **794**, **810**
 for transfusion **307**
- WHO *see* World Health Organization
- will and testament, last 405
- wind, stoma patients 198
- winged infusion devices 879
 blood culture samples 536, 537–8
 subcutaneous infusions 734
 venepuncture 516–17, **518**
- women *see* female patients
- wooden spatulas, cervical smears 551, 551, 552–4
- work of breathing, positioning to minimize 227–8, **228**, 229
- World Health Organization (WHO) 781
 adverse drug reactions 686
 analgesic ladder 366–7, 367
 cervical uterine smear 551
 oral assessment scale 356
 Surgical Safety Checklist 799, 814, **815**, 816, 825
- worms, parasitic 55
- worried patients 108–9, **109–10**
- wound(s) 936–46
 acute 936
 assessment 942–3, 943–4
 breakdown, amputees **248**, 249
 chronic 936, 937
 classification 936, **944**
 cleansing 941, 956
 closure methods **955**
 colonization 941
 contraction 937
 debridement **938**, 938–9
 deceased patients 417
 defined 936
 dehiscence **852**
 edge non-advancement **938**, 941
 haematoma **852**
 inflammation and infection **938**, 941
 moisture balance **938**, 941

- moving/positioning patients with 211, **220**
- open **334**
- re-epithelialization 937
- surgical *see* surgical wounds
- suturing 954–60
- swabs 564–5, 941
- wound bed preparation (WBP) 938–41
 - TIME principles **938**, 938–41
- wound drains *see* drains, surgical
- wound dressings *see* dressings
- wound exudate 941
 - chronic excessive **939**, 941
 - specimen collection 557
- wound healing 936–7
 - bacterial burden and 941
 - factors delaying 938, **939**
 - haemostasis 936, 937
 - inflammatory phase 936–7, 937
 - maturation phase 937, 938
 - phases 936–7
 - by primary intention 936
 - proliferative phase 937, 937
 - by secondary intention 936
 - by tertiary intention 936
 - tissue factors affecting **938**, 938–9
 - undernourished patients 268
- wound infections **938**, 941
 - amputees 249
 - nephrostomy tube site 166, **168**
 - prioritizing isolation 81
 - suitable dressings **944**
 - surgical site **852**
- wound management 935–65
 - choice of dressings **944**
 - negative pressure therapy 962–5
 - plastic surgery 961–2, 962
 - pressure ulcers 952, 954
 - [procedure guideline](#) 945–6
 - TIME principles **938**, 938–41
 - useful websites 965
- Wright peak flow meter 631
- wristbands (namebands)
 - blood transfusions 312, **318**
 - surgical patients 799, **800**, 813
 - see also* identification, patient
 - wrong blood in tube (WBIT) 311
- xerostomia *see* dry mouth
- X-rays 585–6
 - see also* chest X-rays
- Yankauer sucker 495, 495
- Yates drains **836**, 837
- Yellow Card Scheme 680, 686
- zopiclone **691**, **692**
- Zoroastrianism 421
- Z-track technique, intramuscular injections 741

